Twitter Thread by Eric Laurie



Eric Laurie
@EricLaurie

Out of Possession • High Block Principles

•High backline
•Pressing traps
•Pressing triggers
•Sideline as extra defender
•Initial engagement zone

Note: As always, this is all based on personal preference, & is very subjective. Many teams will have completely different principles and determining factors for player actions in each phase, there is no right or wrong. All feedback on this design & shares are really appreciated!