Twitter Thread by Vidya



Vidya
@VidyaG88

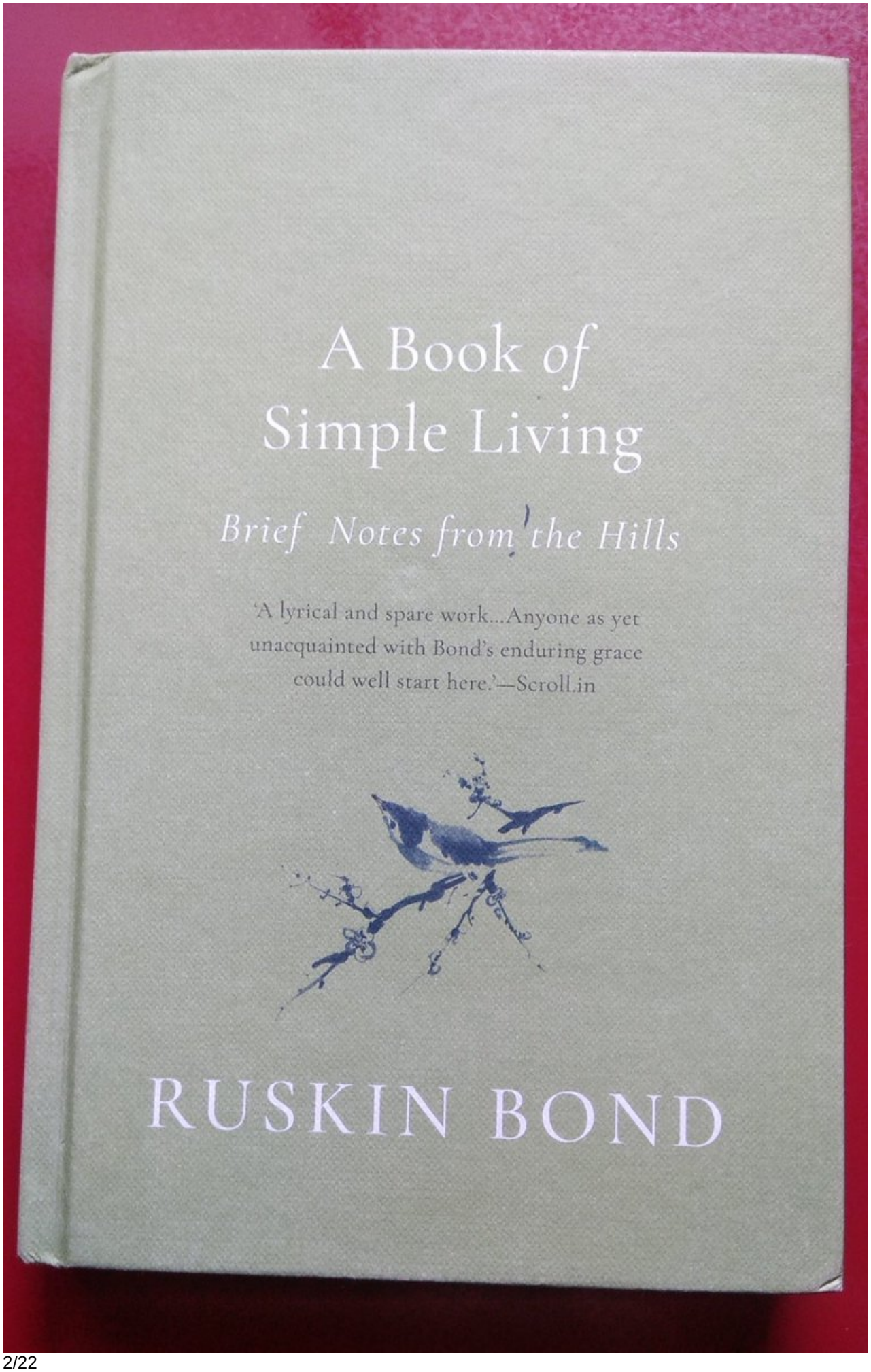
1/ 22

By far the best book I have read in a long long time.

One can simply begin from any page,for each note makes so much sense that we get lost in them , sometimes chuckling & often amazed .

Here are MY learnings from

" A Book of Simple Living" by Ruskin Bond.



