Twitter Thread by Mastery Of Life ■

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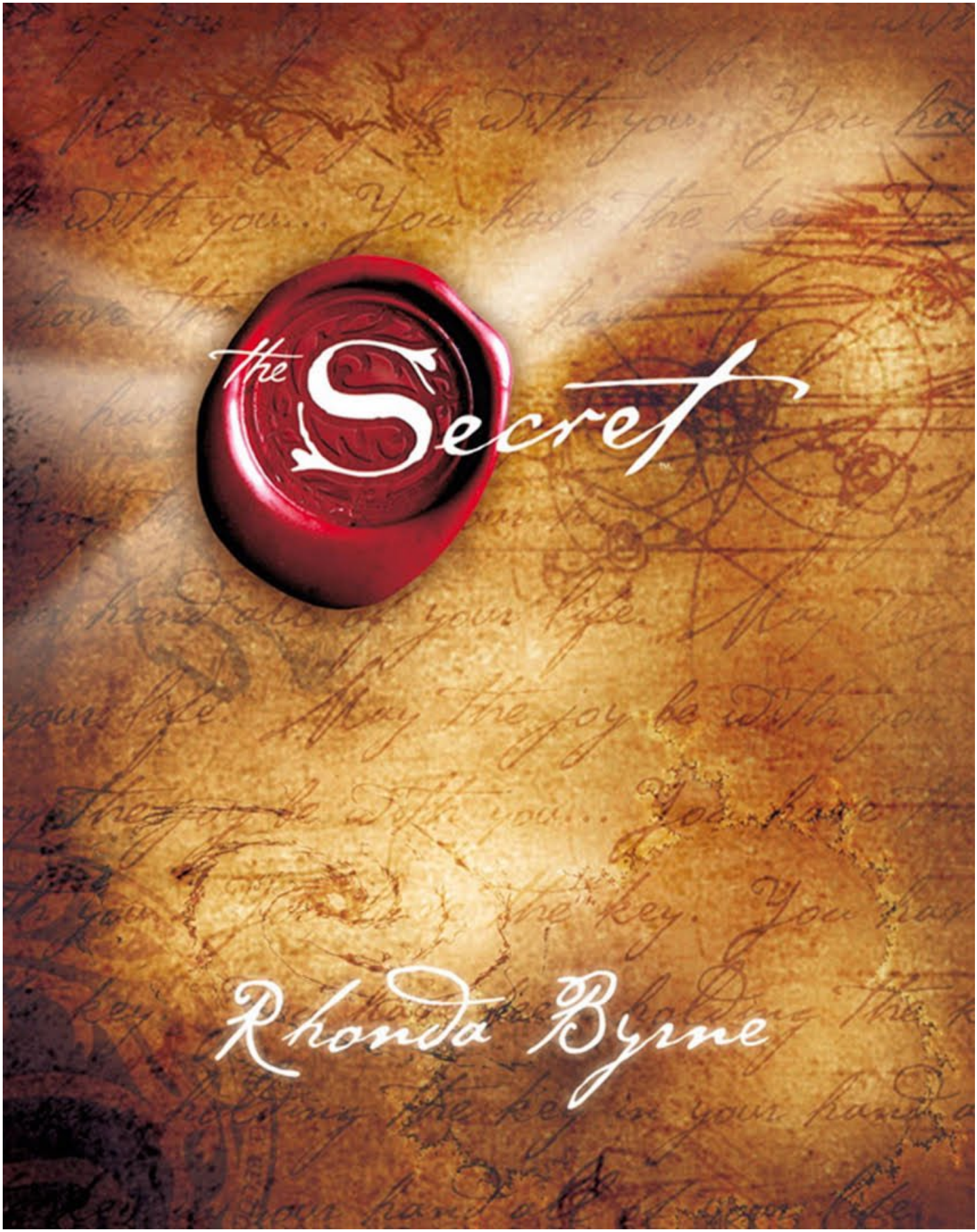
2■■0■■ - Self development audiobooks to take back control of your life:

1. The secret.



2. Think and grow rich.

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3. The magic of thinking big.

