

## Twitter Thread by Spiritual GPS Service

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**7 signs you need a spiritual detox:**

**Happy people make you unhappy.**

**You seek negativity on social media.**

**You feel bitter or numb about your life.**

**You find pleasure in other people's misfortunes.**

**You are not sleeping well.**

**You are bored all the time.**

**You feel like a victim.**

Its time to seek something sacred.

Finding Joy from your existence.