

Twitter Thread by Aditya Todmal

Aditya Todmal

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I spent over 100 hours studying the best patterns in Technical Analysis taught to me by @niki_poojary.

Turns out, patterns trading is simple—if you follow these 8 Patterns:

Let's start: ↓

While studying her Twitter profile and with constant talks with her, I found these to be the most important patterns she focuses on always.

Then I wrote a small summary of what each pattern means.

Also attached are some examples from her tweets.

1/ Cup and handle Pattern

Happens during an uptrend.

The cup portion has a U-shaped appearance.

The bears are getting weaker as they are unable to drive the prices below the last low.

Subhasish Pani uses this a lot in stocks to spot bullish trades.

CUP AND HANDLE PATTERNS



Eg 1:

<https://t.co/eOkeqIR3VB>

5: When to play directional:

Whenever the index is moving in a single direction, its important to go with the trend.

A few weeks ago when BNF broke out of the cup and handle pattern, all we had to do was sell PEs.

Pls note: weekly TF chart is attached to just show the C&H BO pic.twitter.com/z0wgUzJW8t

— Nikita Poojary (@niki_poojary) [December 18, 2022](#)

Eg 2:

<https://t.co/Qf0K5reib9>

[#VOLTAS](#) Another cup & handle pattern for cash positional pic.twitter.com/Jsc99xJfwY

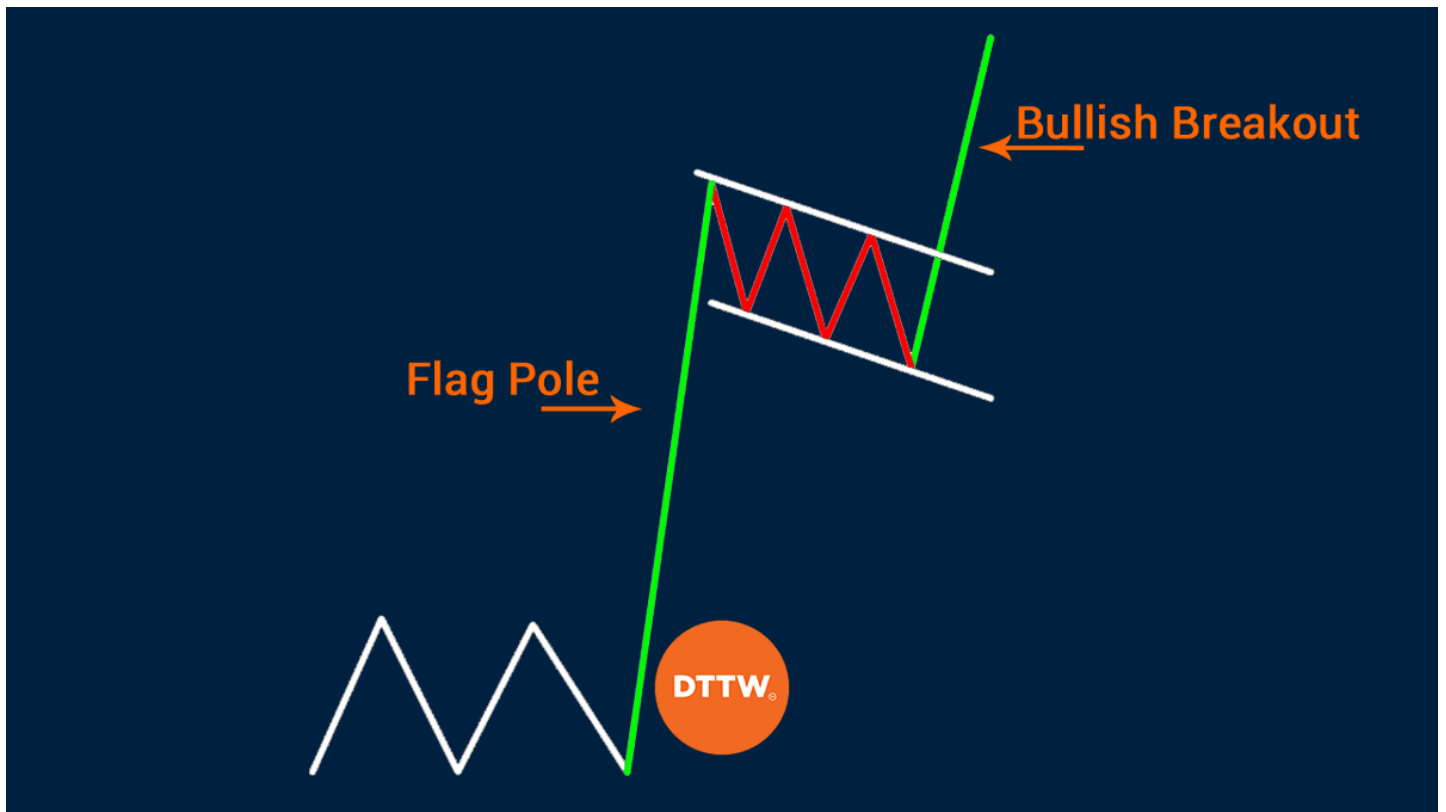
— Nikita Poojary (@niki_poojary) [October 23, 2019](#)

