

Twitter Thread by Peaceful mind

Peaceful mind

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10 Secrets to a Happy, Healthy Life:

1) Master the art of timing

LAW

35

MASTER THE ART

OF TIMING

JUDGMENT

Never seem to be in a hurry—hurrying betrays a lack of control over yourself, and over time. Always seem patient, as if you know that everything will come to you eventually. Become a detective of the right moment; sniff out the spirit of the times, the trends that will carry you to power. Learn to stand back when the time is not yet ripe, and to strike fiercely when it has reached fruition.

2) Use absence to increase respect and honor

LAW

16

USE ABSENCE TO
INCREASE RESPECT
AND HONOR

JUDGMENT

Too much circulation makes the price go down: The more you are seen and heard from, the more common you appear. If you are already established in a group, temporary withdrawal from it will make you more talked about, even more admired. You must learn when to leave. Create value through scarcity.

3) Always say less than necessary

LAW

4

**ALWAYS SAY LESS
THAN NECESSARY**

JUDGMENT

When you are trying to impress people with words, the more you say, the more common you appear, and the less in control. Even if you are saying something banal, it will seem original if you make it vague, open-ended, and sphinxlike. Powerful people impress and intimidate by saying less. The more you say, the more likely you are to

4) Learn to keep people dependent on you

LAW

11

LEARN TO KEEP PEOPLE

DEPENDENT ON YOU

JUDGMENT

To maintain your independence you must always be needed and wanted. The more you are relied on, the more freedom you have. Make people depend on you for their happiness and prosperity and you have nothing to fear. Never teach them enough so that they can do without you.

5) Win through your actions, never through argument

LAW

9

**WIN THROUGH YOUR
ACTIONS, NEVER
THROUGH ARGUMENT**

JUDGMENT

Any momentary triumph you think you have gained through argument is really a Pyrrhic victory: The resentment and ill will you stir up is stronger and lasts longer than any momentary change of opinion. It is much more powerful to get others to agree with you through your actions, without saying a word. Demonstrate, do not explicate.

6) Use selective honesty and generosity to disarm your victim

LAW

12

**USE SELECTIVE HONESTY
AND GENEROSITY TO
DISARM YOUR VICTIM**

JUDGMENT

One sincere and honest move will cover over dozens of dishonest ones. Open-hearted gestures of honesty and generosity bring down the guard of even the most suspicious people. Once your selective honesty opens a hole in their armor, you can deceive and manipulate them at will. A timely gift—a Trojan horse—will serve the same purpose.

7) Think as you like behave like others

THINK AS YOU LIKE

BUT BEHAVE LIKE

OTHERS

JUDGMENT

If you make a show of going against the times, flaunting your unconventional ideas and unorthodox ways, people will think that you only want attention and that you look down upon them. They will find a way to punish you for making them feel inferior. It is far safer to blend in and nurture the common touch. Share your originality only with tolerant friends and those who are sure to appreciate your uniqueness.

8) Make your accomplishments seem effortless

LAW

30

MAKE YOUR
ACCOMPLISHMENTS
SEEM EFFORTLESS

JUDGMENT

Your actions must seem natural and executed with ease. All the toil and practice that go into them, and also all the clever tricks, must be concealed. When you act, act effortlessly, as if you could do much more. Avoid the temptation of revealing how hard you work—it only raises questions. Teach no one your tricks or they will be used against you.

9) Avoid stepping into a great man's shoes

LAW

41

AVOID STEPPING INTO

A GREAT MAN'S SHOES

JUDGMENT

What happens first always appears better and more original than what comes after. If you succeed a great man or have a famous parent, you will have to accomplish double their achievements to outshine them. Do not get lost in their shadow, or stuck in a past not of your own making: Establish your own name and identity by changing course. Slay the overbearing father, disparage his legacy, and gain power by shining in your own way.

10) Court attention at all cost

LAW

6

COURT ATTENTION

AT ALL COST

JUDGMENT

Everything is judged by its appearance; what is unseen counts for nothing. Never let yourself get lost in the crowd, then, or buried in oblivion. Stand out. Be conspicuous, at all cost. Make yourself a magnet of attention by appearing larger, more colorful, more mysterious than the bland and timid masses.

Study mathematics to understand physics.

Study physics to understand chemistry.

Study chemistry to understand biology.

Study biology to understand psychology.

Study psychology to understand economics.

Study economics and philosophy to be free. ■

<https://t.co/761k3ChRBk>

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<https://t.co/ueQiDPQ2PV>

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— Peaceful mind (@Peace_mi_1) [October 19, 2022](#)