Twitter Thread by Thinking Deep



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7 Life Lessons From The Book "Anna Karenina" by Leo Tolstoy

= Thread =

1. All that glitters is not gold

When choosing a partner don't be satisfied just with good looks. Loyalty, trust, and ambition play a major role when choosing a partner.

2. Don't rush into marriage

Marrying late is better than marrying the wrong person. Its arguably a smart move, both emotionally and financially.

3. Divorce should be a socially acceptable option

It's true, divorce can have short-term negative consequences on children but recent studies have shown that it's beneficial in the long-run. Divorce is better than lifelong anxiety and negativity.

4. Accept the reality

Fretting over a situation as "fair" or "unfair" is unproductive for the mind. Rather accept the unfair situation and decide on a positive solution elevating you out of the mess.

5. Romance and true love do exist

Even though some marriages can turn out to be tragic, the book vividly portrays that happy marriages do exist. Every marriage goes through their "struggle" period but the answer is to keep hope and get out of it together.

6. Routine isn't dull

Going through the same work from time to time isn't boring for all. When you see the bigger picture of the long-term and work for a cause you start taking pride in your daily routine and your lifestyle.

7. Living simply can be blissful

Levin, one of the book characters, is often seen working alongside the peasants he employs, and Tolstoy was known to have done the same.

Learn to take enjoyment from simple and small things like drinking your cup of coffee or reading a book.

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