

Twitter Thread by [HanSolar.eth](#)



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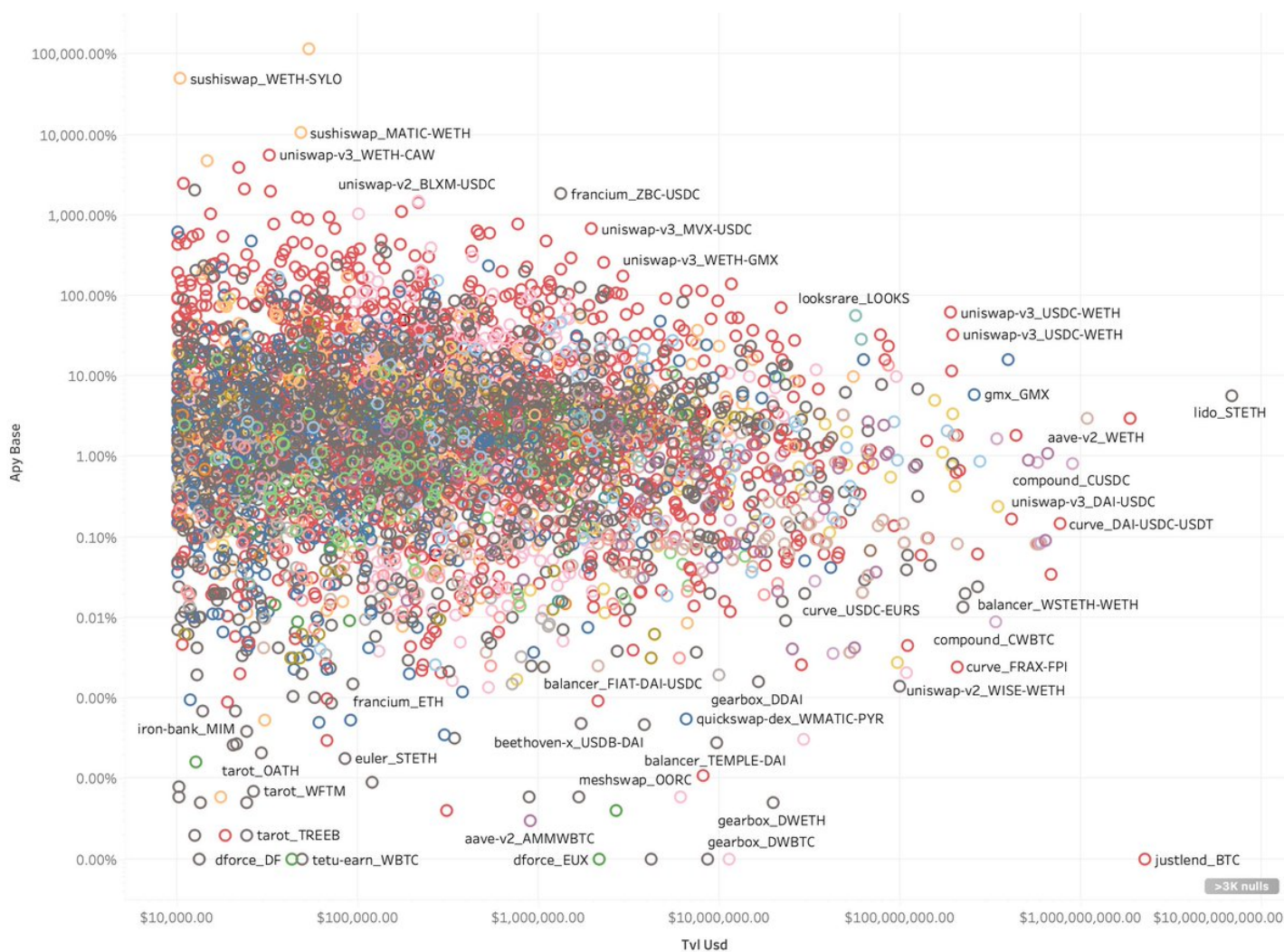


■■■APY■■■

I spent my afternoon combing through 5,510 sources of yield data from [@DefiLlama](#) so you won't have to■

Aim : find a safe stable yield farm to park \$100k

I used *base yield* and not the combined yield to look for protocols that offer #realyield



