Twitter Thread by Amey Noolkar



Amey Noolkar
@AmeyNoolkar



What a year 2020 has been...

Earthquakes
Tsunamis
Cyclones
Floods
Volcanic eruptions
Massive forest fires
Unprecedented pandemic
Economic crisis
Social disharmony
Terrorist attacks
Armed conflicts and hostilities

A truly abysmal year, but thankfully, we survived...

We have also been spared much worse eventualities (so far), such as:
Solar storm
Nuclear war
Asteroid impact
Blazar

This has made me realise that our humble existence is an underappreciated facility.

This year seems to be a massive experiment in social engineering.

While coping with a sudden disruption in commercial activity leading to a brief spell of global socialism, we saw hijacked, outsourced and sponsored protests fuelled by social divisions and insecurities.

Personally, I experienced a complete collapse of my reward mechanism throughout this year, resulting in low motivation levels for prolonged periods. I couldn't even find the motivation to post much on social media.

It made me realise the incompetence of reward-oriented work.

Happiness (being home after 5 years) was in stark contrast of sorrow (loss of friends and family), effectively flattening any emotional upheaval.

From the yogic perspective (■■■-■■■■■ ■■■ ■■■■■■), this was certainly an educational year but was devoid of satisfaction.

This year emphasises the significance of being ■■■■■■■ (detached from temptation) and ■■■■■■■■■■■ (committed to one's situation).

I learnt a lot about myself and my place in this world, especially about my strengths and my vulnerabilities, during this introspective year.

Undoubtedly, 2020 has taught us all a lot. The learning curve is too steep (exploding gradient) to process a concrete correction, but we must try. And we are adapting through work from home, smaller weddings, web-based classes etc. It's not perfect, but we're improving...

As an adult, this was my first year of not being enrolled as a student at any academic institution. Yet, it is ironic that this was the year that taught me the most!

This year has truly shaken our foundations and I hope that the wisdom of 2020 reforms our civilization.

In conclusion, here's a wonderful quote which captures the essence of what we have been through in this year:

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Greetings of the new year.
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