Twitter Thread by John McDonough
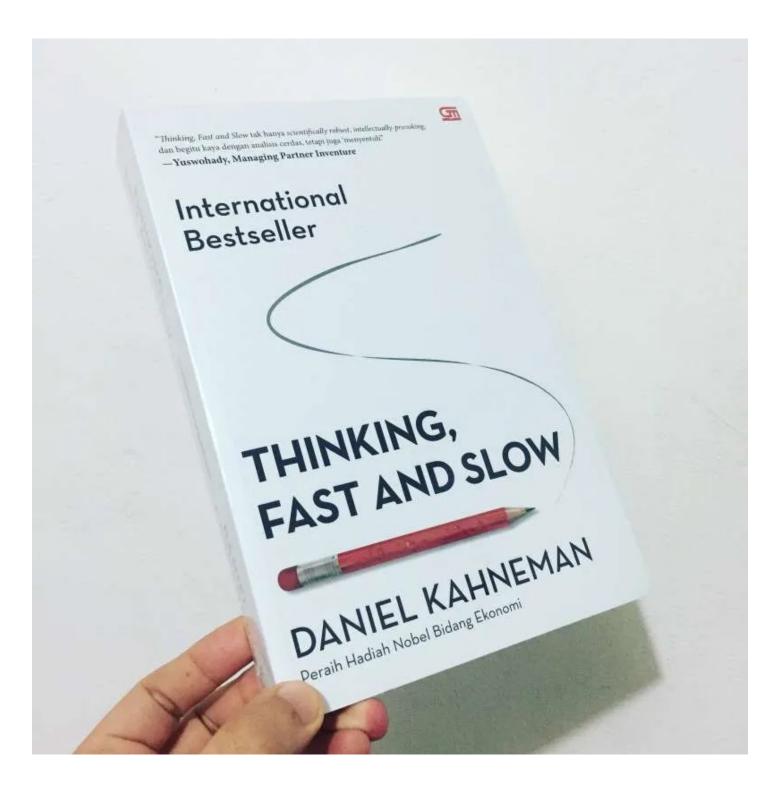
John McDonough
@Johnmcdonough79

Top 10 Psychology Books That Everyone Must Read :

1. The Power Of Habit

2. Thinking, Fast and Slow

3. 12 Rules for Life

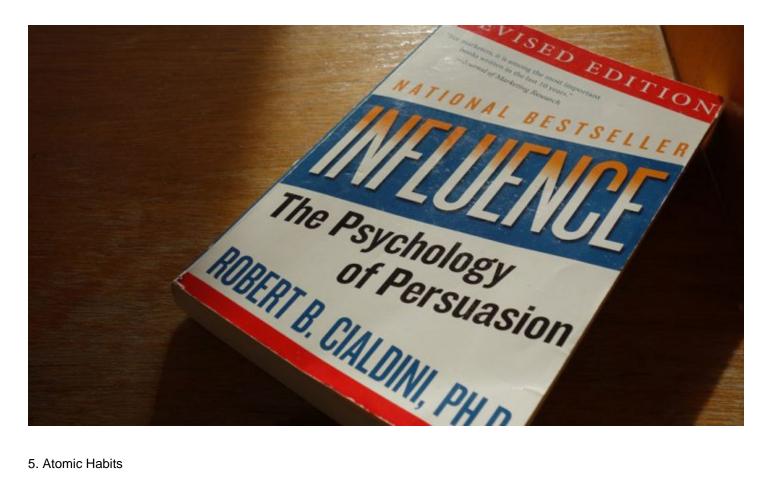OVER ONE MILLION COPIES SOLD

JORDAN B. PETERSON

12 RULES FOR LIFE

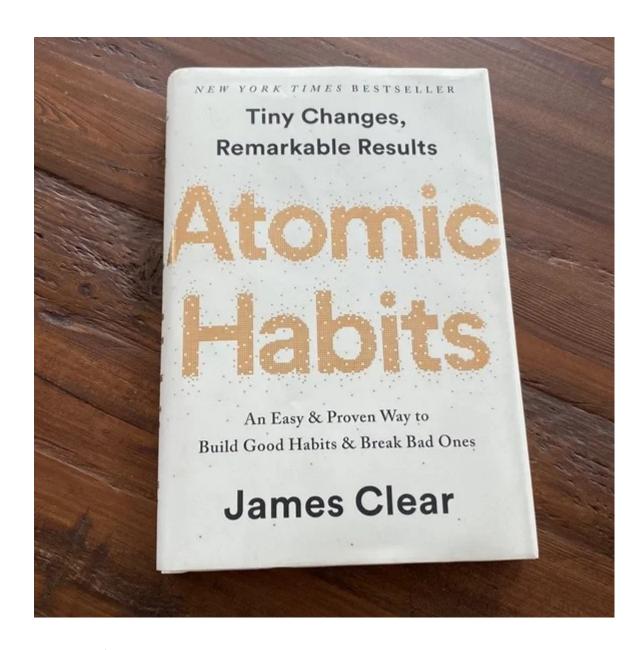### AN ANTIDOTE TO CHAOS

"The most influential public intellectual
in the Western world right now."