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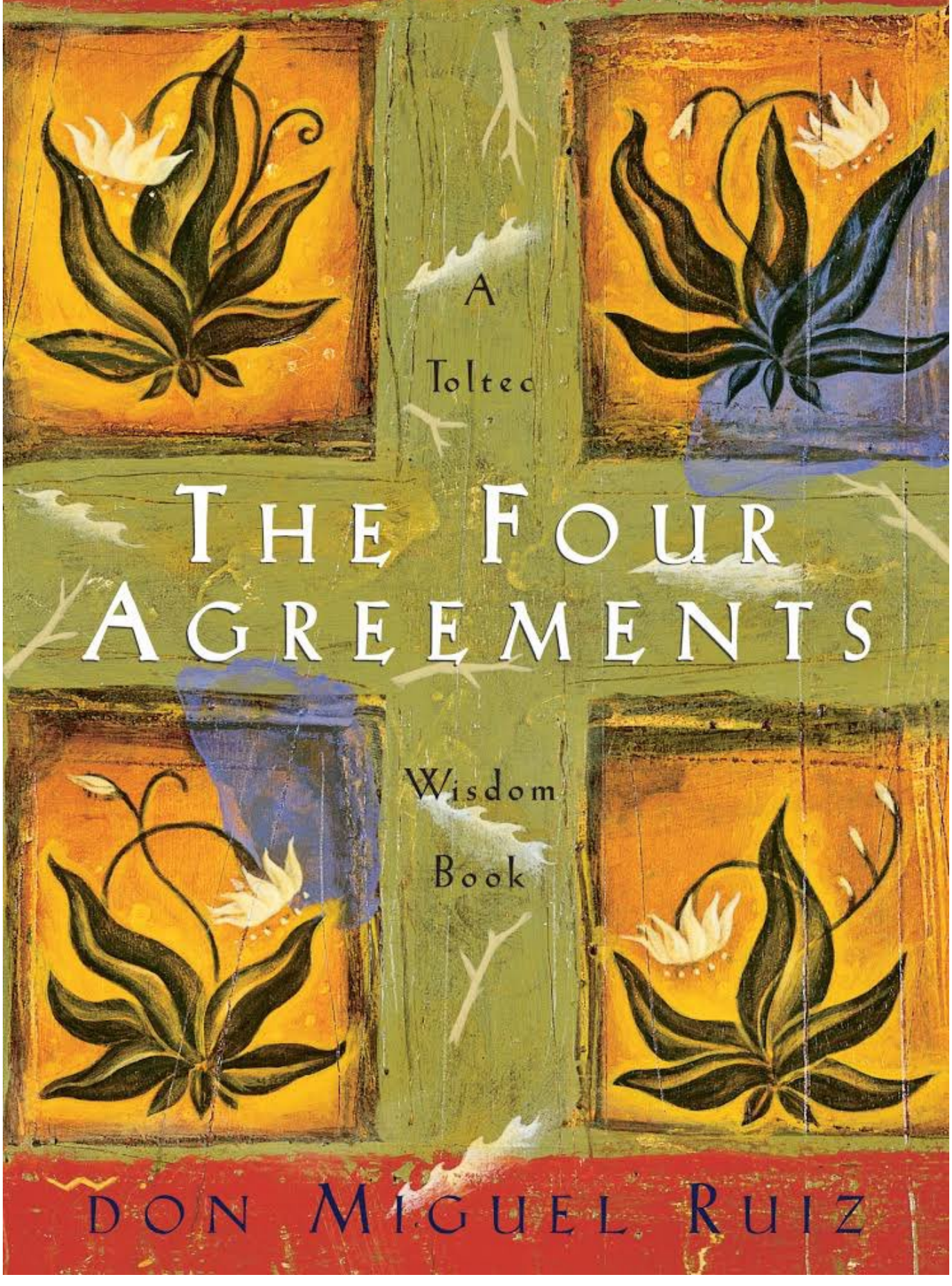
THE MAGIC OF THINKING BIG

DAVID J. SCHWARTZ, PH.D.

