# Twitter Thread by Alex Dalassio



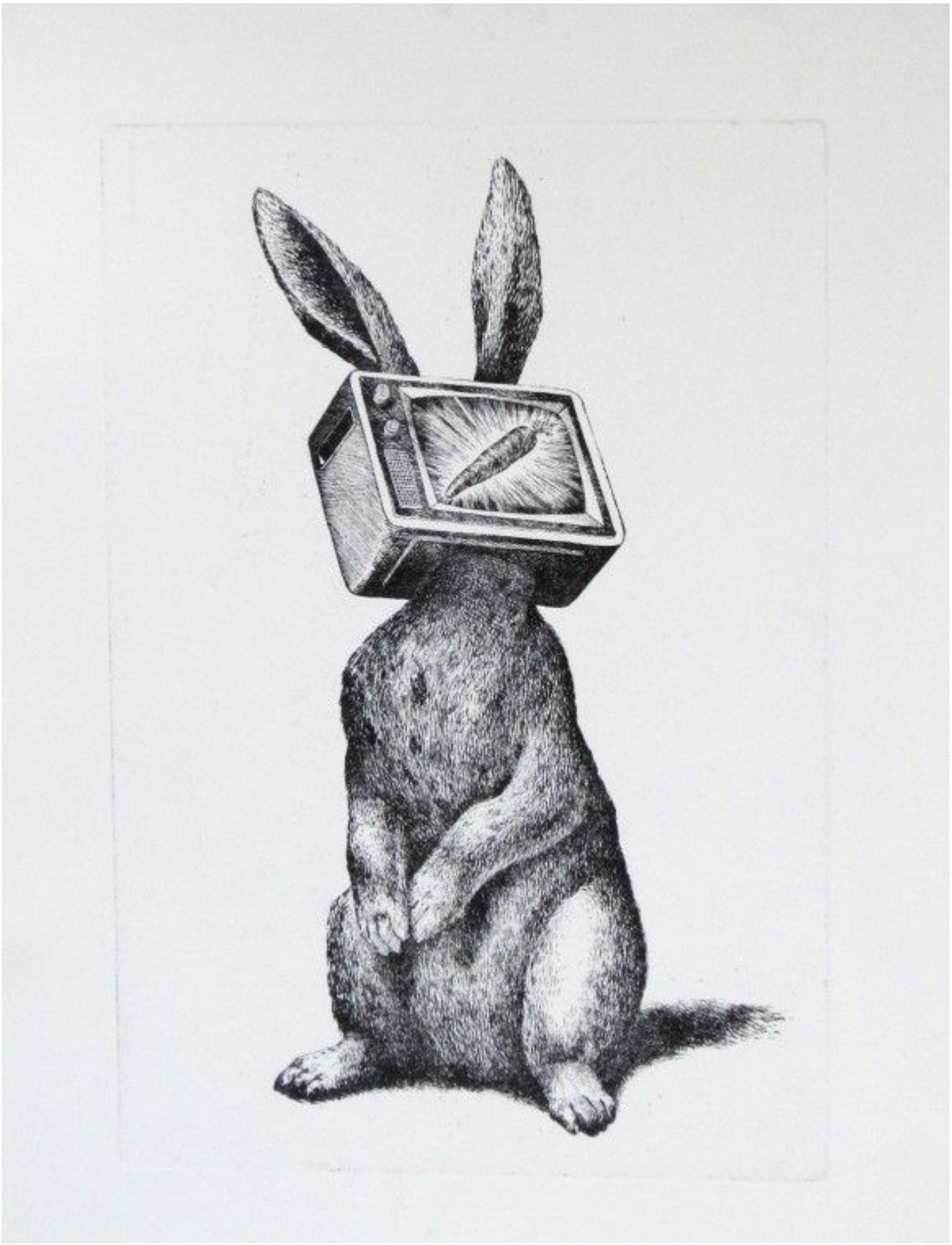
**Alex Dalassio**
@ADalassio

**ORT. Final chapter. Atto XXII**

**It's going to be quite difficult for me to describe my personal experiences regarding the consciousness shift phenomenon. I will continue then by delving into the corpus of my research. Let me introduce you to Robert Lanza and his theory: Biocentrism**