2/ Bullish Flag Pattern

Happens after a trending move.

After constant lower lows in a downward-sloping rectangle, the market breaks out.

These patterns are very powerful if the down move is still higher than 50% of the distance of the up move.



Eg 1:

<https://t.co/92CHkFXLFt>

#BANKNIFTY

BO of bullish flag <https://t.co/MxidY843Mf> [pic.twitter.com/2IVqc8fFTh](https://t.co/2IVqc8fFTh)

— Nikita Poojary (@niki_poojary) [March 31, 2022](#)

Eg 2:

<https://t.co/JLHXFBMFmA>

This bullish flag dint get activated <https://t.co/CR29aOk7Ei>

— Nikita Poojary (@niki_poojary) [November 4, 2022](#)

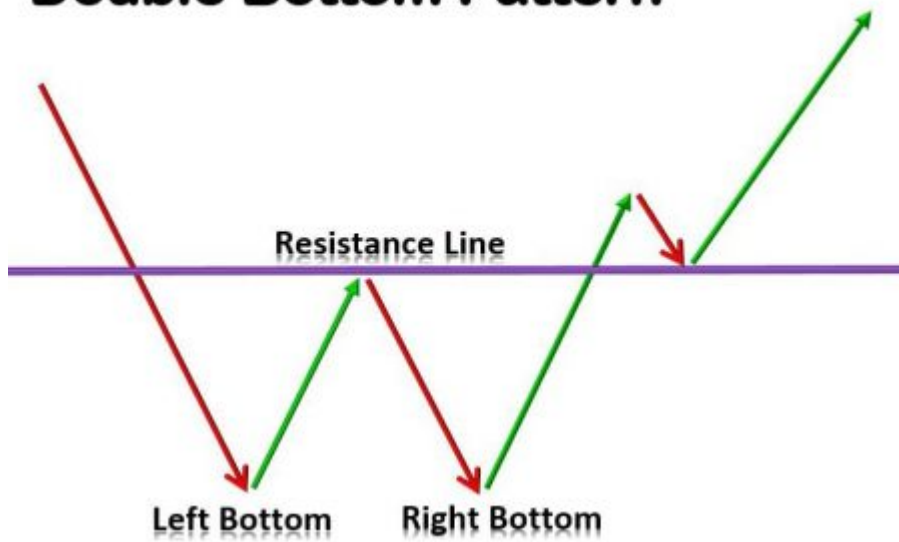
3/ Double Bottom Pattern

It is a bullish pattern that has the shape of a "W".

The market tries twice to break the lows but is unsuccessful.

This is a reversal pattern to observe during a downtrend for a bullish trade.

Double Bottom Pattern



4/ Double Top Pattern

It is a bearish pattern that has the shape of an "M".

The market tries twice to break the highs but is unsuccessful.

This is a reversal pattern to observe during an uptrend for a bearish trade.

