# Twitter Thread by Tobias Brunner ■



**Tobias Brunner ■**
@TB_TB_TB_TB_TB

## I have a dream that one day, a leader of the world will wake up and say all the things that are logical and heal us. Since they seem to be useless, I have written the speech for them. Please retweet it if you like it: 1)

2) "Society has been in the grip of a bad disease for a long time but we must look forward. We must understand the situation in its entirety and adopt new measures based on a realistic view. One year ago, we locked down entire countries because a new, scary, invisible enemy had..

3) presented itself. We didn't really know how to react so we were really cautious and assumed that by creating minimal exposure to each other, we could protect you.
Today, we have so much information that it is possible for us to start living our lives in an almost normal way...

4) We now know that after the terrible first wave, the virus had a weaker effect when it came back because of medical advances and some immunity. We now know that while our lockdown initially was the right thing to do, it was mainly summer that defeated the virus last year.

5) It is a very strongly seasonal virus that is triggered at certain points of the year, twice, and each wave lasts about 3 weeks.
We now know exactly which age groups and types of patients are in real danger from this virus, and we know what parts of society we can make normal..

6) again while remaining careful.
We have learnt that our citizens have great resilience but also that very restrictive measures have bad effects on our long-term health.

7) Social isolation, anxiety and difficult living situations all affect our immune system and ultimately create more targets for this virus to attack. We must avoid such a situation at all costs.
From now on, we will report on this virus objectively.

8) We will keep mentioning important facts: that in winter, the virus seems to have displaced flu, so whilst claiming many lives, some of those would have otherwise been affected by the flu. That we have very promising medicine now to combat the disease. That vaccinations help.

9) Most importantly, we must recognize that our understanding of infection has evolved from one year ago, when we thought that prolonged close contact needed to be avoided to stop the virus.

10) While this still plays a part, we now know that aerosols can remain in the air and infect despite masks and distancing. We also have seen examples of people getting infected though they didn't have any contact with anyone.

11) In other words, we have understood that there are more effective measures and that we must concentrate on staying in good health and invest in treatment. We cannot risk tearing apart the fabric of our society through continued interventions.

12) We will now leave it up to you if you wear masks – they have a role to play in very crowded spaces but we will not use them outdoors or in shops with enough space. It is important we find our smiles again and live together happily.

13) Collaborate better and without fear and find new ways of keeping our population safe and healthy.
We will no longer tell our citizens who to meet, and where and when to meet them. We will no longer tell you to stick to a chosen group of friends.

14) The science and knowledge of today does not give us permission any longer to restrict the basis of human life – unpredictability and spontaneity.
We will also stop testing those who are healthy. We are not in a war-like situation where we...

15) ...can tell those who are healthy to stay at home. We now know they are not the main driver of transmission and we will instead concentrate on helping those who are sick. We will no longer trace contacts.

16) All our efforts will now be on helping those who are sick with scientifically appropriate treatments and quick interventions. We are asking you all to enjoy the freedom you always deserved but to be careful: it's not the time for huge parties.

17) Hug those who are dear to you but resist from shaking the hands of business partners and distant acquaintances. If you have big groups of friends, maybe see one group one week, the other one the next. Try to spread out the family visits and ..

18) ask your grandparents what size of groups they are comfortable with.
The way forward for any society is to get the best out of living.

19) We have spent one year to understand our new enemy. More than ever, we are now conscious of the role health plays in our lives.

20) We must move forward with a new respect for life and death.
We must be careful but we must also live full lives and give our children the chance to be happy.

" Unquote. Retweet and share widely if you agree. @FatEmperor @GLBouchez @ducarmedenis @PanData19 @hartgroup_org etc etc