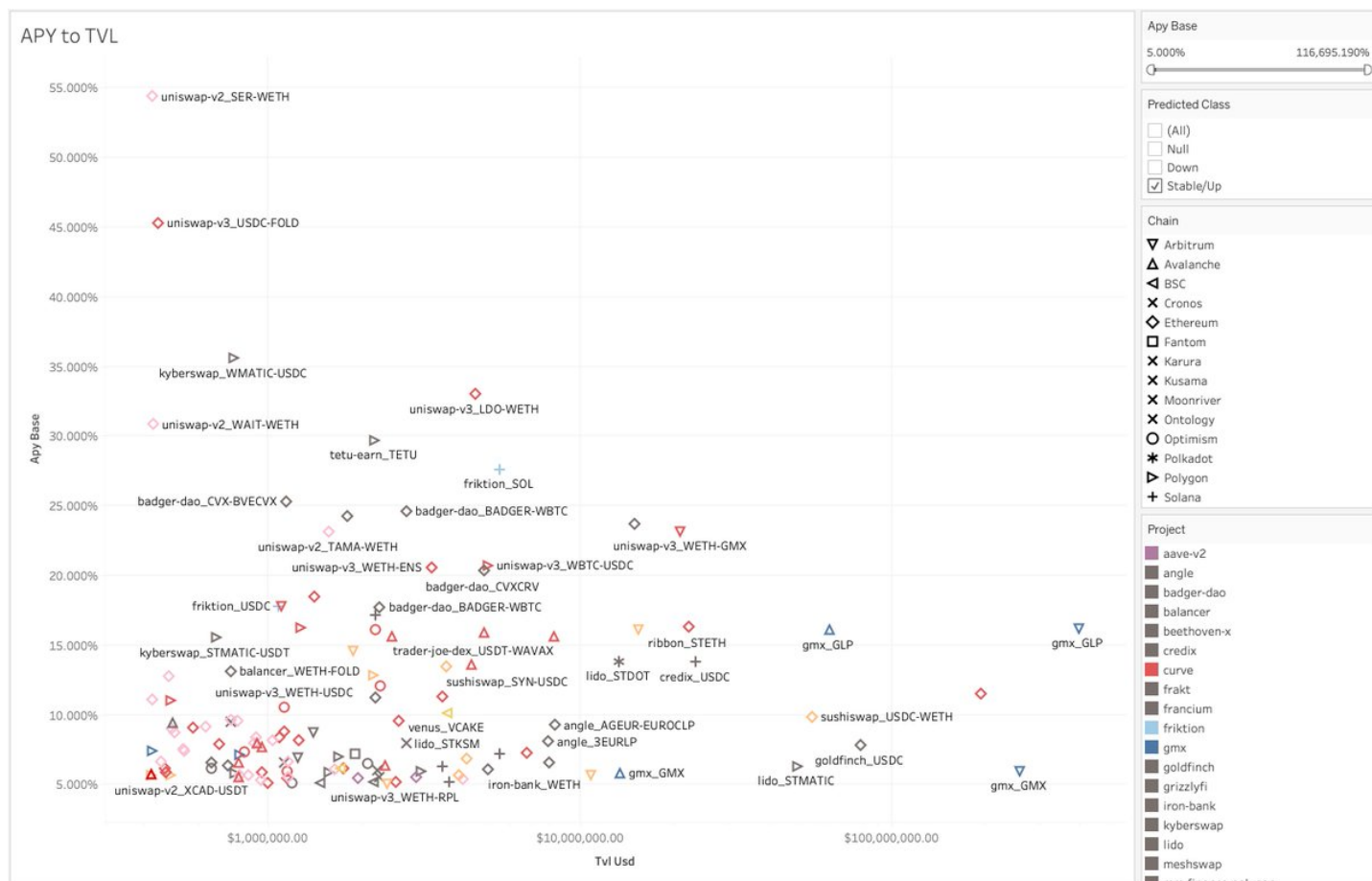
Started filtering out sources first with their ML-based yield prediction column.

1. Low/No confidence filtered

5,510 ■ 2,693

2. Base-rate higher than the risk-free rate : 5%

2,693 ■ 327 (YUGE drop)



What chains are the best yields on?

