

Twitter Thread by Mastery Of Life ■

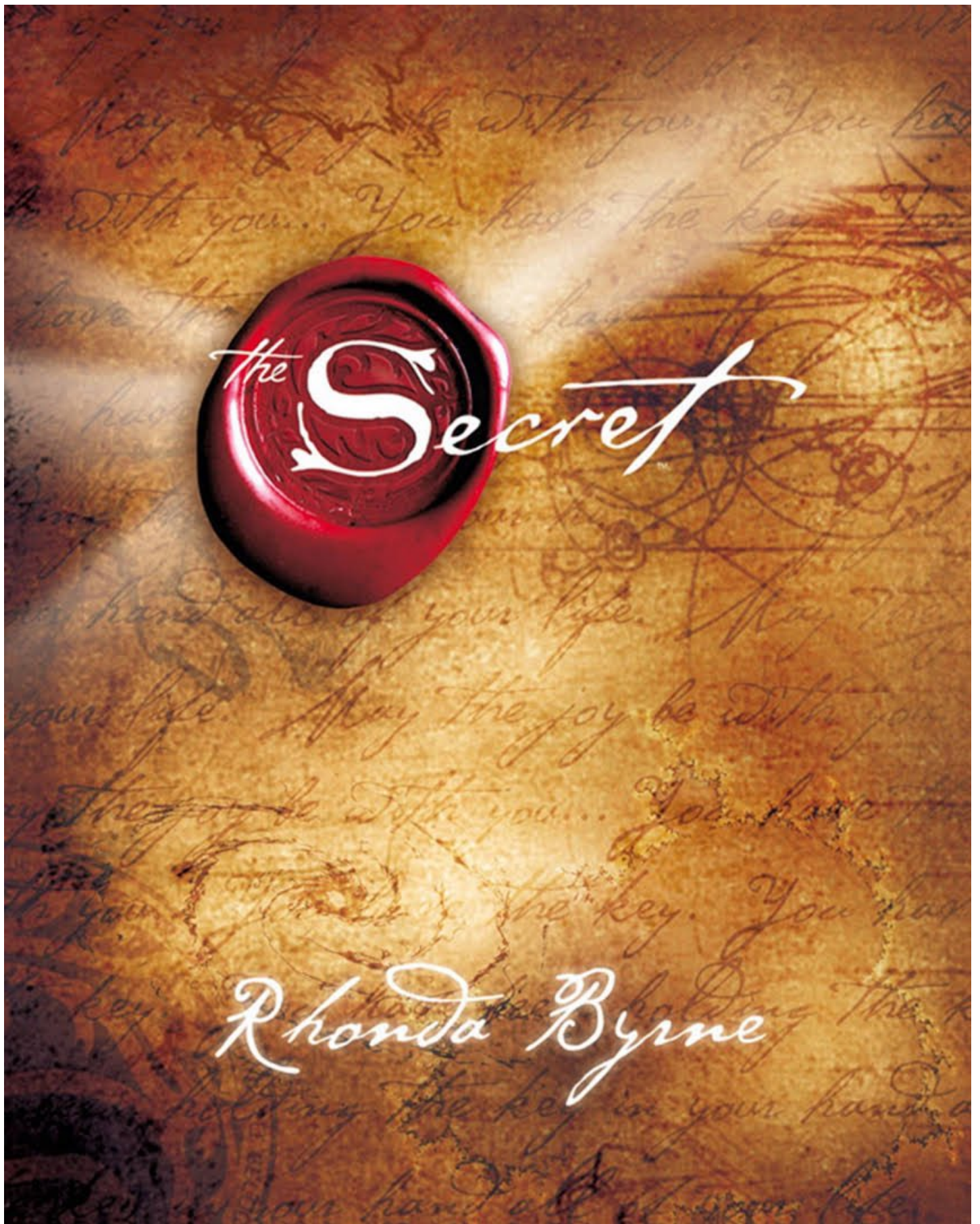
