Twitter Thread by Niels



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Have you been in a rut lately?

Do you need that extra boost to unleash all your creative powers?

Do you know it's there, but your creativity just won't come out?

Then here's 10 ways to fix your problem

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You can't get creative when you're drowning yourself in noise

Turn off your pc, stash your phone away & find a quiet place

You'll be much more creative

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Sounds so simple, yet it's so important

Many have sleepless nights trying to have a creative breakthrough

When really they should go to bed early and let their creative breakthrough come to them in the morning

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Go to places that inspire you

Maybe you are inspired by nature, maybe by art museums, maybe by busy streets

The right places will make you feel 10x more creative

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Hang out with people that are creative & can inspire you

There's a reason why artists flock to paris & tech gurus flock to silicon valley

Iron sharpens iron, creatives sharpen creatives

Perfect mix of collaboration & competition

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Know when you are most creative & go do your creative tasks then

Personally I am at my most creative during mornings or the hour before I go to bed. So I use that time for creativity

I don't try to be creative during my 3PM energy dip

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Every great artist learned by copying other masters

When you're in a rut, go see what the competition has done & copy them

Strengthen your own creative voice by learning from the voices of giants

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One of the main reasons why you don't feel creative, is because the problem you're facing is too big

Cut it up into smaller pieces & start solving those

You'll create creative momentum this way that allows you to tackle the big problems

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If you want to produce better, you have to consume better

Stop watching reality shows and go read a book instead

Stop scrolling your instagram and go visit a museum

Physical food decides your health, mental food decides your creativity

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Sometimes you'll get stuck & it's better to ask someone else to create something for you

Or to ask someone to give you orders on how to fix it

Creativity is looking at problems with new perspectives

These perspectives don't always have to be yours

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Sometimes no matter what you do, you just don't get any creative inspiration

When that happens, there's only one thing you can do

Go sit at your task and don't get up until you're done

Force yourself through it

You won't get your best results that way, but you will force yourself through your creative block

Sometimes you just have to push through the mud to get to the other side of a rut

You'll find your creativity returns to you when you do