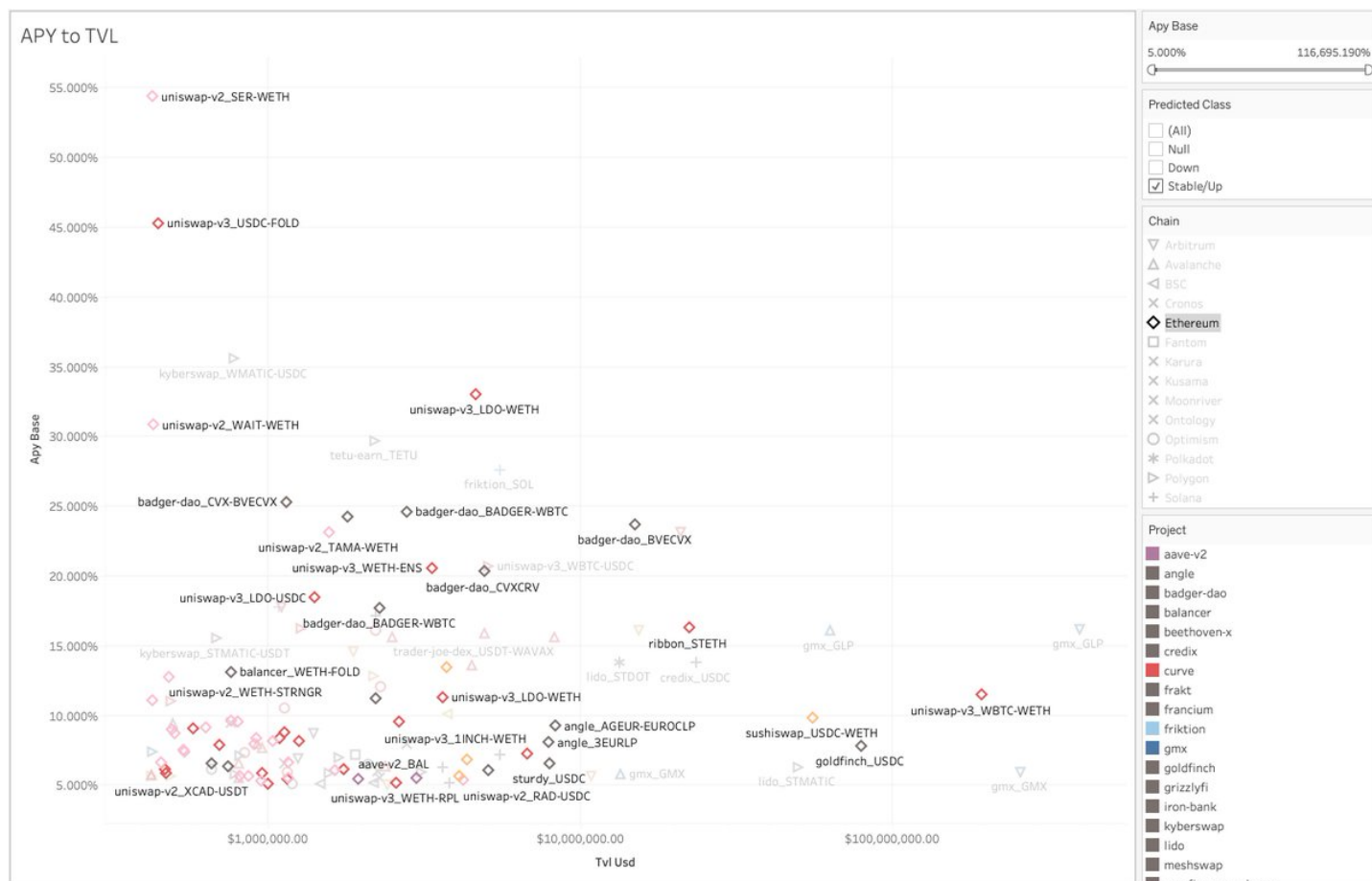
ETHEREUM

Highlighting ETH shows a bunch of UNIV2 and v3 pairs

- Coins incl. \$LDO \$FOLD \$WAIT \$ENS

As well as pools from [@BadgerDAO](#) [@SushiSwap](#) [@AngleProtocol](#)

