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15 sentences to make you more productive:

(from the book THE ONE THING)

1.

"Extraordinary results are directly determined by how narrow you can make your focus… when you spread yourself out, you end up spread thin."

2.

"The path to more is through less."

3.

"Activity is often unrelated to productivity.
Busyness rarely takes care of business."

4.

"Things don't matter equally.
Success is found in doing what matters most."

5.

"Multitasking is a lie … It's an effective way to get less done."

6.

"Success is about doing the right thing.
Not about doing everything right."

7.

"A balanced life is a lie … Extraordinary results require focused attention and time. Time on one thing means time away from another. This makes balance impossible."

8.

"Big thoughts go nowhere without bold action."

9.

"Until my ONE Thing is done — everything else is a distraction."

10.

"Visualizing the process — breaking a big goal down into the steps needed to achieve it — helps engage the strategic thinking you need to plan for and achieve extraordinary results."

11.

"If disproportionate results come from one activity, then you must give that one activity disproportionate time."

12.

"The people who achieve extraordinary results don't achieve them by working more hours … They achieve them by getting more done in the hours they work."

13.

"Taking complete ownership of your outcomes by holding no one but yourself responsible for them is the most powerful thing you can do to drive your success."

14.

"When you give your ONE Thing your most emphatic 'Yes!' and vigorously say 'No!' to the rest, extraordinary results become possible."

15.

"High achievement and extraordinary results require big energy. The trick is learning how to get it and keep it."

At last, the core question of the book:
(Probably the most impactful words, at least to me)

"What is the ONE Thing I can do such that by doing it, everything else will be easier or unnecessary?"

Ask the above question every day to yourself.

You can get your copy here:

https://t.co/JyxG6TLDXe

I hope the thread was useful to you.

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