Twitter Thread by Tim Abell



Tim Abell
@tim_abell

"How to Crush Your Biggest Goals in 2021" #podcast
https://t.co/NDq0lV6kd3
Well worth a listen (8mins-57mins for juicy bits).

Six pillars in thread below ■
~~
#SelfImprovement #Success #Entrepreneur #EntrepreneurLife

1. Mental toughness, grit. 2021 is gonna be harder than 2020.

2. Maximising what you get out of your time. Being productive.

3. Associate with people who have accomplished what you are trying to accomplish. This requires learning new social skills.

4. Self confidence. (The opposite of self-limiting)

5. Goal setting: Setting a goal is not enough, you need to set a goal and set in place the systems and processes to make that goal happen.

6. Success mindset. Programming your subconscious mind for success by mentally living in your future success. Law of attraction.

And an extra tip:
You don't have to figure it out yourself learn from people who have already figured it out. (E.g. books on a subject)

Cheers @horus_kol for the find

@threadreaderapp unroll