[@goldfinch](#) [fi](#) also displaying massive TVL and decent APYs at 7.8%



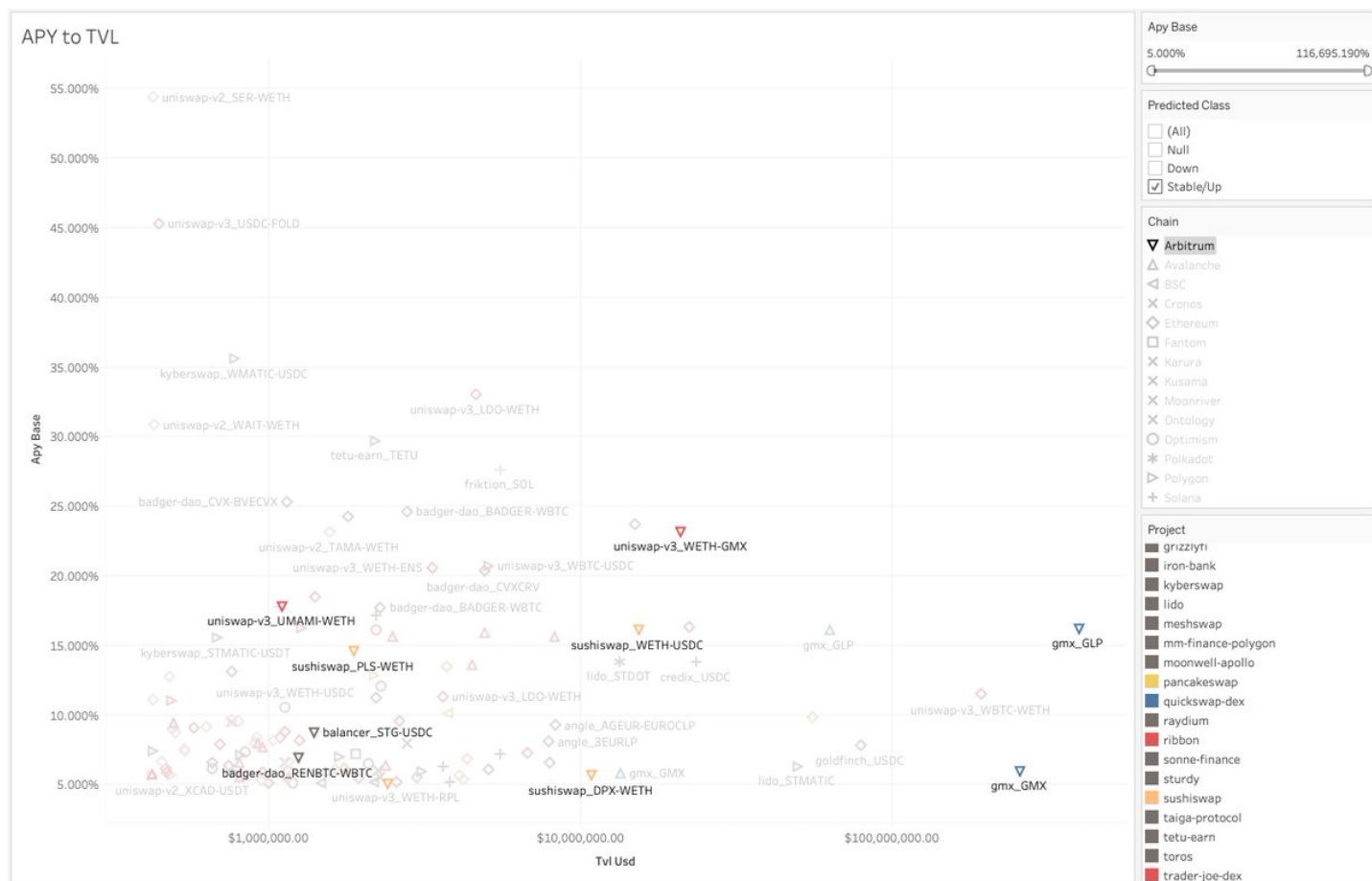
ARBITRUM

\$GMX's GLP boasts the highest TVL and an impressive 16.2% APY

The UNIV3 ETH-GMX pair also currently yields a fairly high 23%

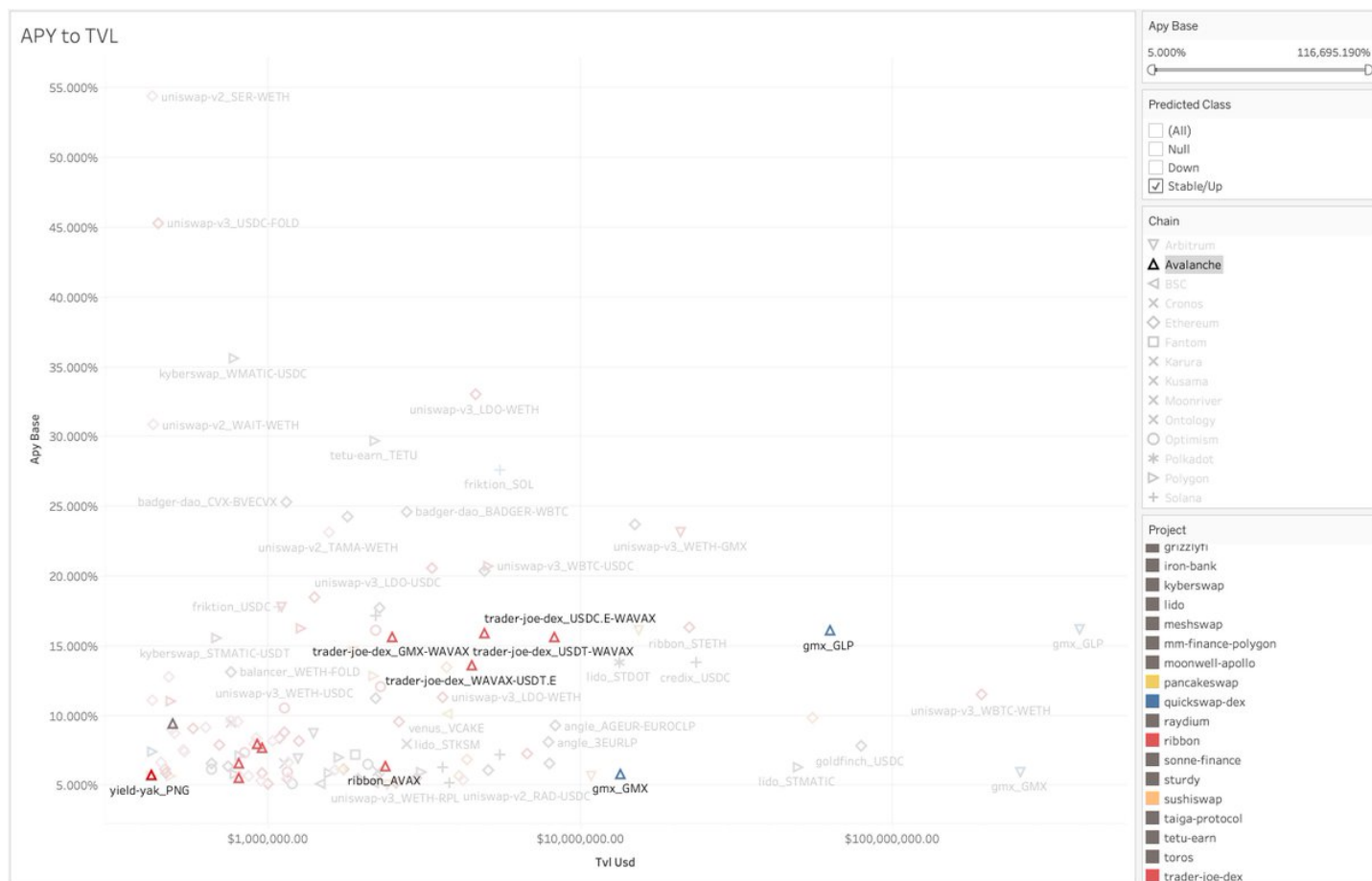
OPTIMISM

Yields aren't as competitive as its L2 brother, but there are some opportunities like the \$LYRA pair



AVALANCHE

The stable yields on the snowy C-Chain top out around 16% with yields from \$GMX's GLP(again) and AVAX pairs on [@traderjoe_xyz](#) (These are also boosted so get an added bonus)

