

## Twitter Thread by AAdhira ■■■■



**AAdhira ■■■■**

[@Aadhiraspeaks](#)



**There has been a lot of debate about #NonVegeterians being Hindu or not. It's a very sensitive & controversial topic to be touched. But it has to be put in some perspective**

**This is my attempt for that #Thread**

**1)**

**Hinduism as we know is a way of life.**

**God is not a vindictive**

2)

God but the ones who gives us choice.

There are certain laws that need to be followed & our God has taken various forms time to time to show us what must be the correct way of living.

In the evolution of Mankind, men was heavily dependent on Nature, animals & plants.

But

3)

As the civilization happened we could work around the better ways of creation what we need.

So basically it u see its not hard to miss

Shivji wearing a Mrig Chaa!

However, Hinduism always believed in empathy towards all sentient beings.

Unnecessary cruelty or killing

4)

Was always forbidden

If u take a look, all incidents of curse from Raja Dashrath to Shri Ram has been for Akhet or killing of animals for fun!

So definitely Hinduism believed in Animals having rights.

Coming to eating habits, the food had been divided into types

5)

Depending upon the kind of effects it has on the body

Some scriptures tell about what could be the effects of eating Non veg

But NO WHERE TO BEST OF MY KNOWLEDGE IT SAYS PEOPLE EATING NON VEG ARE NOT HINDUS EXCEPT BEEF

Beef has been clearly condemned bcoz the Cow & buffalo

6) were always revered. Also considered an asset.

Having said that there are

Lacto-vegetarian diets

exclude meat, fish, poultry, eggs, as well as foods that contain them. Dairy products, such as milk, cheese, yogurt and butter, are included.

Ovo-vegetarian diets

exclude meat

7) poultry, seafood and dairy products, but allow eggs.

Lacto-ovo vegetarian diets

exclude meat, fish and poultry, but allow dairy products and eggs.

Pescatarian diets

exclude meat and poultry, dairy, and eggs, but allow fish.

Vegan diets exclude

meat, poultry, fish, eggs

8)

and dairy products — and foods that contain these products

The similar health benefits & harms explained by Science too.

However it is matter of choice except for Cow or higher evolved animals.

The simple reason being Cow is considered mother for multiple reasons

9)

& the more complex the development of an animal, the more unacceptable it is to the body.

Besides the domesticated animals like Dogs, cats also form a bond with the family, unlike the other religion

Hence the debate about some one being Hindu or not being Hindus shouldn't

10)

Come.

Except for the Beef or higher evolved animals.

Also H@lal must completely be shunned by Hindus bcoz it involves unexplainable brutality that also has effect on the meat that's consumed.

Apart from Being used for Anti National activities.

My humble opinion ■