

Twitter Thread by [UpSkillYourLife](#)

[UpSkillYourLife](#)

[@UpSkillYourLife](#)



51 Basic Skills Men Must Master In Life.

- Thread -

1. Basic household repair.
2. How to buy a dress. Fit, fabric, texture, patterns.
3. Improve posture.
4. Know your body measurement.
5. Communicate what you want to barber.
6. Give a good massage.
7. Read body language.
8. Drive car and bike.
9. Throw a punch.
10. Squat, dead lift, bench press properly.
11. How to spot fake news.
12. Stand up for others.
13. Take a good photo.
14. Give a speech.
15. Make a small talk.

16. Read books.
17. Tell a joke.
18. Money management.
19. Better with women.
20. Play a music instrument.
21. The art of conversation.
22. Interact with children.
23. Keeping fit.
24. Plan a date or tour.
25. Get service at a bar or hotel.
26. Plant a garden.
27. Improve voice.
28. Give advice that matters in one sentence.
29. Tell if someone is lying.
30. Name a book that matters.
31. Swimming.
32. Speak a foreign language.
33. Approach a woman out of your league.
34. Be loyal.
35. Recite one poem from memory.
36. Tell a woman's dress size.
37. Write a thank you note.
38. Be brand loyal to atleast one product.

39. Know your heroes well.

40. Tie a knot.

41. Negotiate better price.

42. Be informed.

43. Dress for the occasion.

44. Be known for finishing.

45. Invest in your style.

46. Learn a manual skill.

47. Learn how to fight.

48. Learn to play chess.

49. Learn situational awareness.

50. Learn to tell interesting stories.

51. Learn to maintain privacy online.

Get "Live Intentionally" - a 90 Day Self-Improvement project that will help you stop living in auto pilot.

It will change your

- habits,
- daily routine,
- mindset, and
- make you strong and disciplined ■

<https://t.co/r9m8p3qGJl>

Thanks for reading.

Follow (@UpSkillYourLife) for more threads on Skills, Habits, Psychology and Technology.