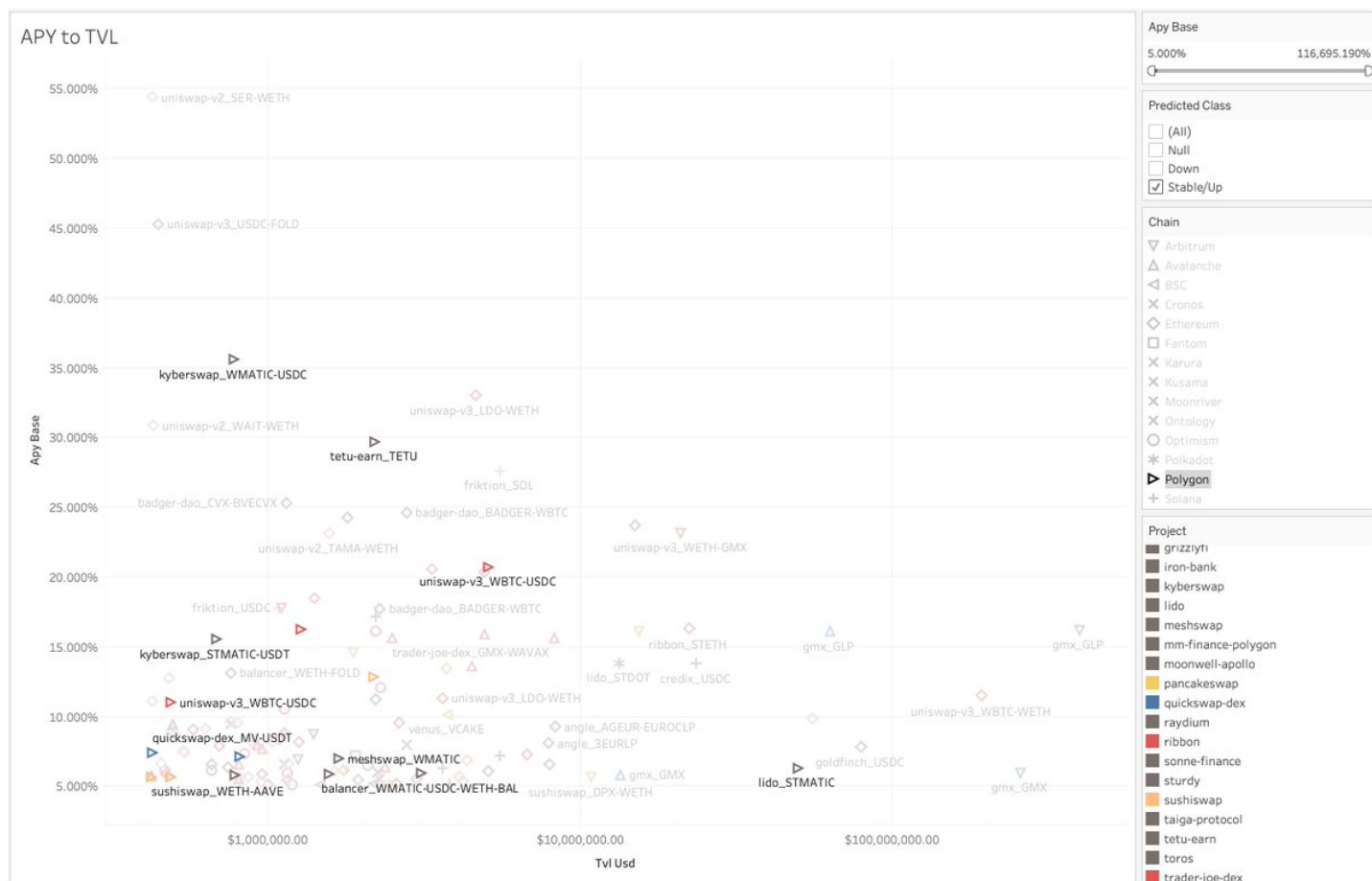


POLYGON

Surprisingly, polygon is seeing elevated APYs for projects

\$MATIC-USDC pair on [@KyberNetwork](#) is offering a whopping 35%

