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Astrological Importance Of Looking At Your Hands After Waking Up In The Morning ■■ -

It also a simple remedy for Luck & Fortune and activation of 3rd house in our birth chart.

Third house represents our hand in astrology. Planet Mercury ruled 3rd house. ■■

Mercury get exalted in virgo sign. In Vedic astrology mercury get exalted in Hasta Nakshatra. Sanskrit meaning of hasta is hand, which is also a symbol of this nakshatra. ■■

In Hinduism it is said that our hands house the goddess Laxmi, Saraswati and Lord Vishnu, so having a look at it first thing in the morning makes sure that the blessings of all these gods is bestowed upon us.chanting mantra while looking at your hands gives divine blessings.

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The fingertips of the palm is the dwelling of Goddess Lakshmi, central portion of the palm is of Maa Saraswati & the base of the palm of Lord Vishnu.

You can have your own version of the prayers. Anyone can do this after waking up in the morning. ■■

As Mercury denotes communication,business and 3rd house denotes career, art, siblings, short term travelling also long term travelling as it's 12th from the 4th house. Also denotes Gains and Fortune as it's 2nd from the 2nd house of gain of values.

So a simple remedy to enhance our luck, fortune, career and good communication skills is to look at our hands in the morning and use Hasta Nakshatra symbol i.e Hand symbol to activate 3rd house energy.■■ That's why many shops and business use hand symbol as it brings good luck.

In yogic hindu tradition our ancient sages says before you get up in the morning, you must rub your hands together and place your palms upon your eyes.
The scientific reason being that there is a heavy concentration of nerve endings in our hands.

If you rub your palms together, all the nerve endings are activated and the system awakens immediately.

Instantly, a whole range of nerves connected with our eyes and other aspects of your senses, awaken. Before we move your body, our body and brain should be active.