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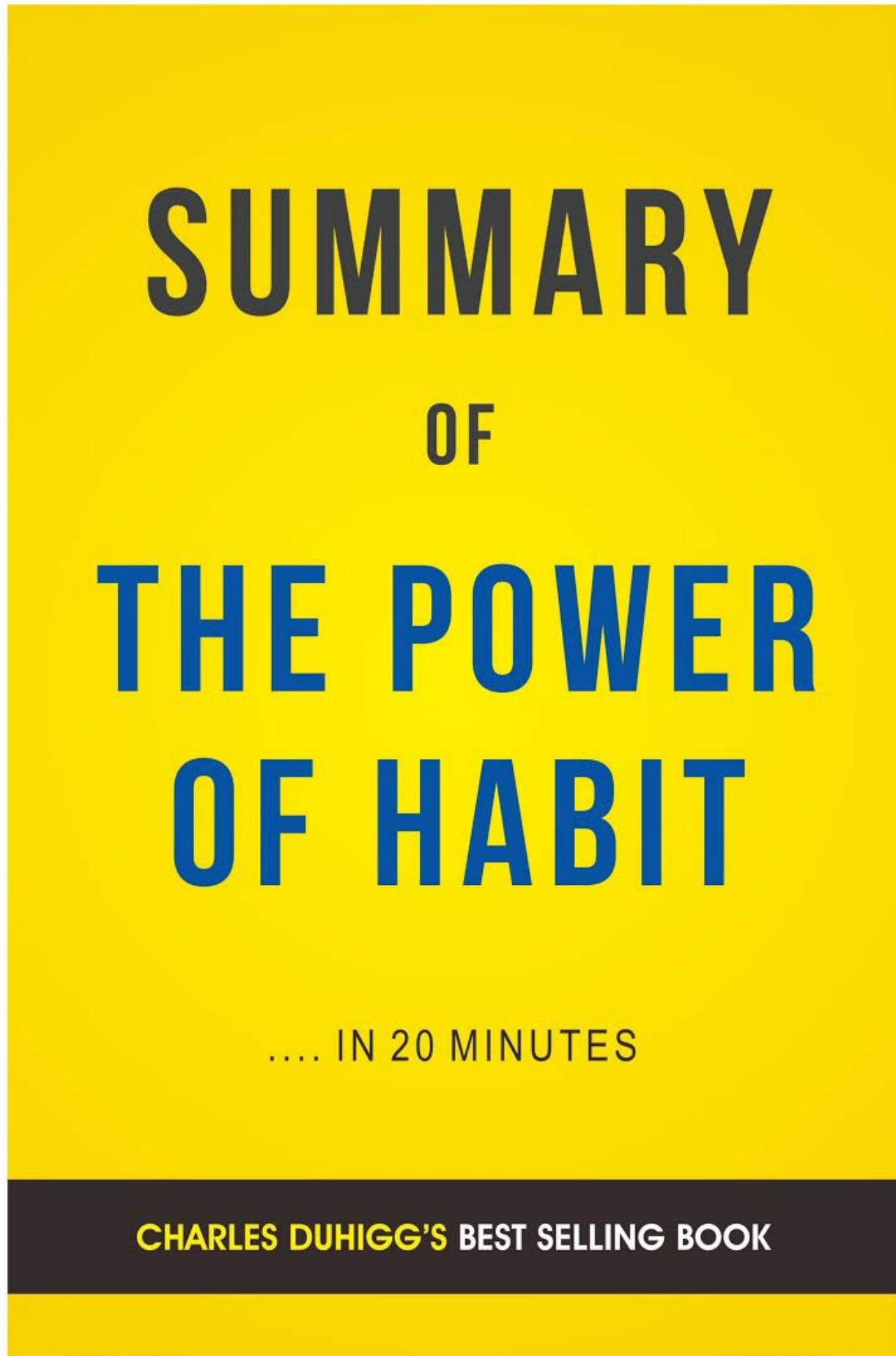
5. You are a badass.