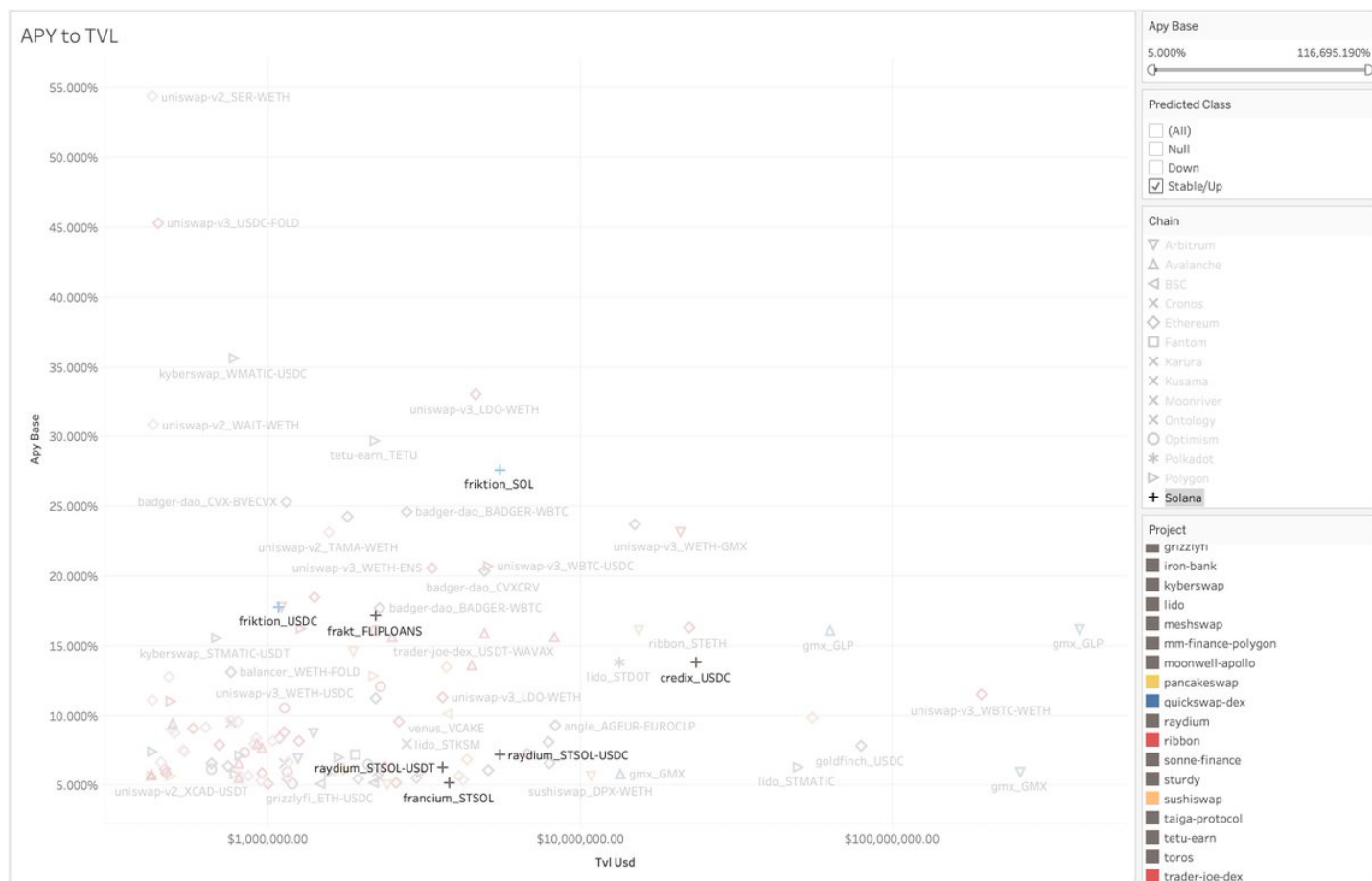
[@tetu_io](#) seems like a good one at almost 30% APY as well as the classic UNIV3 BTC-USDC pair at 20%



