Twitter Thread by V A L E N C I A



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@SayItValencia

SIMPLE GOOGLE SEARCH ON FOOD & ELECTRICITY :

"Electricity is everywhere, even in the human body.
Our cells are specialized to conduct electrical currents.
Elements in our body; sodium, potassium, calcium & magnesium,
have a specific electrical charge.
Almost all cells can use these charged elements to generate electricity."

Some fruits & vegetables conduct electricity, often providing a current strong enough to act as a BATTERY.
Electrical power increases as you connect more fruits.

The acidity of citrus fruits acts as an electrolyte that conducts electricity.
(Orange, grapefruits, limes & lemons)

Why the body needs electricity?

Ions (atoms that has electric charge) carry the electrical energy necessary for many functions, including muscle contractions and transmission of nerve impulses.
Many bodily functions depend on electrolytes.

Simple.
I want to work WITH my body.

This took me 2 minutes to research.
It's simple mathematics
At this point, I'm starting to believe that a lot of people just want to be ignorant.
You have difficulty seeing through a decorum when someone who looks different than you tells you something.

@12D_ASCENSION thank you.

I asked Google if there was electricity in meat?
Google couldn't answer the question.

I'll still have to research

I'm doing this for me
I'm not one to debate.
You do what's best for you.
Research for you.
At the end of the day, this is YOUR life.
I'm feeling really good in mine.

Treating cancer with electric fields.
(Bill Doyle | TEDMED 2011)

@12D_ASCENSION Not everyone will watch this until the end, they will rather think that the electric fields is a Star Wars thing, and not cells inside our body.

https://t.co/46Rc2yZaCs

https://t.co/FEcGxafCv7

> What my thread on food & electricity taught me is that some people debate & argue all day.
> You scroll down their page, and they literally look for people to argue with.
> It's a vibration they can not let go of,
> it becomes their own way of escaping their own life, own thoughts.
>
> — V A L E N C I A (@SayItValencia) October 8, 2018