

Twitter Thread by [Evil Saint](#) ■



Evil Saint ■

[@sanctemalum](#)



NON-NEGOTIABLE QUALITIES EVERY MAN MUST POSSESS

—read only if you're a man



1 Physical Strength

This is an absolute necessity.

You can have all the money and chicks, and it still wouldn't matter if you're weak.

A man needs virility to truly feel alive. You must be striving towards achieving top physical form at all times.

2 Ability To Make Money

If you're that guy at the table who is scared to say shit because he's hesitant about the costs, then you're gonna be on the losing side one too many times.

You need money so your decisions aren't influenced by cost-calculation but by the benefits.

3 Communication Skills

Doesn't matter if you're the laid back sarcastic type or the hyper-quick recoil kinda guy.

When verbal attacks come you must be capable of diffusing them and throwing punches back graciously.

Verbal prowess is a weapon.

4 Mental Fortitude

A weak mind collapses at every instance of resistance.

If you have everything mentioned above and yet your mind is weak, you won't even get a chance to win.

You will be attacked at every junction, you must solidify your mind and make iron your resolve.

A weak mind paralyses the body and the soul.

Your money, strength and verbal prowess won't matter if they can get you emotionally unstable and shaken in any way possible.

And trust, they will use any means possible.

5 Quickness Of Action

Lastly, you must be quick in making decisions when needed.

You cannot be caught endlessly contemplating when action needs to be taken.

Endless hesitation makes you weak and signifies fear of dealing with consequences.

Let your intuition guide you and prepare yourself to both take responsibility for and endure the consequences of whatever decisions you make.

If you enjoyed this thread, you will love SSU.

The community is your ticket to a life upgrade.

-300+ articles

-12+ workshops

-6+ free books

-4 courses

...and lots more. Social Skills University is everything you need.

<https://t.co/iU40Bw0k5n>