# Twitter Thread by Swapnil Kommawar

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**Bearish Strategies** 

A Thread, read till the end to compare three

strategies, tried explaining in simple language

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If we want to trade in F&O, we have to create a view

If our view is bearish, then following strategies can be deployed.

Y



1∎ Buy Put

If our view is to bearish, we can simply buy ATM put and ride the downward momentum.

■Risk would be limited to the premium we have paid Reward would be unlimited, as long as it goes below (strike price- premium paid).

Example :

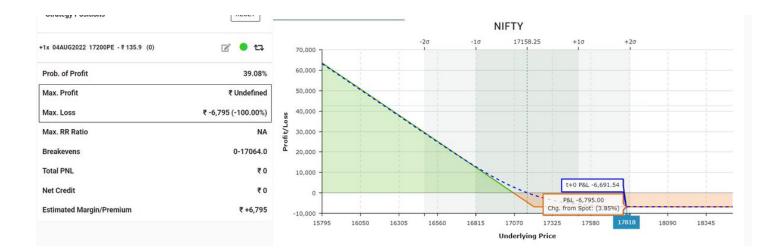
You bought 17200 put option at 135.9

Max loss is nifty lot size = 50 \* premium paid

50\*135.9 = 6795

In order to be in profit on expiry it should close below 17200 - 135.9 = 17064

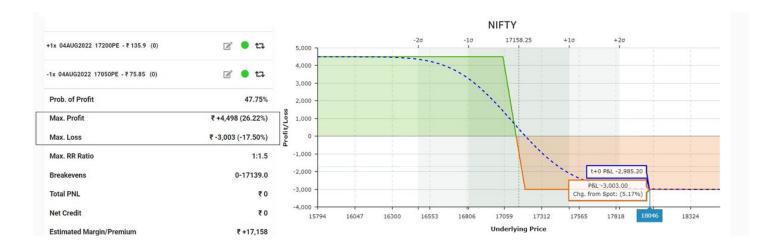
Called as breakeven shown in chart



#### ■Bear Spreads

- Spread strategies are used when our view is neutral to bearish
- These strategy's are limited risk and limited reward strategies.
- 2Bear Put Spread (Debit Spread)
- ■We use only put to trade our bearish view
- In this spread we buy a put option at ATM strike and sell a put option below that strike
- Risk is limited to the premium which got debited
- Reward would be limited when it goes below the sold strike.
- Example : We bought 17200 put at 135.9
- Now, we sell below strike 17050 at 75.85
- In order to be in profit Nifty at expiry should be below 135.9 75.85 = 60.05

#### So, 17200 - 60.05 = Rounding off to 61 so 17139 ■



3Bear Call Spread (Credit Spread)

We use only call option to trade our bearish view

In this spread we sell a call option at ATM strike of and buy a call option above that strike

Risk is limited and when it goes above sold call option strike price.

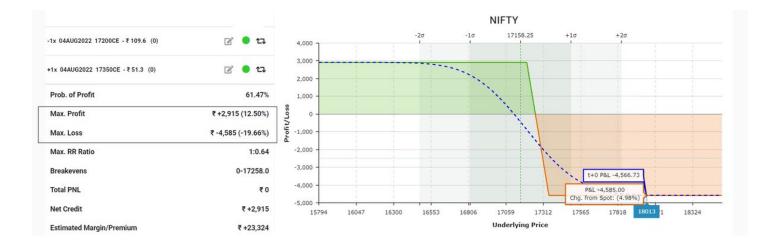
Reward is also limited as long as it trades below sold strike price.

Example : Sold 17200 at 109.6

And bought 17350 at 51.3

So, in order to be in profit it has to trade above 109.6 - 51.3 = 58.3

Now, breakeven is at 17200 + 58.3 = 17258 as shown in below chart■

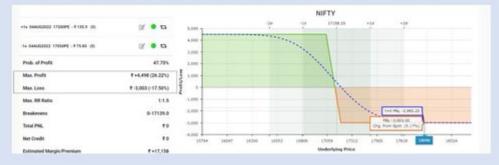


Here, you can compare the chart of 3 views which we shared above



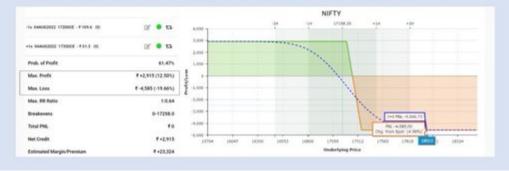
### BEAR PUT SPREAD

BUY a PE of ATM STRIKE PRICE and SELL a PE of below STRIKE PRICE. Pay off chart looks like this



## BEAR CALL SPREAD

SELL a CE of ATM STRIKE PRICE and BUY a PE of above STRIKE PRICE. Pay off chart looks like this



Goal is to educate and help small traders to trade with hedge, which will help to minimize their risk■

Tried explained about bear spreads in simple language, please let me know if you have any doubts.

You can join my telegram channel through below link

If not you can search with options trading with swapnil in telegram

https://t.co/yY38y9Eepi