

Twitter Thread by [John McDonough](#)



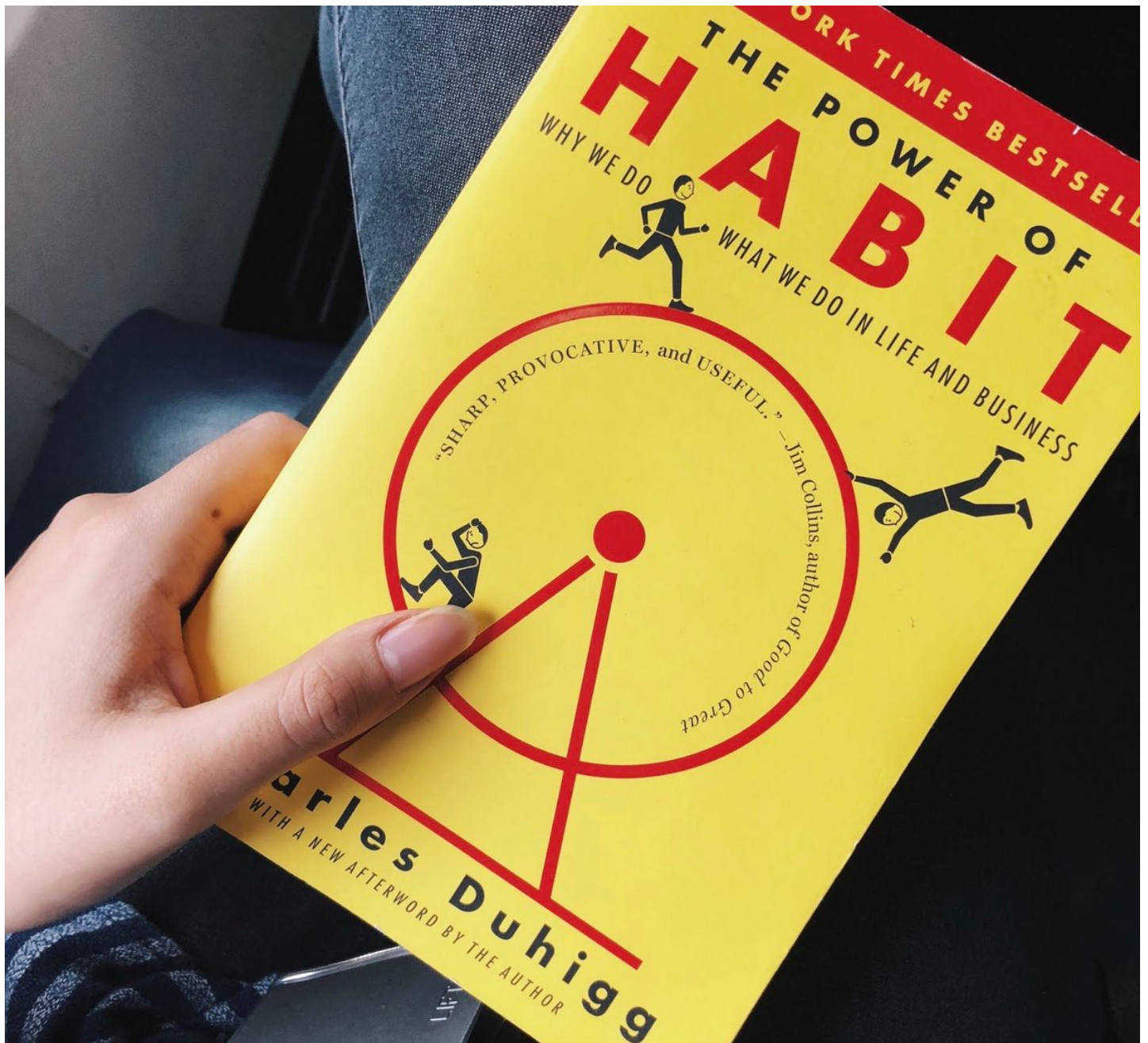
John McDonough

[@Johnmcdonough79](#)