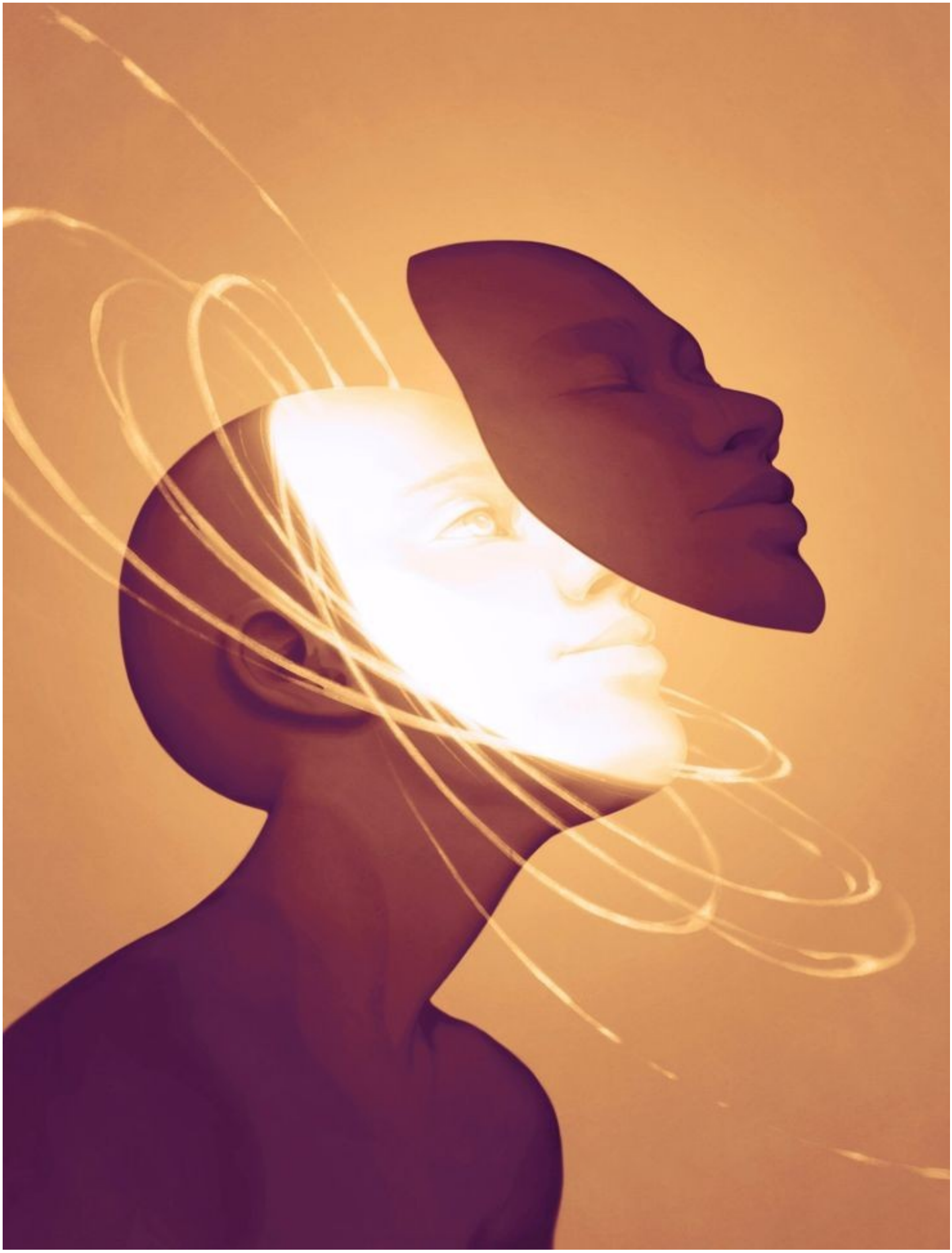
Lanza is an expert in regenerative medicine and a scientific director at Advanced Cell Technology Company. He is known for his extensive research on stem cells, he was also famous for several successful experiments on cloning endangered animal species.



He then turned his attention to physics, quantum mechanics and astrophysics. It is from this metaphysical milieu that his controversial theory was created. Biocentrism implies that death simply does not exist. It is an illusion fabricated by the dogmatic pathways in our minds.