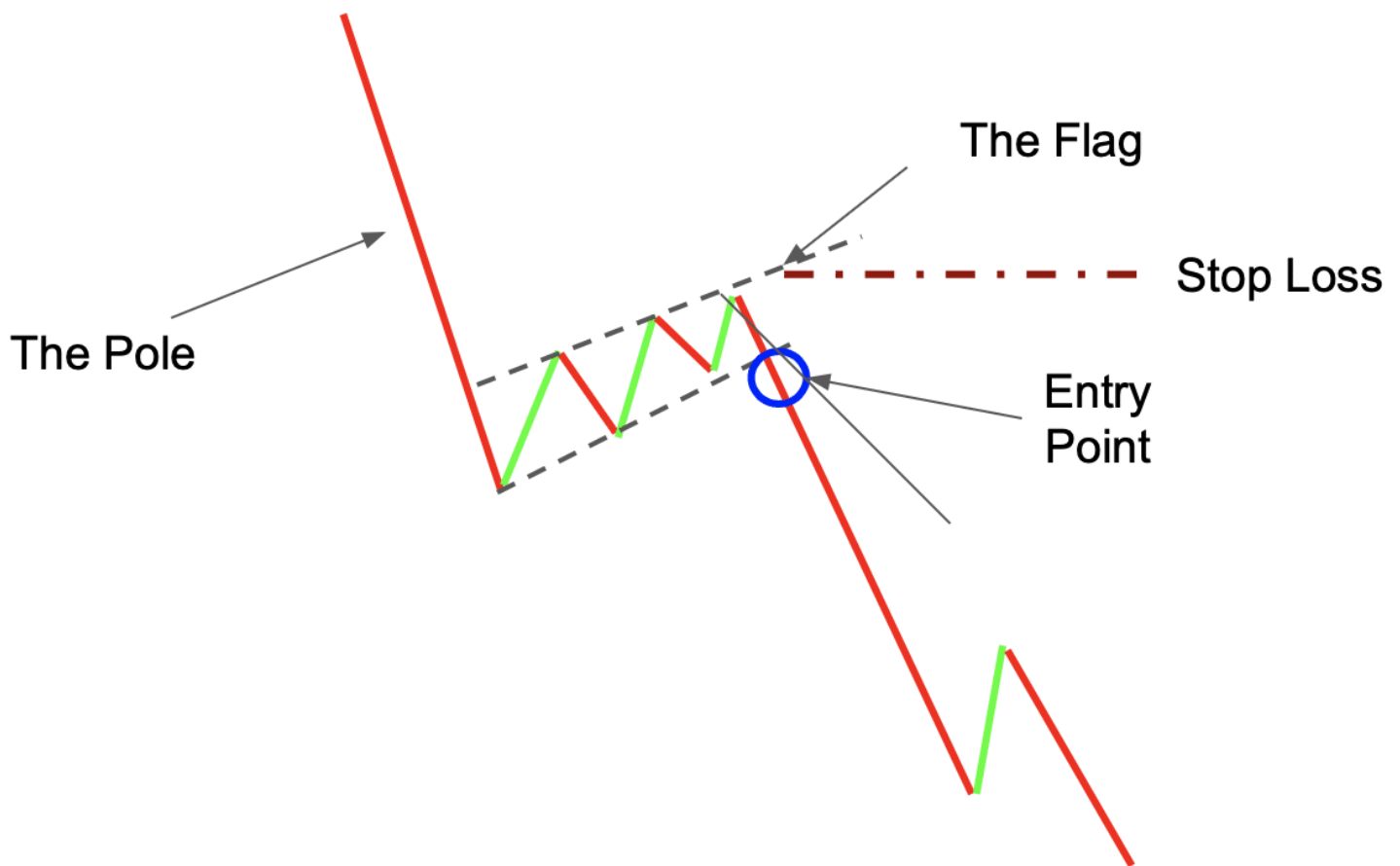


5/ Bearish Flag Pattern

Happens after a trending move.

After constant higher highs in an uptrend-sloping rectangle, the market breaks down.

These patterns are very powerful if the up move is still lower than 50% of the distance of the down move.



Eg 1:

<https://t.co/43Xawq2bzM>

#INDUSINDBANK

Bearish flag in the making.

Below 1120 can see 1075 levels and possibly even the next support zone. pic.twitter.com/4e5wmbKEoi

— Nikita Poojary (@niki_poojary) [November 20, 2022](#)

Eg 2:

<https://t.co/3ZTmh8orAV>

#BANKNIFTY

Bearish flag under formation pic.twitter.com/loUvHjIKY6

— Nikita Poojary (@niki_poojary) [September 15, 2022](#)