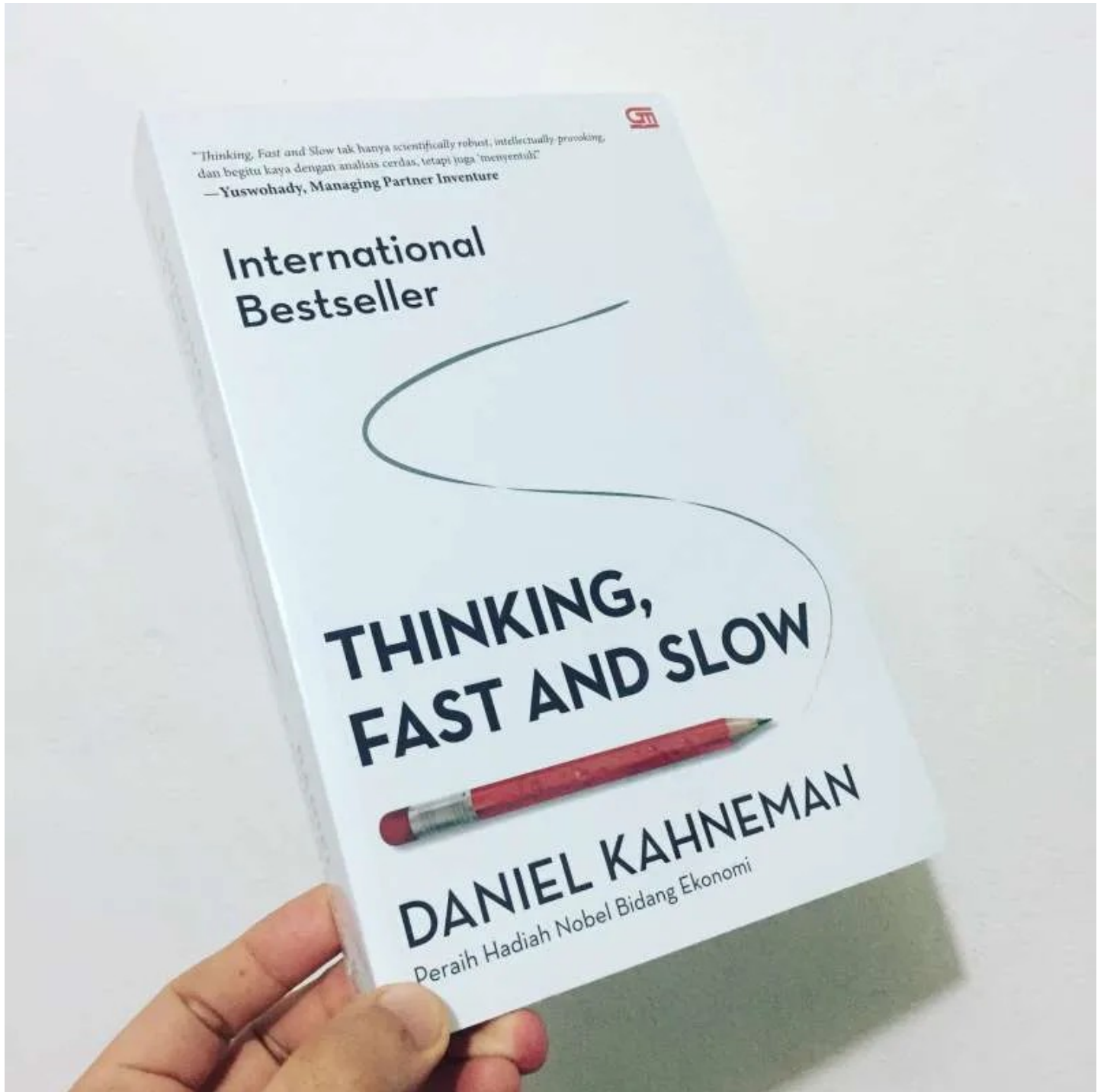


Top 10 Psychology Books That Everyone Must Read :