4. The four agreements.

A Practical Guide to Personal Freedom



A Toltec Wisdom Book

THE FOUR AGREEMENTS

DON MIGUEL RUIZ

5. You are a badass.

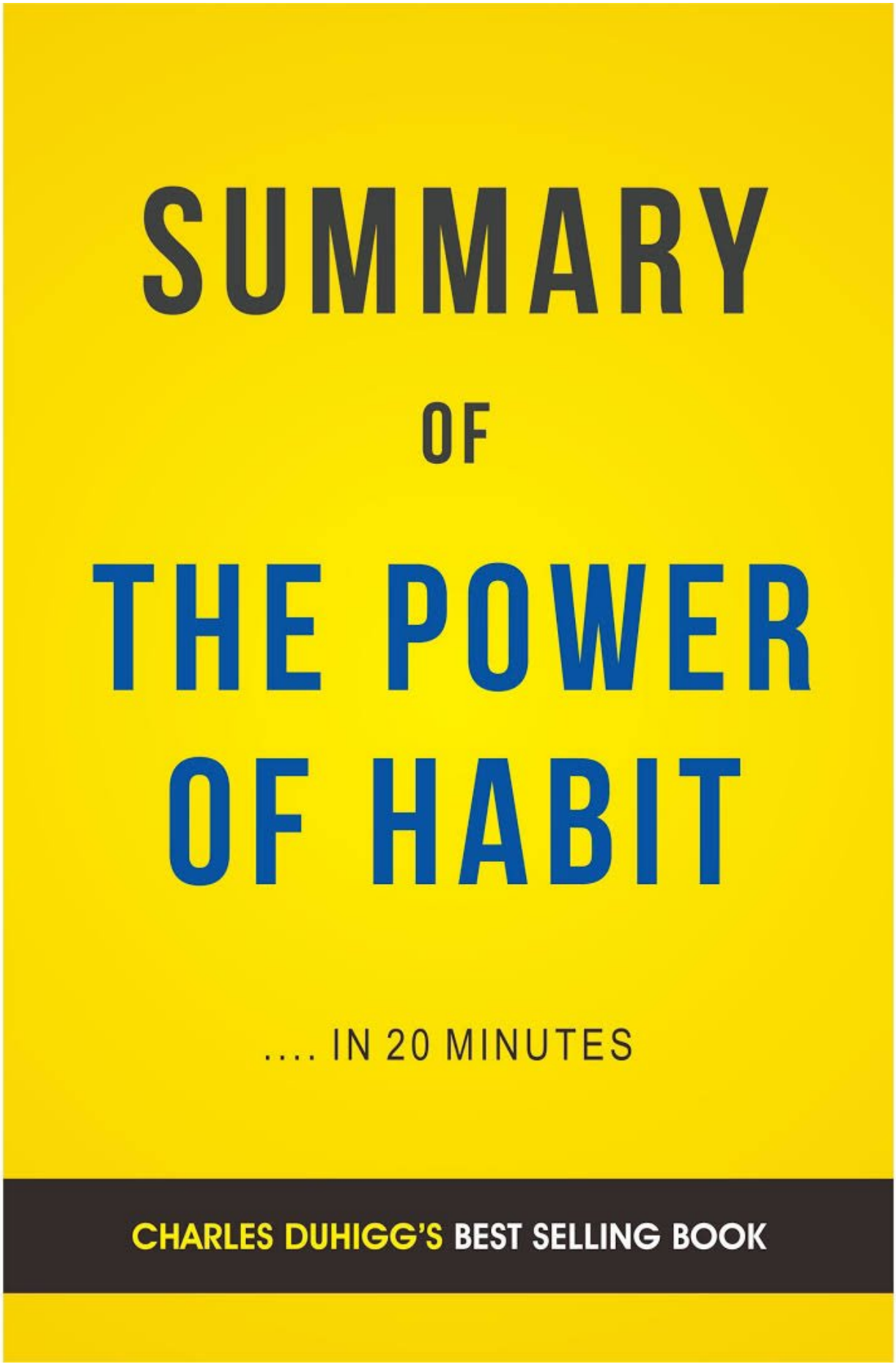
#1 NEW YORK TIMES BESTSELLER

YOU are a BADASS

HOW TO STOP DOUBTING YOUR GREATNESS AND START LIVING AN AWESOME LIFE

JEN SINCERO

6. The power of habit.



7. Daring reality.

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How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead

BRENÉ BROWN,