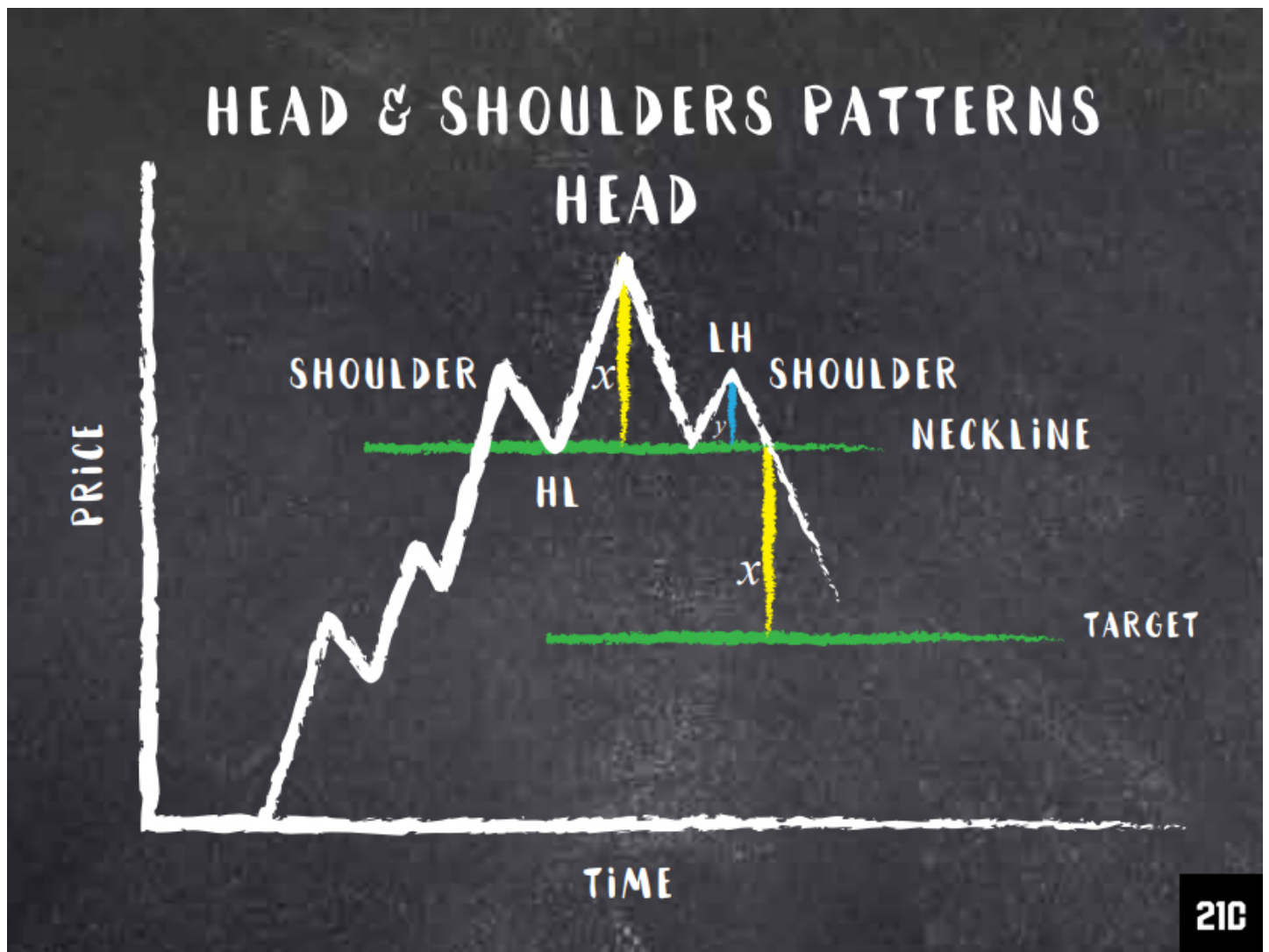
6/ Head and Shoulders Pattern

Signifies a change from a bullish to a bearish trend.

The bullish momentum is reducing as bulls are not able to take out their highs with force.

Bears are fully in control.

We look for a trade below the breakdown of a support in such patterns.



Eg 1:

<https://t.co/9NG6tIPyva>

#NIFTY

Clear BD of Head & Shoulders Pattern

Tgts updated on the chart pic.twitter.com/1evhxbQFxG

— Nikita Poojary (@niki_poojary) [November 22, 2021](#)

7/ Inverse Head and Shoulders Pattern

Signifies a change from a bearish to a bullish trend.

The bearish momentum is reducing as bears are not able to take out the lows with force.

Bulls are fully in control.

We trade above the breakout of a resistance in such patterns.