#1 NEW YORK TIMES BESTSELLER

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JEN SINCERO



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*Author of
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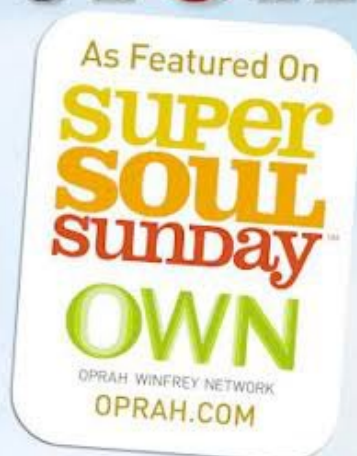
TONY ROBBINS

BESTSELLING AUTHOR OF *INNER STRENGTH*,
UNLIMITED POWER AND *MONEY MASTER THE GAME*

12. The gifts of imperfection.

*A New York Times
Best Seller!*

THE
GIFTS OF
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You're Supposed to Be
and Embrace Who You Are

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could be enough

Brené Brown, Ph.D., L.M.S.W.



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10% HAPPIER



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THE VOICE IN MY HEAD,
REDUCED STRESS
WITHOUT LOSING MY EDGE,
AND FOUND SELF-HELP
THAT ACTUALLY WORKS
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DAN HARRIS

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—BILL GATES, *GatesNotes*

16. Power of positive thinking.

THE
POWER
OF
POSITIVE
THINKING



Norman Vincent Peale

17. Thinking fast and slow.

THINKING,
FAST AND SLOW



DANIEL
KAHNEMAN

WINNER OF THE NOBEL PRIZE IN ECONOMICS

18. Can't hurt me.

The book cover features a central portrait of David Goggins in a white military dress uniform. He is looking directly at the camera with a serious expression. Behind him is a larger, semi-transparent, and slightly blurred image of his face. The title 'CAN'T HURT ME' is written in large, bold, gold-colored capital letters, with 'CAN'T' at the top, 'HURT' in the middle, and 'ME' at the bottom. To the right of the portrait, the subtitle 'MASTER YOUR MIND AND DEFY THE ODDS' is written in a smaller, white, italicized serif font. The bottom of the cover has a solid gold-colored band containing the author's name and sales information in white text.

CAN'T

*MASTER YOUR
MIND AND DEFY
THE ODDS*

HURT ME

DAVID GOGGINS

NEW YORK TIMES BESTSELLER

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19. The one thing.

THE ONE NINE THING

THE SURPRISINGLY
SIMPLE TRUTH BEHIND

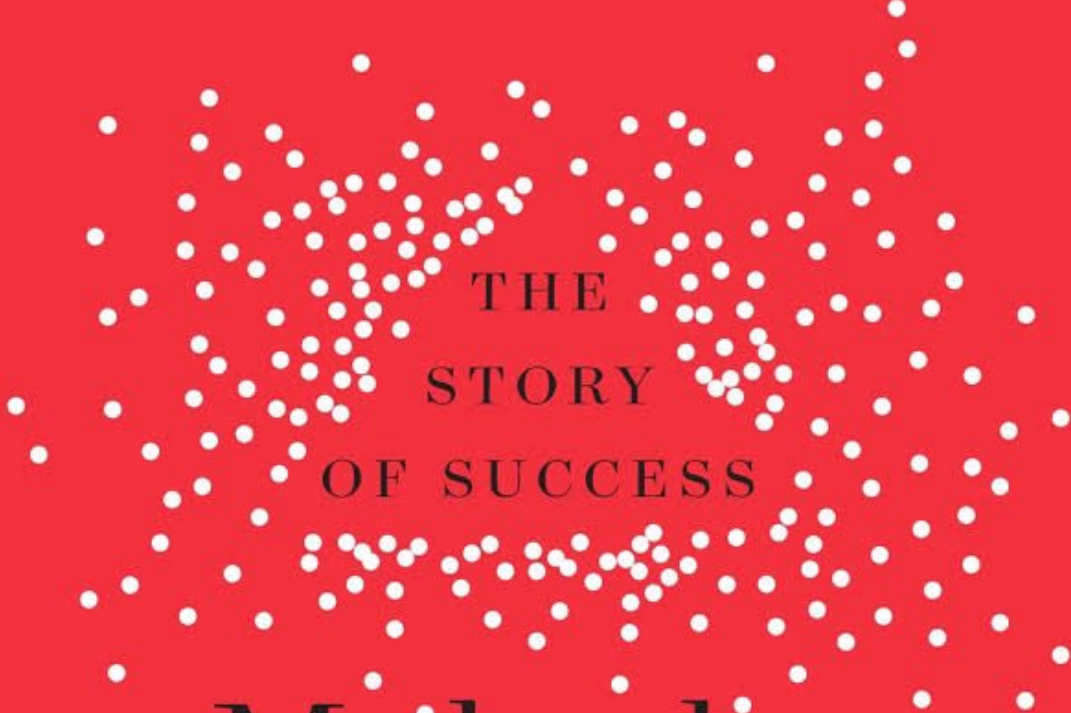
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entertainment, all in one book." —*ENTERTAINMENT WEEKLY*

Thank you for reading! I hope this made your life that bit better■■■

This account is here to help:

- ~ Gain wisdom
- ~ Inspire you
- ~ Motivate you
- ~ Your journey

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Have a great day!