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8. Years of yes.

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YEAR OF YES

How to Dance It Out, Stand in the Sun and Be Your Own Person

SHONDA RHIMES

9. Atomic habits.

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Tiny Changes, Remarkable Results

Atomic Habits

An Easy & Proven Way to Build Good Habits & Break Bad Ones

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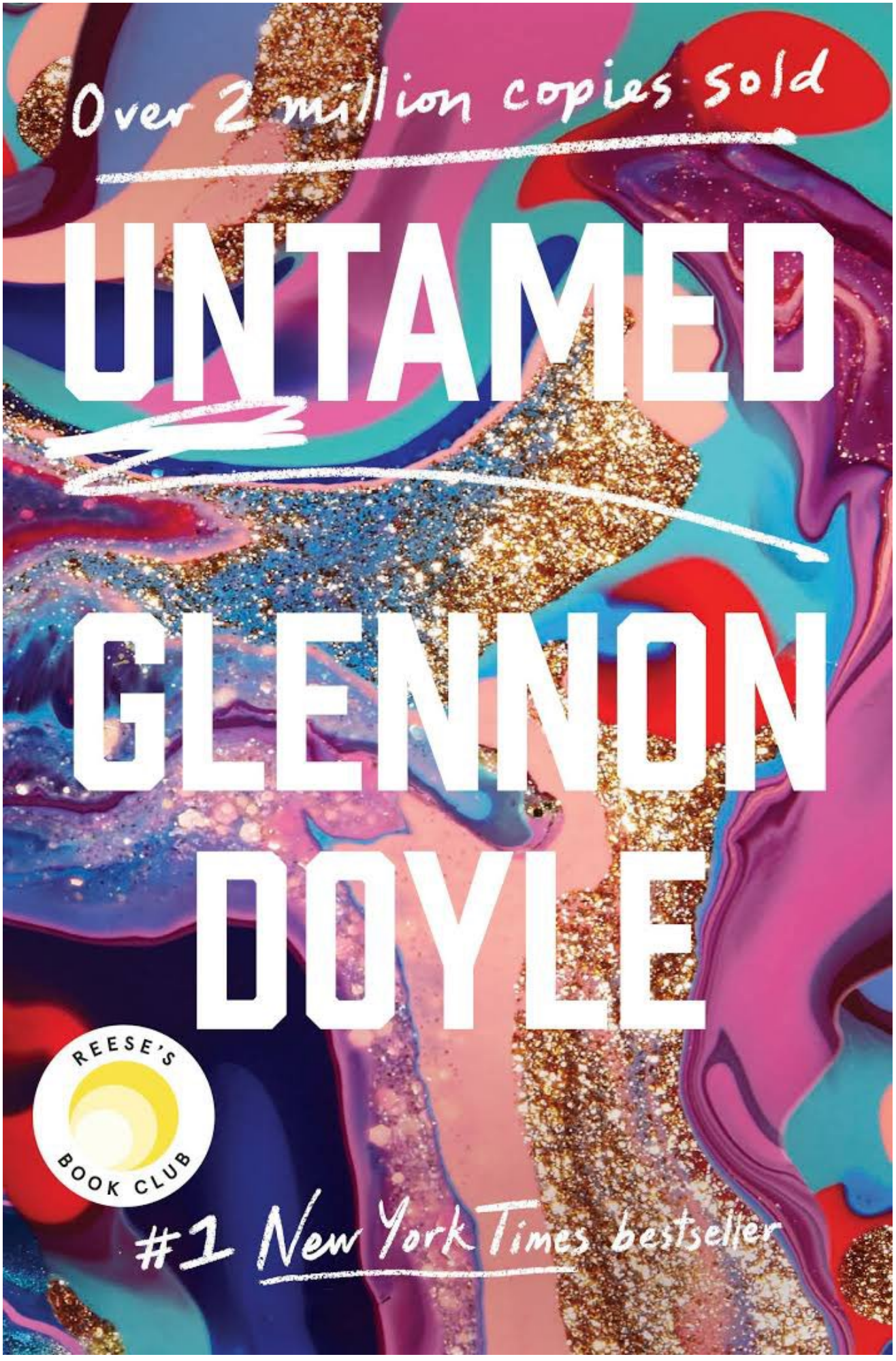
James Clear