It exists because people identify themselves with their bodies and with their Ego. Now a brief interlude. What is our innermost essence? What is our life force? Is the idea of who we are a product of the mind, social conditioning, and the thoughts we have? Or are we spiritual



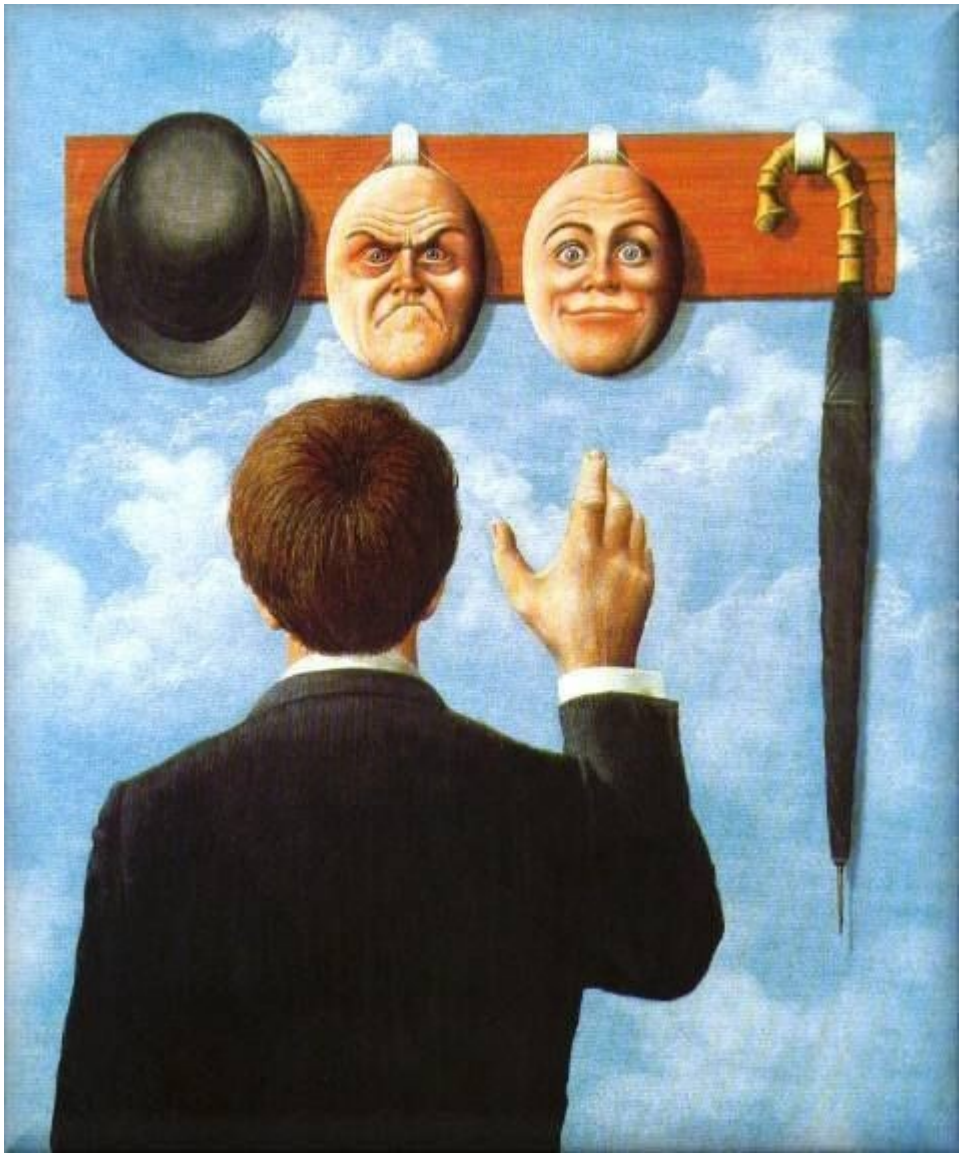
beings, both material and divine? In psychology and theories arising from the West, the ego plays a crucial role in the psyche( Greek, psukh■, which translates to breath, life, soul) It forms our self-concept and is an essential part of human cognitive function.



