

Twitter Thread by Gichuki Kahome



Gichuki Kahome

@kahome_steve



Time to Level up your decision making process.

7 meta threads that will help you make decisions that you will never regret!

Applicable in your career, education, relationships, investments and life in general.

1/ The Regret Minimization Framework

<https://t.co/WRP6Xkpctv>

The @JeffBezos Regret Minimization Framework is a simple yet powerful mental model for making important decisions and unlocking growth in your career, startup, business, relationships, or life.

A short thread on how it works and how it can change your life... pic.twitter.com/krtr2CarxW

— Sahil Bloom (@SahilBloom) February 24, 2021

2/ Eisenhower Decision Matrix

<https://t.co/TSQ8Hrj8lC>

The Eisenhower Decision Matrix is a powerful tool for prioritizing your time and unlocking growth in your career, startup, business, relationships, or life.

A thread on how it works and how it can change your life... pic.twitter.com/tSihZV9oyx

— Sahil Bloom (@SahilBloom) February 16, 2021

3/ Widen your options

<https://t.co/9tQITG1mct>

One of the greatest pitfalls in decision making is NARROW FRAMING.

It is the tendency to define our choices too narrowly.

What's in the spotlight will rarely be everything we need to make a good decision, but we won't always remember to shift the light.

— Gichuki Kahome (@kahome_steve) March 23, 2021

4/ Rules of thumb that simplify decision making

<https://t.co/NzlrUh2uB9>

THREAD: 15 of the most useful razors and rules I've found.

Rules of thumb that simplify decisions.

— George Mack (@george__mack) January 16, 2021

5/ Second order thinking

<https://t.co/dOTKTEvktE>

Second-Order Thinking 101

We live in a world of complex systems that punish simple, linear thinking. The greatest minds consistently use second-order thinking to solve problems.

But what is "second-order thinking" and how does it work?

Here's Second-Order Thinking 101!

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— Sahil Bloom (@SahilBloom) December 24, 2020

5/ Winning against the Confirmation Bias

<https://t.co/lbMxxhggsx>

The CONFIRMATION BIAS is the biggest pitfall when it comes to decision making.

It is the bias to favor our own beliefs.

It leads us to hunt for information that flatters our existing beliefs.

— Gichuki Kahome (@kahome_steve) March 27, 2021

6/ Why we fail at decision making <https://t.co/ZWfmQYB6b7>

I've taught thousands of people make smart decisions without getting lucky.

Here is a thread on 5 of the biggest reasons we fail to make effective decisions.

— Shane Parrish (@ShaneAParrish) February 2, 2021

7/ Prepare to be wrong

<https://t.co/FSOP5DwZi6>

Overconfidence about the future disrupts our decision making process.

It tempts us to ignore early signs of failure.

It leaves us unprepared for pleasant surprises.

To counter it, we've got to treat the future as a range, not as a point.

— Gichuki Kahome (@kahome_steve) April 5, 2021

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<https://t.co/T999iZQ6Xa>

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— Gichuki Kahome (@kahome_steve) April 14, 2021