

## Twitter Thread by Mitesh Patel



**Mitesh Patel**

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**Again sharing bank nifty intraday weekly straddle. How to play by selling straddle. Mostly will work on Monday to Wednesday. Sometimes on Friday. Why to pay your money to learn this if u can get it here. U need only practice. Let's go.**

Say bank nifty future is at 32000.

Sell both 32000 call and put.

Considering current volatile market lest say premium on Monday morning is 350 on both sides.

Sold with 700 points combine premium.

If bank nifty will trade in narrow range say +/- 100 hold it.

If moving 200 points

then exit previous sold straddle. Sell new one. Let's say BN moved +200

Now sell 32200. If bank nifty will move here within range then u will get profit through theta decay. Follow same procedure for next 150-200 pts move.

This is only for single straddle sell position.

Now in second case sell three straddle. 31900/32000/32100

In case of 100 points move no need to change.

If 200 + then future is 32200.

Exit 31900 and sell 32100 straddle.

If moving another 100 then exit 32000 and sell 32300. Continue same with 100 points move.

If no move then

it will consolidate between 32000-32200 or 32100 to 32300 and u will get theta decay.

This is for normal move. Sudden big move may come anytime. So keep SL in system.

If u r selling at 350-350 then keep SL in system 475 for both legs.

Practice it. No need to attend webinar.