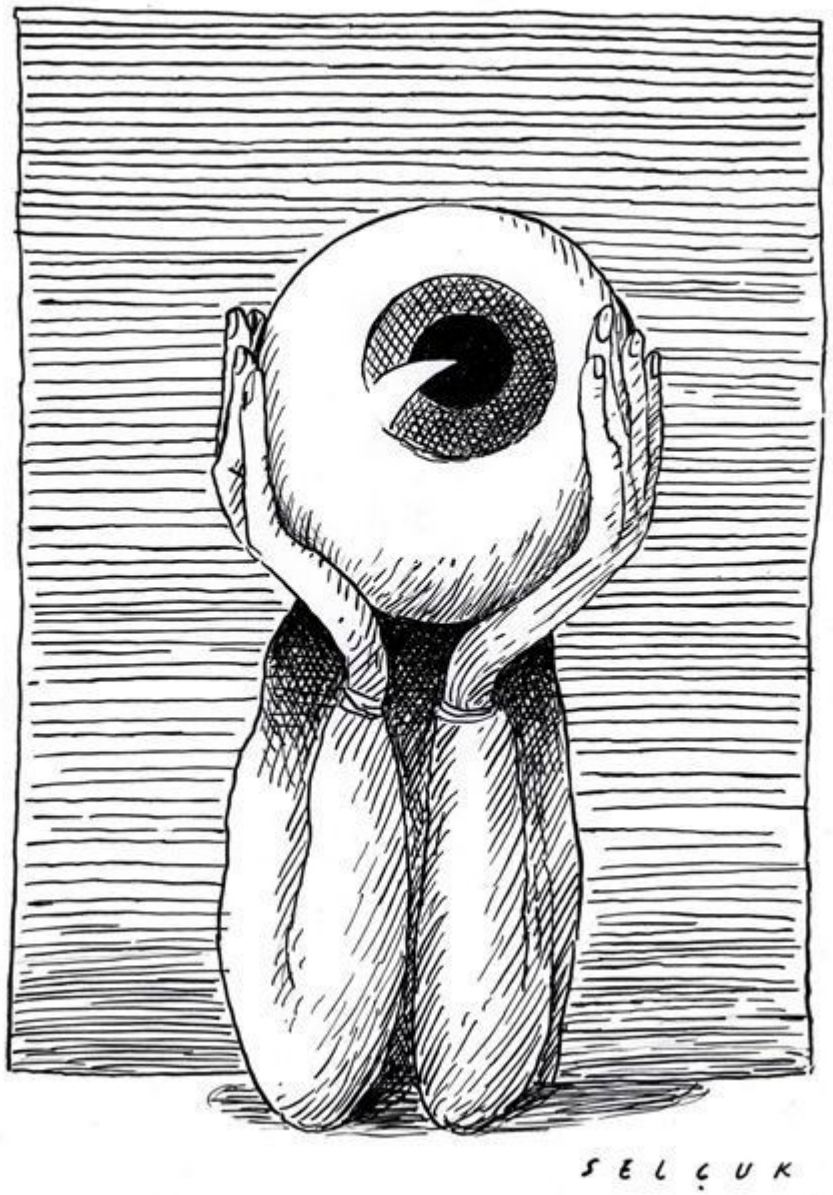
Conversely, on the spiritual path the ego is an obstruction to enlightenment. If left to its own devices, it can become a monster that needs to be tamed and transcended. When one mentions the Ego, one cannot avoid referring to the Freudian theory of the Id Ego and Superego.




Since Freud's school of psychoanalysis is quite renowned, I won't dwell on this subject. I personally find Carl Jung's conjectures far more interesting. In many ways, Jung bridges the gap between Freud’s model of the psyche and a more Eastern approach. Jung believed that while



the ego was the centre of the both the psyche and consciousness, it wasn’t the answer to the mystery of human life. Instead, he highlights the limits of the ego and placed a lot of importance on the subconscious. Those who are conscious of their Ego believe they know themselves




But the ego knows only its own contents, not the unconscious and its contents. Carl Jung, (The Undiscovered Self.) Jung entered in a more spiritual territory by acknowledging a mystical element of the psyche that wasn't necessarily governed by mere biological urges.



I can hear the echo of my posts...
Good night.