10. Untamed.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11. The giant within.

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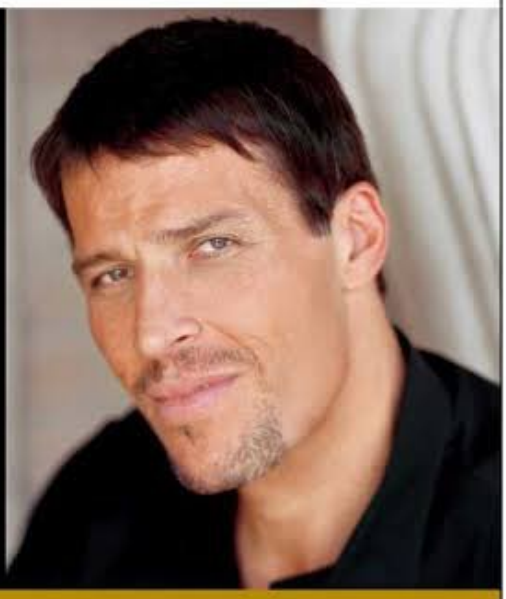
How to Take Immediate Control of Your Mental, Emotional, Physical and Financial Destiny!



#1 National Bestseller

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BESTSELLING AUTHOR OF *INNER STRENGTH, UNLIMITED POWER* AND *MONEY MASTER THE GAME*

12. The gifts of imperfection.

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THE GIFTS OF Imperfection



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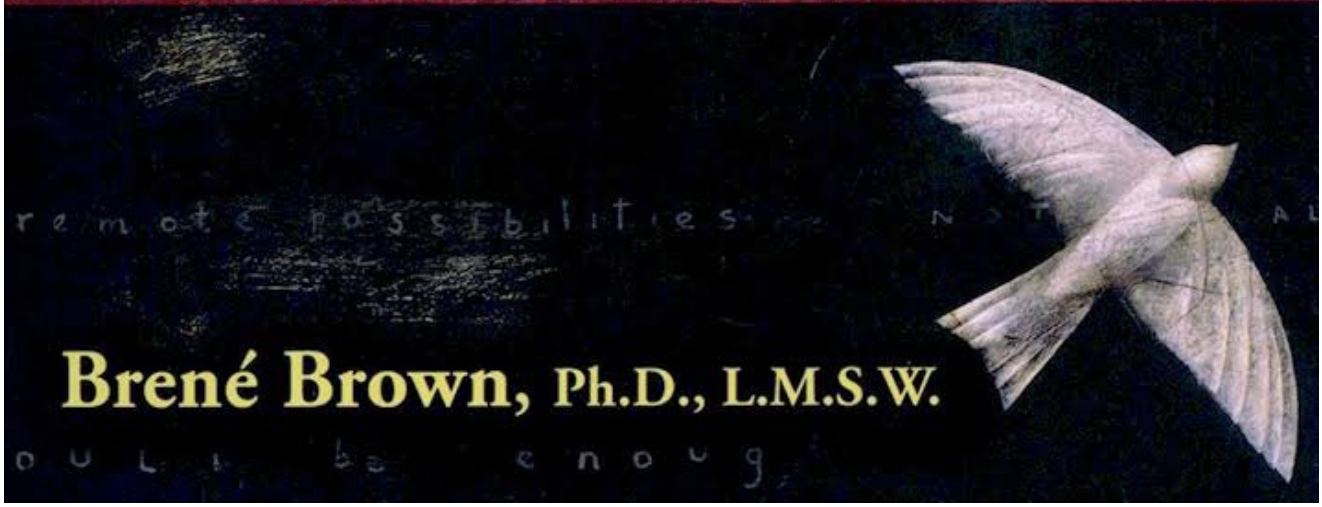
Let Go of Who You Think You're Supposed to Be and Embrace Who You Are