SOLANA

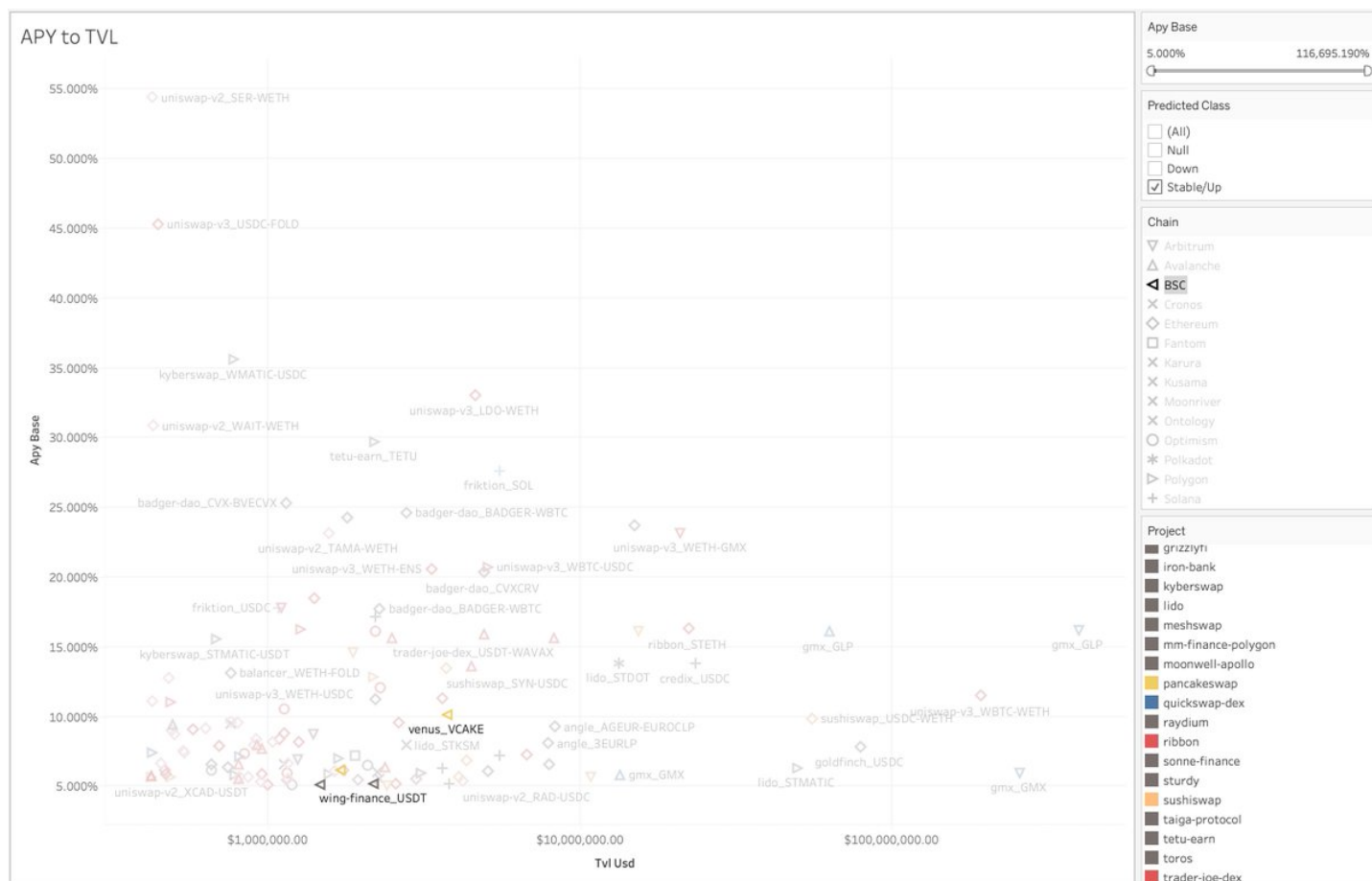
The data says [@frikion_labs](#) offers 27% on \$SOL, but these are actually covered calls. Investors can lose it big when there's lots of volatility

First time hearing about [@FRAKT_HQ](#) at 17% and [@Credix_finance](#) at 13.7%, but could also be good plays



BSC, Polkadot and Fantom don't seem to be worth going to in search for good yields...

This is probably obvious, but same for Cronos, Karura, Kusama, Moonriver and Ontology



After sifting through the data, it looks like I am going to stick with \$GMX GLP offering from 15-20% (downside hedged with shitcoins of FTX)

Everything else is either

- ephemeral
- unstable
- too low
- too small
- imminently ruggable
- not actually yield

Check out the data from here

<https://t.co/VKcHJ0lYf9>

Thanks to [@0xngmi](#) for offering all this data for free!

llamas RULE

Also if you enjoyed this thread come join the chat! Bear markets are for making frens!■

<https://t.co/FenLkcLGQK>