Eg 1:

<https://t.co/8Ti0mwv5Rr>

#NIFTYAUTO Inverse head & shoulders under formation, no breakout out yet, not pre-empting, need to wait for a close above 8530 levels to say that the bottom reversal is in place. pic.twitter.com/H8VnCd4B7n

— Nikita Poojary (@niki_poojary) [December 30, 2019](#)

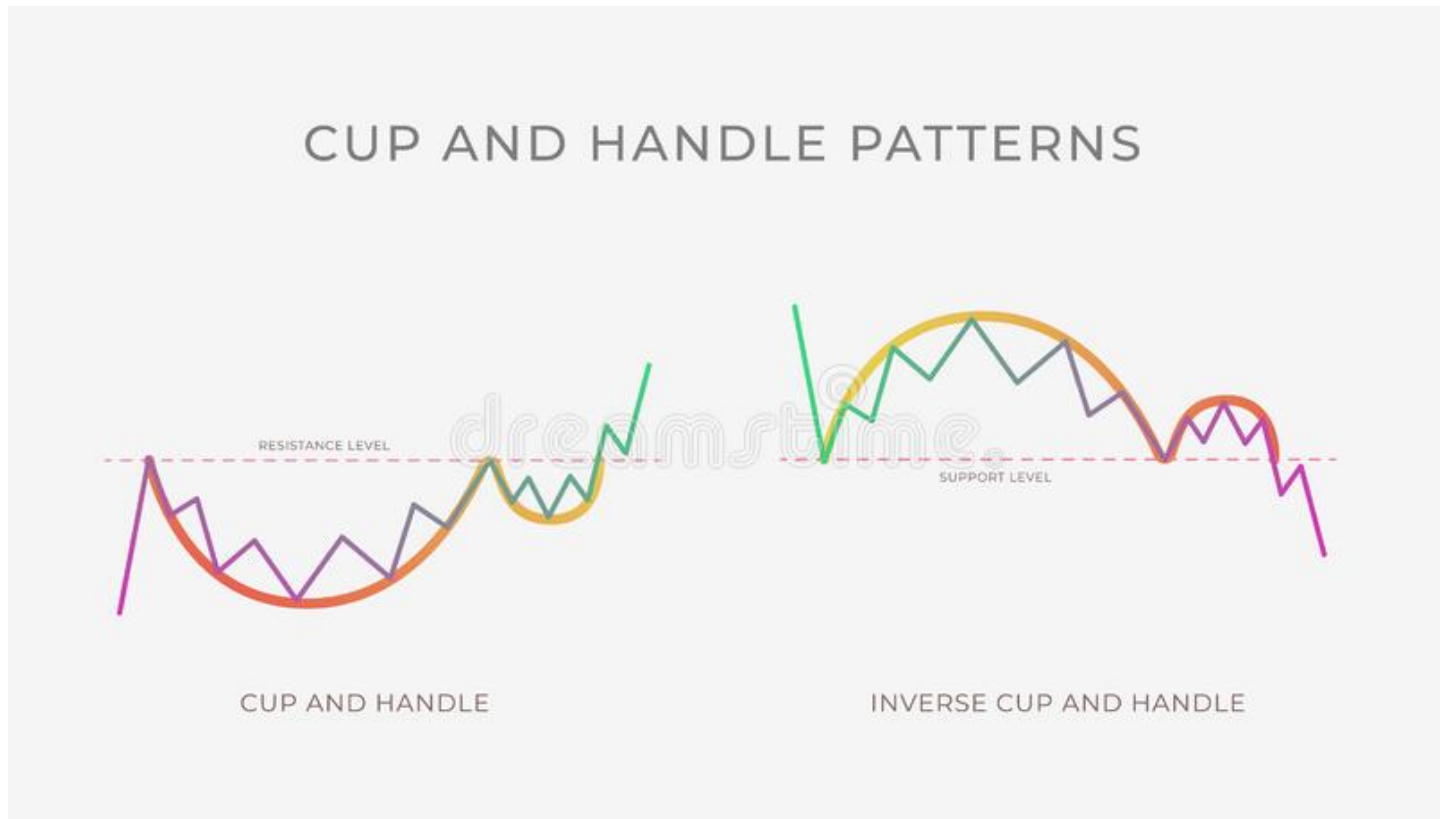
8/ Inverse Cup and Handle Pattern

Happens during a downtrend.

The cup portion has a reverse U-shaped appearance.

The bulls are getting weaker as they are unable to drive the prices above the last high.

Subhasish Pani uses this a lot in stocks to spot bearish trades.



That's a wrap!

If you enjoyed this thread:

1. Follow us @Adityatodmal & @niki_poojary for more threads on Price action, Option Selling & Trading growth.

We've got you covered.

2. RT the first Tweet to share it with your audience.

I appreciate it! <https://t.co/l7vakmmaJB>

There are so many tools related to trading.

But very few provide any real value.

Here are 7 of the most valuable FREE Tools you're not using (but should be): \U0001f9f5

Collaborated with @niki_poojary

— Aditya Todmal (@AdityaTodmal) July 9, 2022