Twitter Thread by Gichuki Kahome



Gichuki Kahome
@kahome_steve

Time to Level up your decision making process.

7 meta threads that will help you make decisions that you will never regret!

Applicable in your career, education, relationships, investments and life in general.

1/ The Regret Minimization Framework
https://t.co/WRP6Xkpctv

> The @JeffBezos Regret Minimization Framework is a simple yet powerful mental model for making important decisions and unlocking growth in your career, startup, business, relationships, or life.
>
> A short thread on how it works and how it can change your life... pic.twitter.com/krtr2CarxW
>
> — Sahil Bloom (@SahilBloom) February 24, 2021

2/ Eisenhower Decision Matrix
https://t.co/TSQ8Hrj8lC

> The Eisenhower Decision Matrix is a powerful tool for prioritizing your time and unlocking growth in your career, startup, business, relationships, or life.
>
> A thread on how it works and how it can change your life... pic.twitter.com/tSihZV9oyx
>
> — Sahil Bloom (@SahilBloom) February 16, 2021

3/ Widen your options
https://t.co/9tQlTG1mct

> One of the greatest pitfalls in decision making is NARROW FRAMING.
>
> It is the tendency to define our choices too narrowly.

What\u2019s in the spotlight will rarely be everything we need to make a good decision, but we won\u2019t always remember to shift the light.

— Gichuki Kahome (@kahome_steve) March 23, 2021

4/ Rules of thumb that simplify decision making
https://t.co/NzIrUh2uB9

THREAD: 15 of the most useful razors and rules I've found.

Rules of thumb that simplify decisions.

— George Mack (@george__mack) January 16, 2021

5/ Second order thinking
https://t.co/dOTKTEvktE

Second-Order Thinking 101

We live in a world of complex systems that punish simple, linear thinking. The greatest minds consistently use second-order thinking to solve problems.

But what is "second-order thinking" and how does it work?

Here's Second-Order Thinking 101!

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— Sahil Bloom (@SahilBloom) December 24, 2020

5/ Winning against the Confirmation Bias
https://t.co/lbMxxhgqsx

The CONFIRMATION BIAS is the biggest pitfall when it comes to decision making.

It is the bias to favor our own beliefs.

It leads us to hunt for information that flatters our existing beliefs.

— Gichuki Kahome (@kahome_steve) March 27, 2021

6/ Why we fail at decision making https://t.co/ZWfmQYB6b7

I've taught thousands of people make smart decisions without getting lucky.

> Here is a thread on 5 of the biggest reasons we fail to make effective decisions.
>
> — Shane Parrish (@ShaneAParrish) February 2, 2021

7/ Prepare to be wrong
https://t.co/FSOP5DwZi6

> Overconfidence about the future disrupts our decision making process.
>
> It tempts us to ignore early signs of failure.
>
> It leaves us unprepared for pleasant surprises.
>
> To counter it, we've got to treat the future as a range, not as a point.
>
> — Gichuki Kahome (@kahome_steve) April 5, 2021

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https://t.co/T999iZQ6Xa

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> 7 meta threads that will help you make decisions that you will never regret!
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> Applicable in your career, education, relationships, investments and life in general.
>
> — Gichuki Kahome (@kahome_steve) April 14, 2021