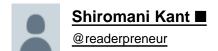
## Twitter Thread by **Shiromani Kant** ■





## 10 Impactful Quotes from the book

## THE CODE OF THE EXTRAORDINARY MIND by @Vishen

- 1. "Safety is overrated; taking risks is much less likely to kill us than ever before, and that means that playing it safe is more like just holding us back from the thrills of a life filled with meaning and discovery."
- "If you can't win, change the rules.If you can't change the rules, ignore them."
- 3. "Have big goals—but don't tie your happiness to your goals. You must be happy before you attain them."
- 4. "Stress, anxiety, boredom, confidence, excitement, engagement are all contagious."
- 5. "If we care what other people think about us, good or bad, we limit our abilities."
- 6. "Hack your past with forgiveness. Hack your present with mindfulness. And hack your future with: "I am enough.""
- 7. "Fears and worries create negative situations that attract more fears and worries."
- 8. "To do something big, you have to be prepared for rejection and failure."
- 9. "Extra-ordinary minds do not need to seek validation from outside opinion or through the attainment of goals. Instead, they are truly at peace with themselves and the world around them. They live fearlessly."
- 10. "Outside the rules of physics, outside the rules of law, all other rules are meant to be challenged."

Hope you find the thread useful.

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