Twitter Thread by Vexed #KPSS





Some of the transwomen dominating in women's sport

Transforming from mediocre to magnificent

MTF Trans athletes winning in women's sports

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Music Copyright:

Music: Fun life

Musician: prazkhanal

"Trans men" dominating in men's sport



https://t.co/UXAy0zpqXk

The strongest 10% of females can only beat the bottom 10% of men in hand grip tests.28 Hand grip is one of the most widely-used markers for strength.

Men are faster than women. In running, swimming, rowing, kayaking, and short distance and long distance, women's speed world records are all about 90% of their men's speed world records.29 Each year,

hundreds of men easily beat the world's best time in the women's marathon.30

Men have broader shoulders, and larger feet and hands, all of which grant an

advantage in sports like volleyball,

swimming, and basketball. Male marathon runners have lower body fat

percentages than female marathon runners.31



Men have a greater amount of fast twitch muscle fibers, which

On average, men are physically stronger than women.33

Men have 66% more upper-body muscle than women.

and 50% more lowerbody muscle.34



There is a 10 performance gap between male and female athletes in most sports and it hasn't narrowed as women train harder.35

Men have higher hemoglobin

levels, allowing their body to oxygenate muscles more quickly and

efficiently.36

Men are



Men have larger hearts and lungs. A larger heart can pump more blood to the body and larger lungs allow for the body's tissues to receive more

Men have bigger and stronger bones. A larger skeletal structure means men's bodies can hold more muscle and larger bones

facilitate leverage.37

taller giving them an advantage in sports like basketball or volleyball.

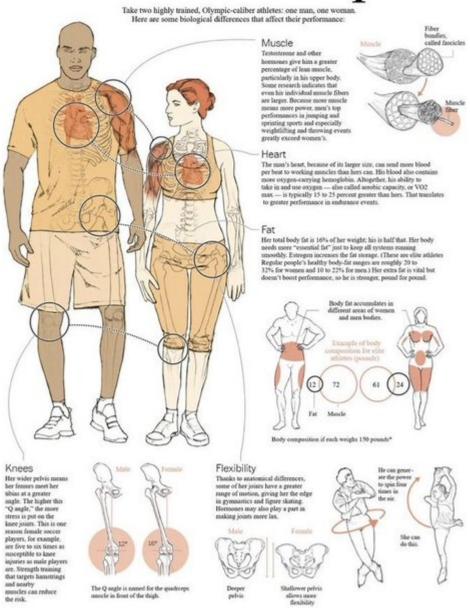


www.GenderResourceGuide.com

https://t.co/qNfAwey6VK

oxygen.

Fit but unequal



But don't limit your daughter's ambitions by telling her she won't beat men with the same training of the same age in most sports. Lead her to a life of perpetual disappointment until she's used to being crushed & a second class person, and tell her you were helping @JeffMBourne

For details of their achievements https://t.co/MaK0M6dayt

Here's a thread on just some of the males who have gone on to win women's sports events - including how they performed in the men's category before they started identifying as women

- ripx4nutmeg (@ripx4nutmeg) June 3, 2021

"Transman" (ie woman) swimmer Iszac Henig struggles against men post-transition. From placing to almost last https://t.co/HMRU5thvyg