NEW YORK TIMES

4. Influence

5. Atomic Habits

NEW YORK TIMES BESTSELLER

Tiny Changes,
Remarkable Results

Atomic
Habits

An Easy & Proven Way to
Build Good Habits & Break Bad Ones

James Clear
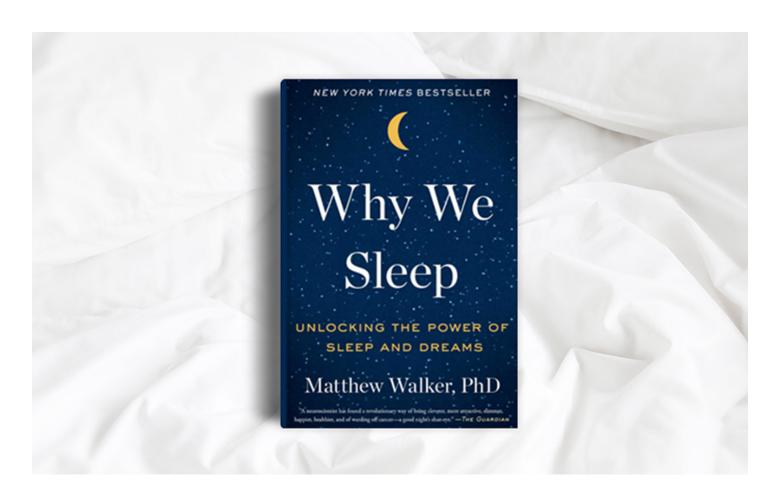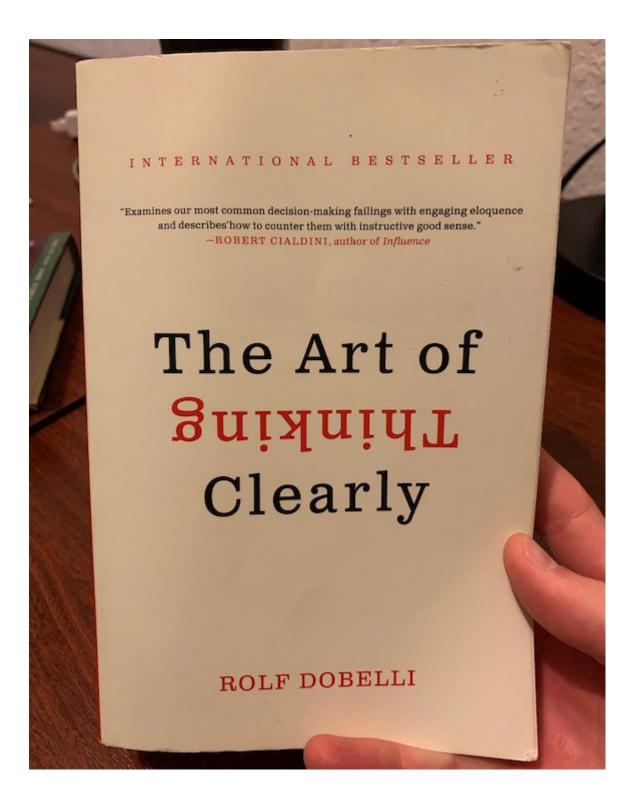
6. Why We Sleep

7. The Art of Thinking Clearly

"Examines our most common decision-making failings with engaging eloquence
and describes how to counter them with instructive good sense."
—ROBERT CIALDINI, author of *Influence*

The Art of
Thinking
Clearly

ROLF DOBELLI

8. How To Talk To Anyone

9. Ego Is The Enemy

'Inspiring yet practical ... teaches us how to manage and tame this beast within us so that we can focus on what really matters – producing the best work possible.'
Robert Greene, author of *Mastery*

EGO
IS THE
ENEMY

The Fight to Master
Our Greatest Opponent

RYAN HOLIDAY
Bestselling author of *THE OBSTACLE IS THE WAY*

10. 101 Essays that will Change the way You Think

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