1. The Power Of Habit



2. Thinking, Fast and Slow



3. 12 Rules for Life

OVER ONE MILLION COPIES SOLD

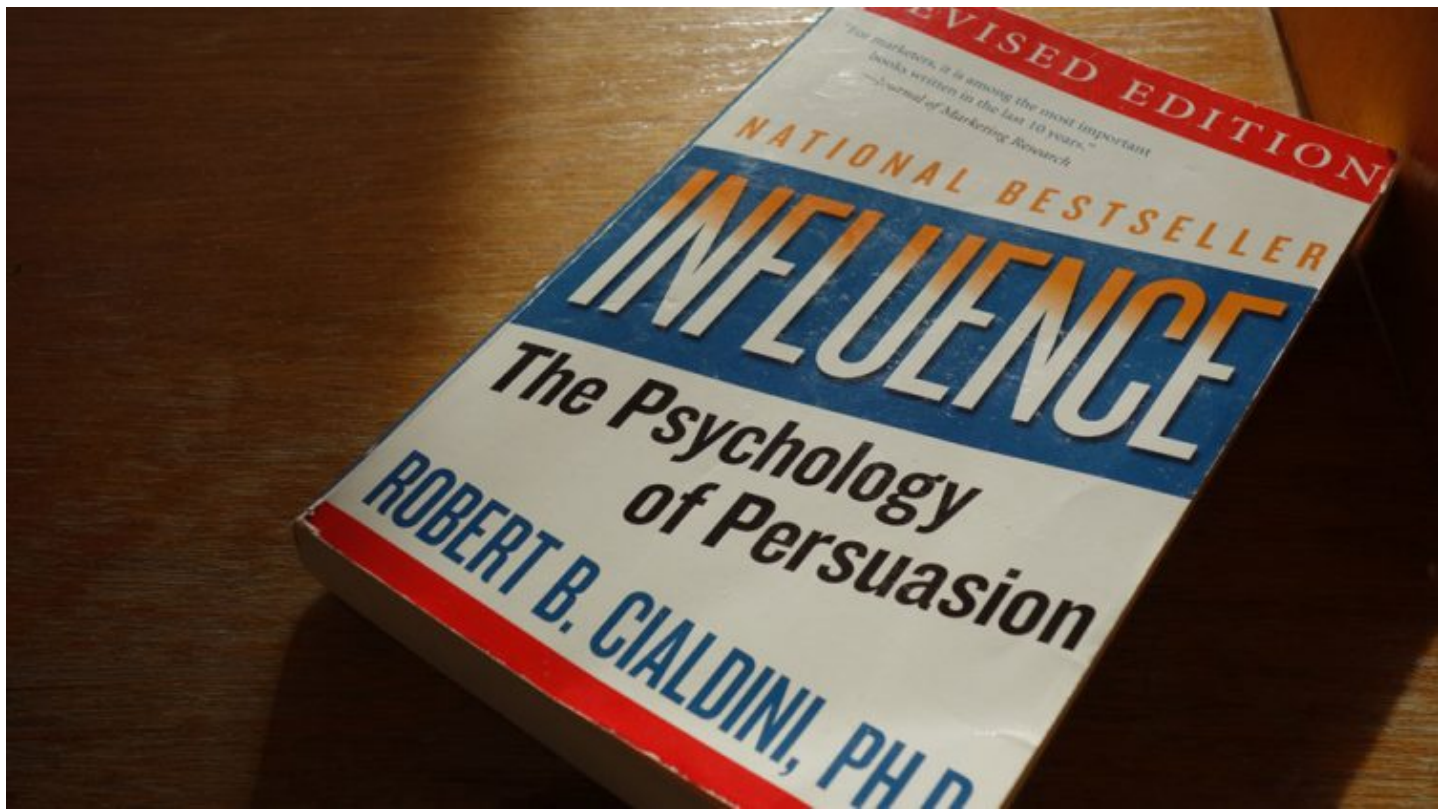
JORDAN B.
PETERSON

**12 RULES
FOR LIFE**

AN ANTIDOTE TO CHAOS

"The most influential public intellectual
in the Western world right now."