YOUR GUIDE TO A WHOLEHEARTED LIFE



Brené Brown, Ph.D., L.M.S.W.

13. 10% happier.

10% HAPPIER



HOW I TAMED
THE VOICE IN MY HEAD,
REDUCED STRESS
WITHOUT LOSING MY EDGE,
AND FOUND SELF-HELP
THAT ACTUALLY WORKS
—A TRUE STORY

DAN HARRIS

14. Make your bed.

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ADMIRAL

WILLIAM H. McRAVEN

(U.S. Navy Retired)

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mindset

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—Bill Gates, *GatesNotes*

16. Power of positive thinking.

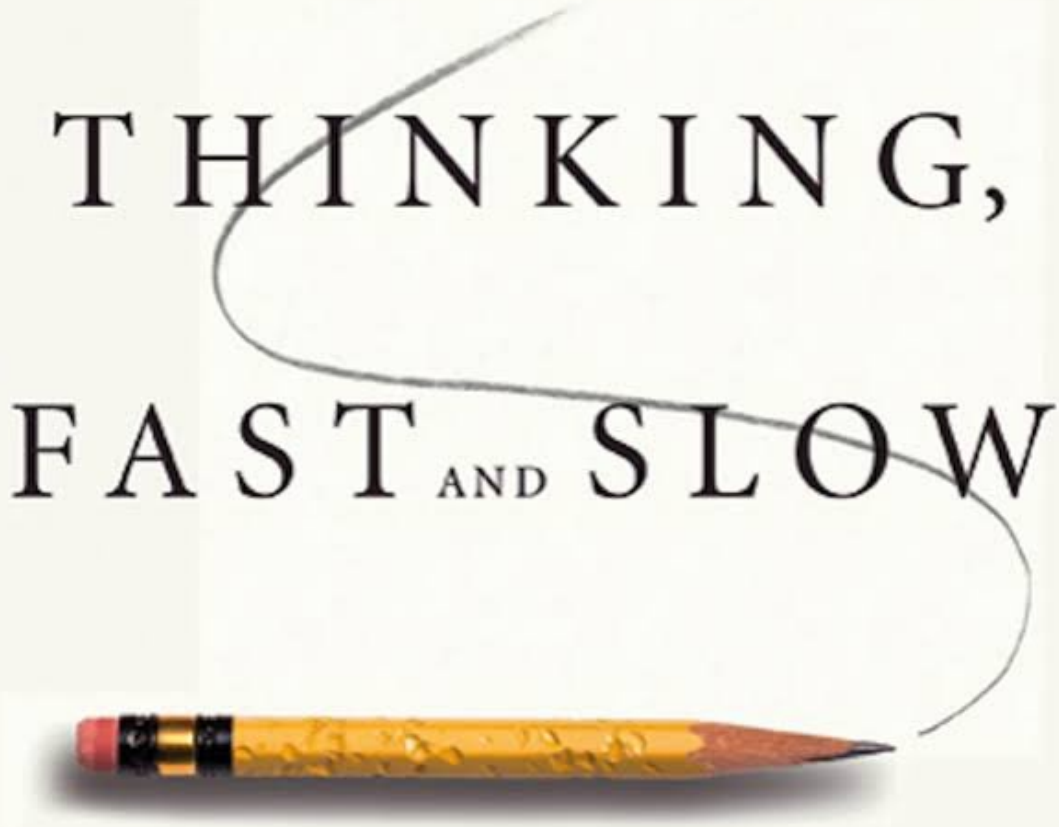
THE POWER OF POSITIVE THINKING



Norman Vincent Peale

17. Thinking fast and slow.

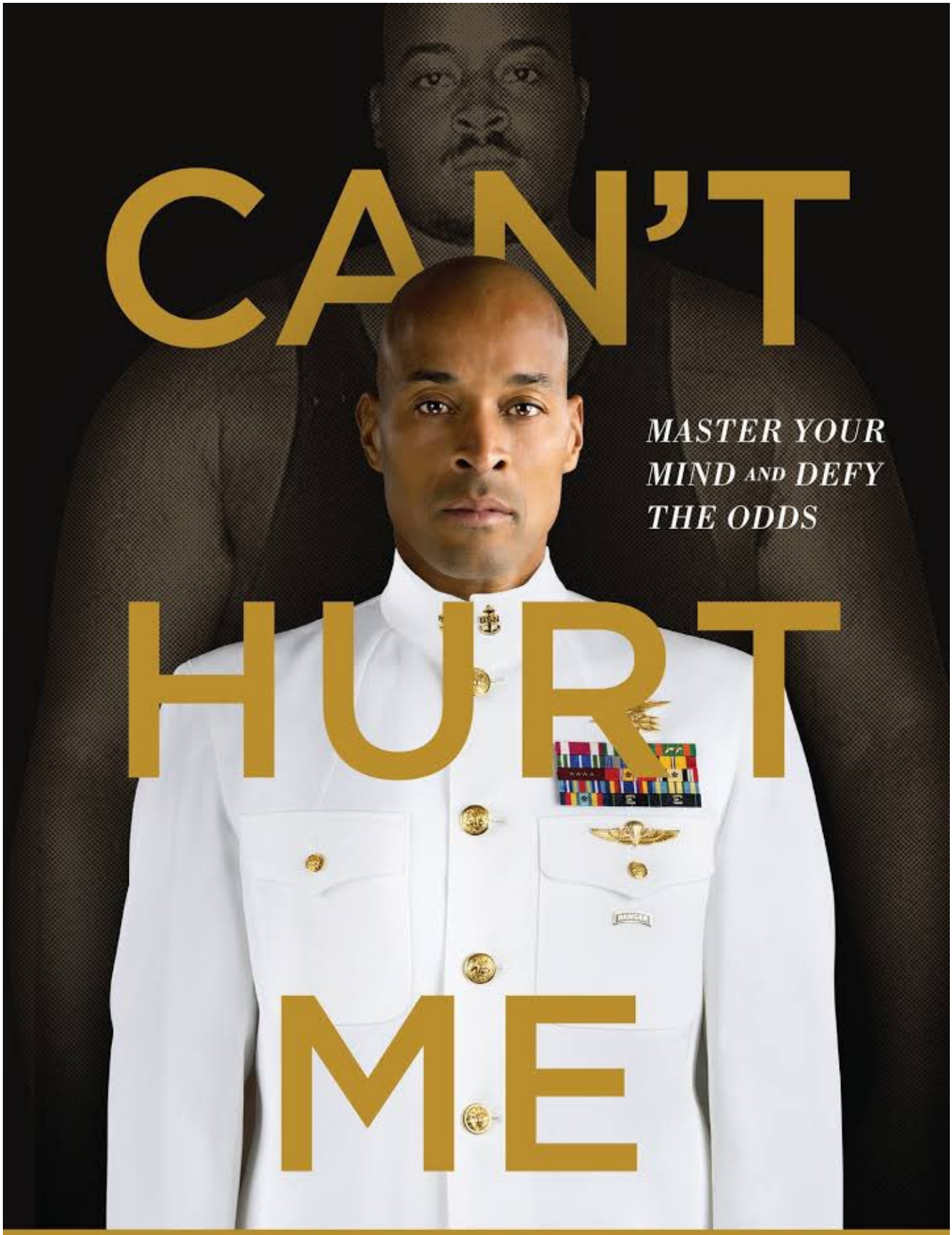
THINKING, FAST AND SLOW



DANIEL KAHNEMAN

WINNER OF THE NOBEL PRIZE IN ECONOMICS

18. Can’t hurt me.



DAVID GOGGINS

NEW YORK TIMES BESTSELLER

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19. The one thing.

