Twitter Thread by Masculine Ego



Masculine Ego
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IF YOU LACK DISCIPLINE, READ THIS:

1. Motivation is overrated. Discipline is underrated.

Motivation will fail you, Discipline will keep you going.

2. Define your goals and have a clear vision.

Stay disciplined with your efforts to succeed in any area of life.

3. Stop making excuses.

Excuses will turn your dreams into dust.

Discipline may be harder today but will make the future easier.

4. Time is the most important resource you have.

Being disciplined with your time will help you manage it more efficiently.

Discipline will help you build time management skills.

5. Breaking your old habits, forming new ones, and reaching your goals make you feel good.

These victories boost your self-confidence.

Staying disciplined with a routine, and reaching your goals helps boost your self-esteem.

6. Stress destroys happiness.

But when you're disciplined, you feel less stressed than before because you are managing your time efficiently.

Discipline will help you make your life less chaotic.

7. Your lack of discipline can have bad effects on your life.

You might struggle to meet deadlines or spend enough time with your loved ones.

Because of these, you become unreliable.

But being disciplined helps you change that.

Discipline makes you much more reliable.

Do you struggle with basic discipline?

Do you feel miserable and full of self-hatred because of the choices you make?

Do you want more out of life?

The only solution you need is a CHAD MINDSET

Become a chad today:
https://t.co/MQhDAUcPHC

Consider joining my free Telegram channel:
https://t.co/58jB7bA0nw

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> — Masculine Ego (@MasculineEgo_) January 2, 2023