

Twitter Thread by Ronin Sansara ■■



Ronin Sansara ■■

[@RoninSansara](#)



9 Self-Care Quotes In Everyday Life

1.

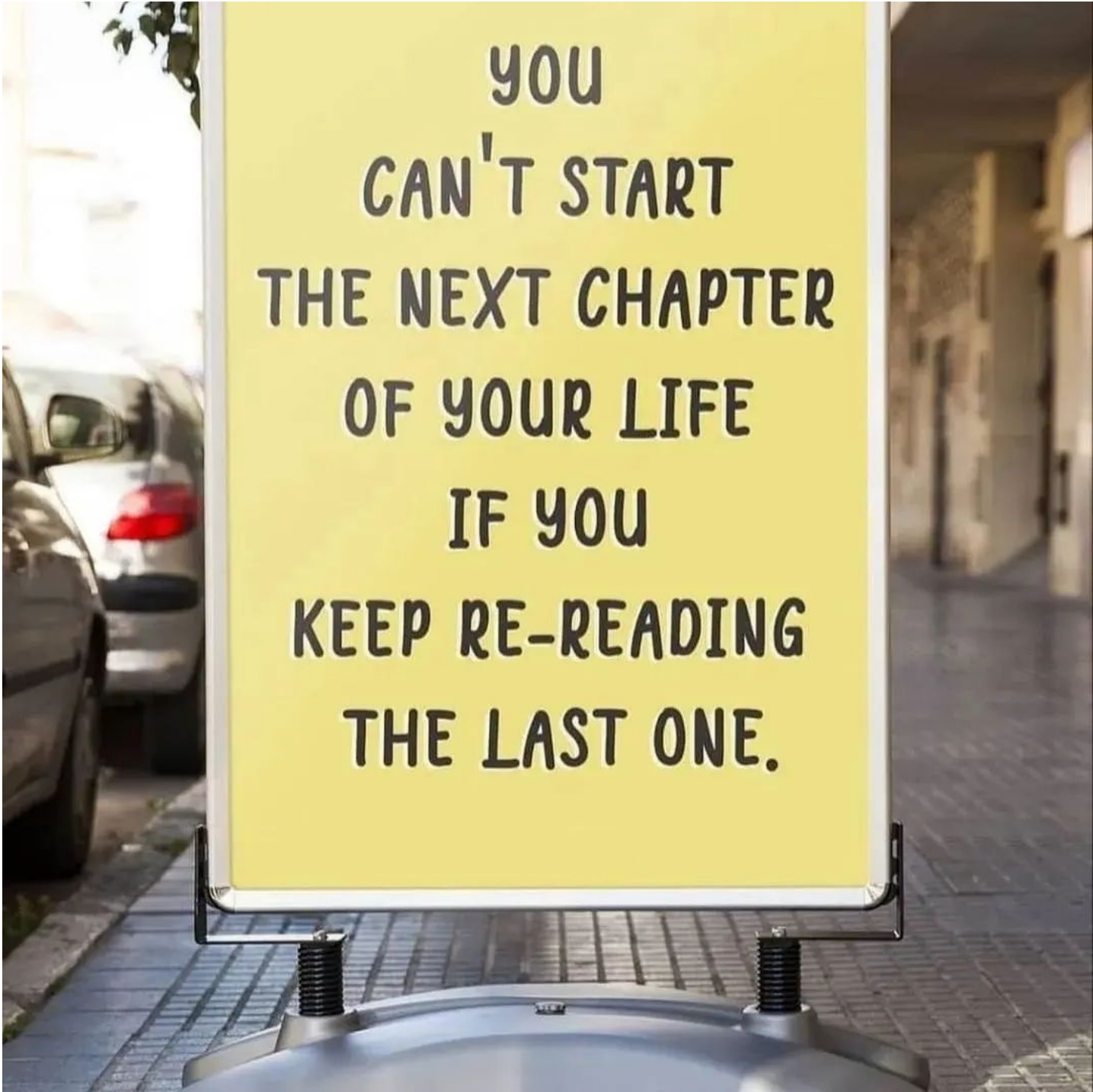


**DON'T LET YOUR
BAD DAYS
TRICK YOU INTO
THINKING YOU
HAVE A BAD LIFE.**



SOMETIMES WE CREATE
OUR OWN HEARTBREAKS
THROUGH EXPECTATIONS.



A yellow rectangular sign with a white border is mounted on a silver metal stand. The sign features a motivational message in a bold, black, sans-serif font. The background of the image shows a blurred street scene with a car on the left and a building on the right.

**YOU
CAN'T START
THE NEXT CHAPTER
OF YOUR LIFE
IF YOU
KEEP RE-READING
THE LAST ONE.**











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<https://t.co/nB0gPX3y2J>

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<https://t.co/sM3KtOQkwE>

And that's a wrap! ■

If you enjoyed it, please retweet the 1st post and follow me [@RoninSansara](https://twitter.com/RoninSansara)

I made this channel to help you:

■ Master Your Mind

■ Find Your Purpose

■ Become The Best You

Thanks for reading and have a great day! ■ ■

<https://t.co/mO9ei9jqfy>

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1. pic.twitter.com/FsNj6TI1DE

— Ronin Sansara \U0001f64f\U0001f3fd (@RoninSansara) [October 26, 2022](#)