NEW YORK TIMES



5. Atomic Habits

NEW YORK TIMES BESTSELLER

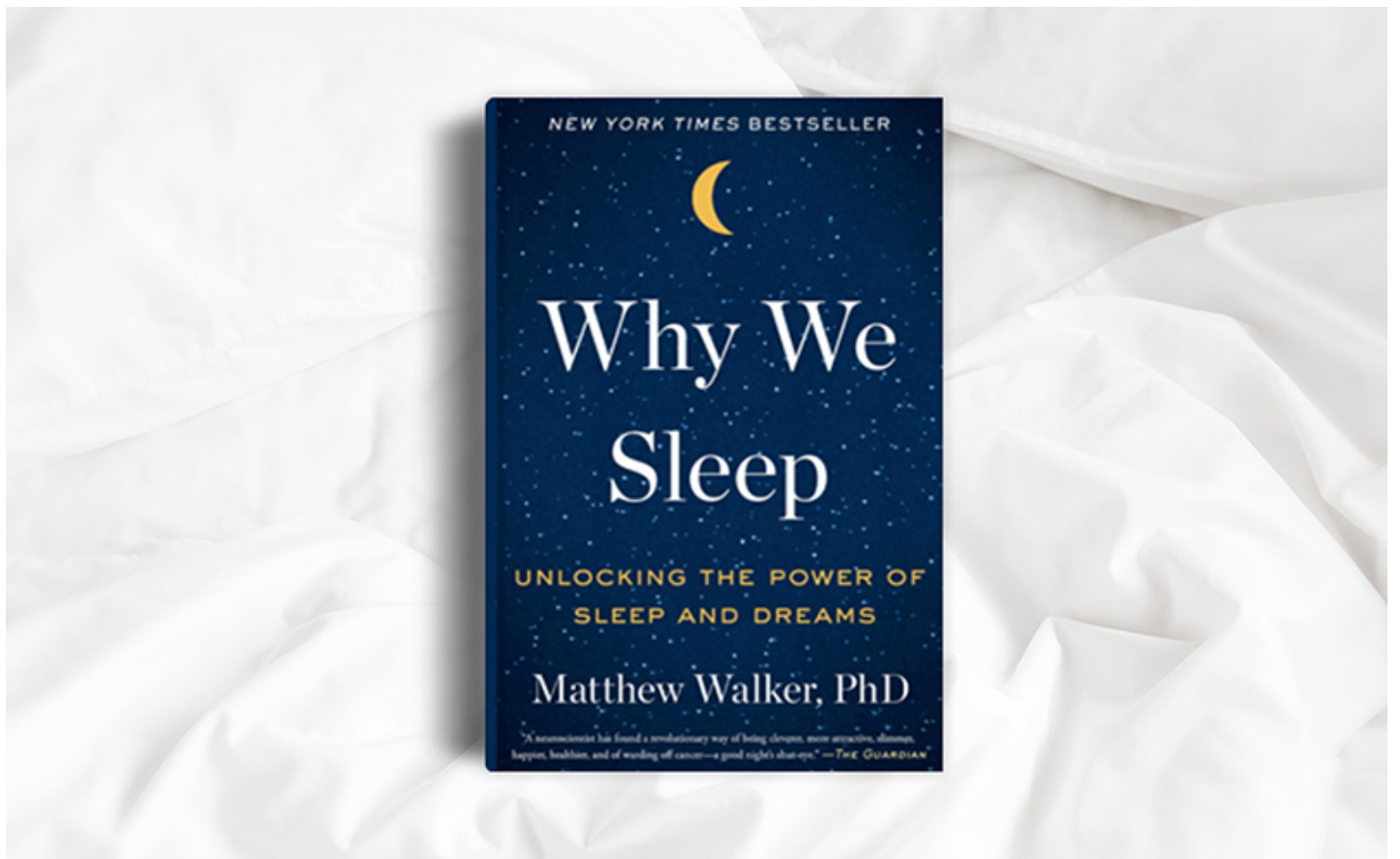
**Tiny Changes,
Remarkable Results**

Atomic Habits

An Easy & Proven Way to
Build Good Habits & Break Bad Ones

James Clear

6. Why We Sleep



7. The Art of Thinking Clearly

INTERNATIONAL BESTSELLER

"Examines our most common decision-making failings with engaging eloquence
and describes how to counter them with instructive good sense."

—ROBERT CIALDINI, author of *Influence*

The Art of Suixuixl Clearly

ROLF DOBELLI

8. How To Talk To Anyone

LEIL LOWNDES

HOW TO TALK TO ANYONE

92 Little
Tricks
for Big Success in
Relationships

'Inspiring yet practical ... teaches us how to manage and tame this beast within us so that we can focus on what really matters – producing the best work possible.'
Robert Greene, author of *Mastery*