THE ONE THING

THE SURPRISINGLY SIMPLE TRUTH BEHIND EXTRAORDINARY RESULTS

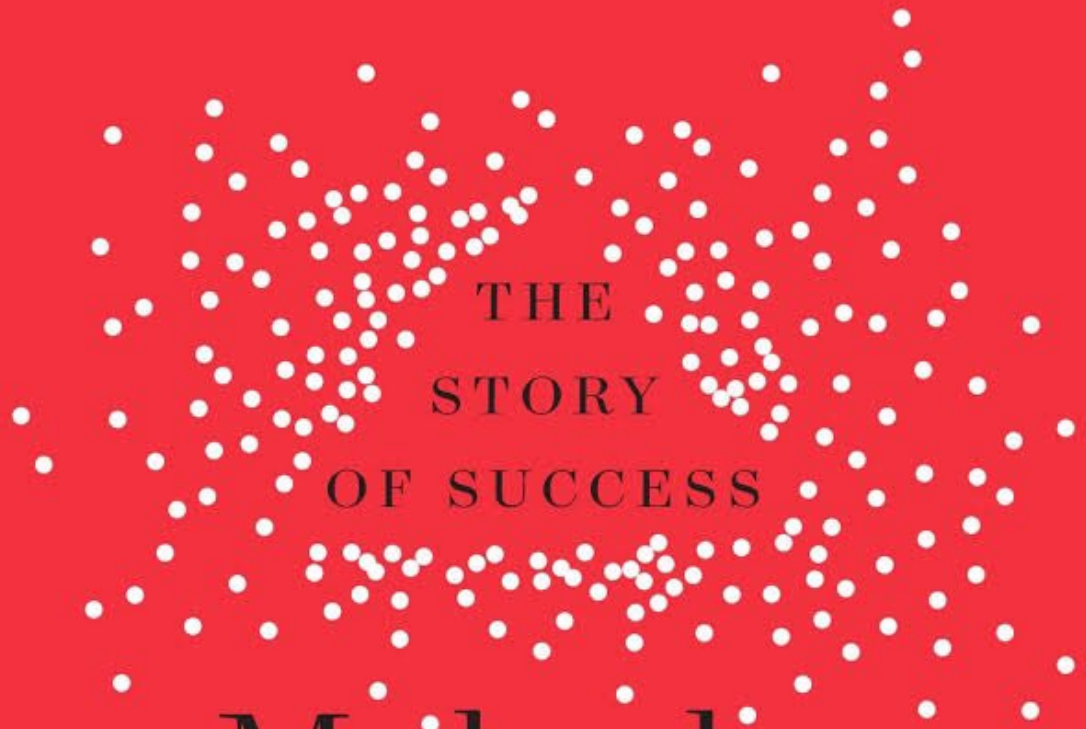
GARY KELLER
WITH JAY PAPASAN

20. Outliers.

#1 NATIONAL BESTSELLER

WITH A NEW AFTERWORD BY THE AUTHOR

Outliers



Malcolm Gladwell

AUTHOR OF *TALKING TO STRANGERS*

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~ Gain wisdom
~ Inspire you
~ Motivate you
~ Your journey

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Have a great day!