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Library Mindset

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10 Lessons from What It Takes To Be Free

(thread)



1)Someone's sitting in the shade today because someone
planted a tree a long time ago.



*"Someone's sitting in the shade today because someone
planted a tree a long time ago."*

— Warren Buffett

2) True freedom means you're not concerned with other people's opinions, views, and actions. You also don't have the need to explain why your ideas and actions are the best.

at the gym. When you're concerned with defending yourself, you're not accepting different points of view. You're not allowing others to be free. And a big part of freedom is to accept that others are also free. Remember, freedom is to do what you want and be as you are. You can't do that if you're constantly defending yourself. **True freedom means you're not concerned with other people's opinions, views, and actions. You also don't have the need to explain why your ideas and actions are the best.**

There's no such thing as "best" so and so. What works for you might not work for someone else. You need to be free of your ego. You don't need to prove people wrong. You also don't need to show people how smart you are. The wiser you are, the less you

3) Remember, being free means to live as you are. You don't have to lie about who you are, what you like, and what you do. Just be yourself.

are not problems. It is merely the truth. How can the truth be a problem?

Telling the truth means seeing things for what they are. It means being honest with your emotions. It means not hiding from reality.

Remember, being free means to live as you are. **You don't have to lie about who you are, what you like, and what you do. Just be yourself.** That is very easy to say but hard to do. It requires giving up lies. For me, it meant that I stopped trying to be someone I'm not. I am a guy who likes to read, write, watch movies, and have deep conversations with interesting people. If I don't want to do something, I don't do it. And I take full responsibility for it. That doesn't mean I stay in bed all

4) Most people do not really want freedom, because freedom involves responsibility, and most people are frightened of responsibility.



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—Sigmund Freud

5) Nobody can bring you peace but yourself.



“Nobody can bring you peace but yourself.”

—Ralph Waldo Emerson

6)The only way to deal with an unfree world is to become so absolutely free that your very existence is an act of rebellion.



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— Albert Camus

7)The purpose of life is not to be happy. It is to be useful, to be honorable, to be compassionate, to have it make some difference that you have

lived and lived well.

to be honest with others and ourselves. The truth is that you are the most important person in your life. Yes, you're more important than your kids, parents, siblings, friends, and the rest of the world. Why? Because if you're strong, all those people I just mentioned will thank you for it.

Ralph Waldo Emerson said: "The purpose of life is not to be happy. It is to be useful, to be honorable, to be compassionate, to have it make some difference that you have lived and lived well." **The ultimate way of making yourself useful is by being an accountable, responsible, strong, and stable human being.** No one wants a weak person in their lives that always has to depend on others. No one *likes* to be weak and to be taken care of. Humans are independent and

8) Freedom starts with knowing who you are and what you want.

This is your life, and you decide what you want to do with it no one else can or should make that decision for you.

NO CORE VALUES

Freedom starts with knowing who you are and what you want. **This is your life, and you decide what you want to do with it—no one else *can* or *should* make that decision for you.**

But if you have no core values, you're tossed around by life. Who are you? What do you stand for? What do you believe in? Only you can answer those questions. And you're free to do anything you want.

9) Freedom is to do what you want and to be what you are.

WHAT IS FREEDOM?

Freedom is to do what you want and to be what you are.

The problem is that we've created an unfree life for ourselves. I believe in a simple concept called personal responsibility. It means we are responsible for our own lives. We create our lives by the decisions we make. That means we have the power to live any way we want.

10) You can't please everyone. You can't make everybody like you. This is your life and you can do what you want. If you don't want to visit people's parties or gatherings, then don't.

to move on. I can say that he and I were never real friends in the first place. Think about it. Can you really be yourself around certain friends? If not, they are not the right friends for you. Spend less time with them and spend more time with the friends who accept you for who you are.

You can't please everyone. You can't make everybody like you. This is your life and you can do what you want. If you don't want to visit people's parties or gatherings, then don't. By saying yes to everybody, we think we're avoiding their disappointment. That might be true. But you're disappointing yourself with these types of social obligations.

So much of our frustration comes from spending time with people we have little in common with. We feel obligated to visit