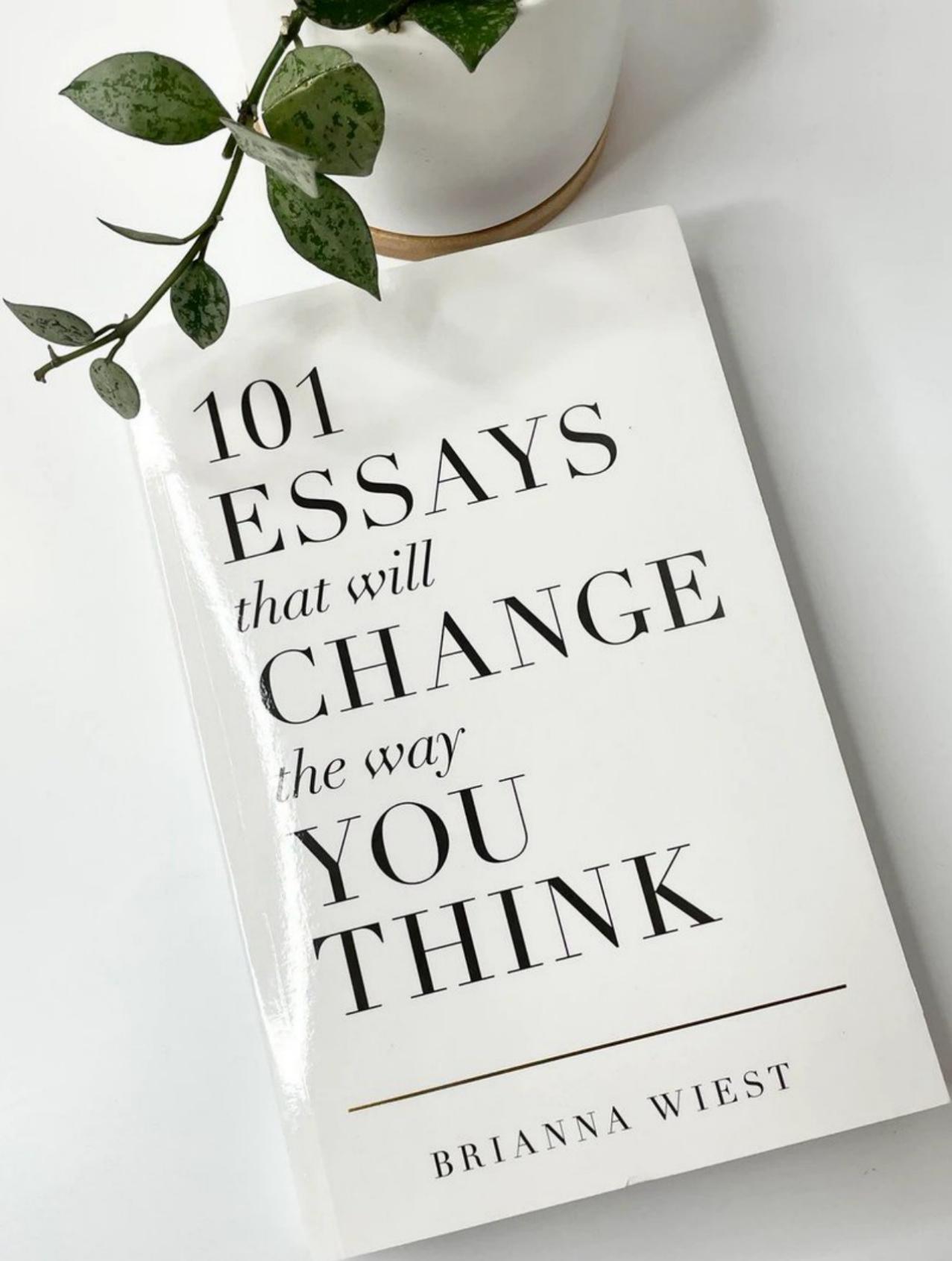
EGO IS THE ENEMY



The Fight to Master
Our Greatest Opponent

RYAN HOLIDAY

Bestselling author of *THE OBSTACLE IS THE WAY*

The image shows the front cover of a book titled '101 Essays that will change the way you think' by Brianna Wiest. The cover is white with black text. The title is arranged in several lines: '101' in a large serif font, 'ESSAYS' in a larger serif font, 'that will' in a smaller italicized serif font, 'CHANGE' in a large serif font, 'the way' in a smaller italicized serif font, 'YOU' in a large serif font, and 'THINK' in a large serif font. A thin horizontal line is positioned below the title. The author's name, 'BRIANNA WIEST', is printed in a smaller serif font at the bottom. The book is placed on a light-colored surface, and a small potted plant with green leaves is visible in the upper left corner.

101
ESSAYS
that will
CHANGE
the way
YOU
THINK

BRIANNA WIEST

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