2/22

The book is enriched with life lessons . Most profound of all for me being ,

#Life is simple despite all its hardships and complexities .
For the purpose of life is to live ....

Now, how we choose to live our life makes it simple or complicated.

3/22

Do we chase #happiness by climbing infinite mountains in the quest for fame & wealth or do we savour the goodness in the little things that often come our way but go unnoticed and unappreciated by us ?
For ultimately , " It is the little things that matter the most ".

4/ 22
#Forgiveness is the key to a good night's sleep . We clutter our minds when we cannot forgive.

We may be wronged many a times but one must learn to forgive even without receiving any apology .

For then the day's deeds are truly done .

5/22
#Nature is the best teacher and companion .
She gives us everything , expecting nothing in return .
But she is a force to reckon with when meddled with ...
Be like nature - generous and kind always but don't let others take you for granted .

6/22

Life isn't a bed of roses and yet quite often , we do have roses out of season ...
It's just that we fail to acknowledge them .
So let's start by practising #gratitude every single day . We have so much to be thankful for !!

7/22
There is bliss is not knowing everything !
It's good to have a #mystery at times to savour in solitude..
Let us not try to figure out everything in life .
Let us simply be ...

8/22
#Slow is good .
Slow down time & again to appreciate everything around you.
Enjoy #mindfulness and even a bad day shall become good !!

Listening to the birds chirping , the cooing of an infant , the aroma of wet soil , the scent of a lime ....
Create memories!!

9/22
#Meditation or #Contemplation ?

A healthy mix of both ought to do the trick .
Nothing can be forced afterall ...
Whatever comes naturally should be followed ...

10/22
Be less materialistic and life becomes so much simpler !!

#Money is a necessity but the key is to have as much as needed ,or maybe a little more to share with the less privileged.

11/ 22
Life isn't a #timetable to be adhered to .
Live the moments - good or bad , enjoy it while it lasts ...
For later, only the #memories shall remain and they too shall fade over time.
Let them not linger .
Let them be fleeting .....

12/22
My personal favourite*

" The pleasure of #travel is in the journey ,not so much in reaching one's destination" .

Enjoy the journey . Laugh your heart out . Get lost ! Get exasperated ! Be in awe , scream out in joy ... It is all a part of the journey ! Cherish it !

13/22

"It is courage ,not luck ,that takes us through to the end of the road" .

Now #courage could mean anything ! As simple as being honest , to standing up alone , to lying for the greater good ,to knowing our imperfections...

Courage is subjective and rightly so .

14/22
We may lose something precious but gain twice as much in return in different ways , only if we choose to look at it positively.
.

Learn to make #peace with your #losses .
The sooner, the better.

15/22
" Aim at the sun and you may not reach it , but your arrow will fly far higher than if you had aimed at an object on a level with yourself ".

If something really matters to you, give it all you have got .
Now #success isn't in our hands.
But the #efforts certainly are !!

16/22
#Fame is temporary . Don't hang onto it . Learn to let go and simply make it your past .
Welcome it . Embrace it gracefully for we have had our moment .
Now it is time for someone else to have their's ....

17/22
#Friendship can emerge in the strangest of circumstances , in the queerest of places ,with the most unimaginable living beings ....

All provided , we take a chance !
All it takes is #willingness and a smiling face certainly does work up a charm...

18/22
#Simplicity is the ultimate sophistication ! Be it in living or writing !!

Being simple helps us being understood better, for our aim ultimately is to connect .

Being understood triumphs sounding smart using a host of complicated words.

19/22
#Acceptance in relationships is the key .
Each one of us is unique . We can't expect people to change themselves because we wish so .

Adjustments , yes . .

The key is take both the good and the ugly , the same way .
For we cannot take the love but spurn the lover .

20/22
#Humour is our best friend during our worst times !
We must learn to laugh our troubles away and also at ourselves !!

One must not take life too seriously .
I mean as @position_trader says , we aren't that all that special , for life to single us out!!! ■

21/22
Another brilliant note !

Avoid mirrors as far as possible and instead look at the contours of the creations of the world! There is so much to learn & gasp out aloud !

Our beauty is all temporary and frankly of no use to anyone !
For handsome is as handsome does. :)

22/22
#Dreams have no expiry date ! Don't give the excuse of age or non availability of time .
If we really wish to pursue something we shall make time for it !
Never quit on your dreams for until death comes , all is life !!