

## Twitter Thread by Mind Essentials



**Mind Essentials**

[@Mind\\_Essentials](#)

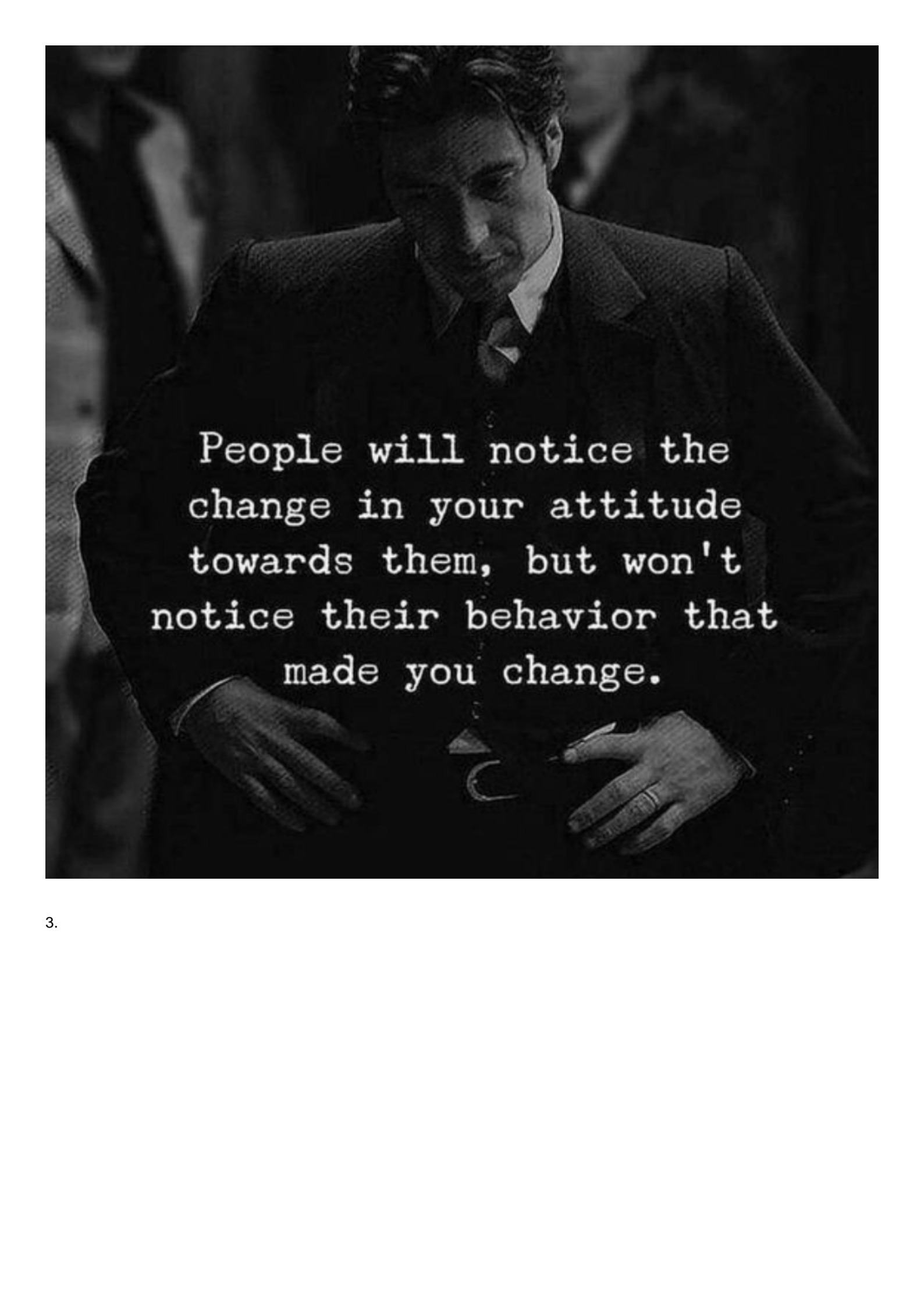


**15 powerful lines from movies about psychology & life:**

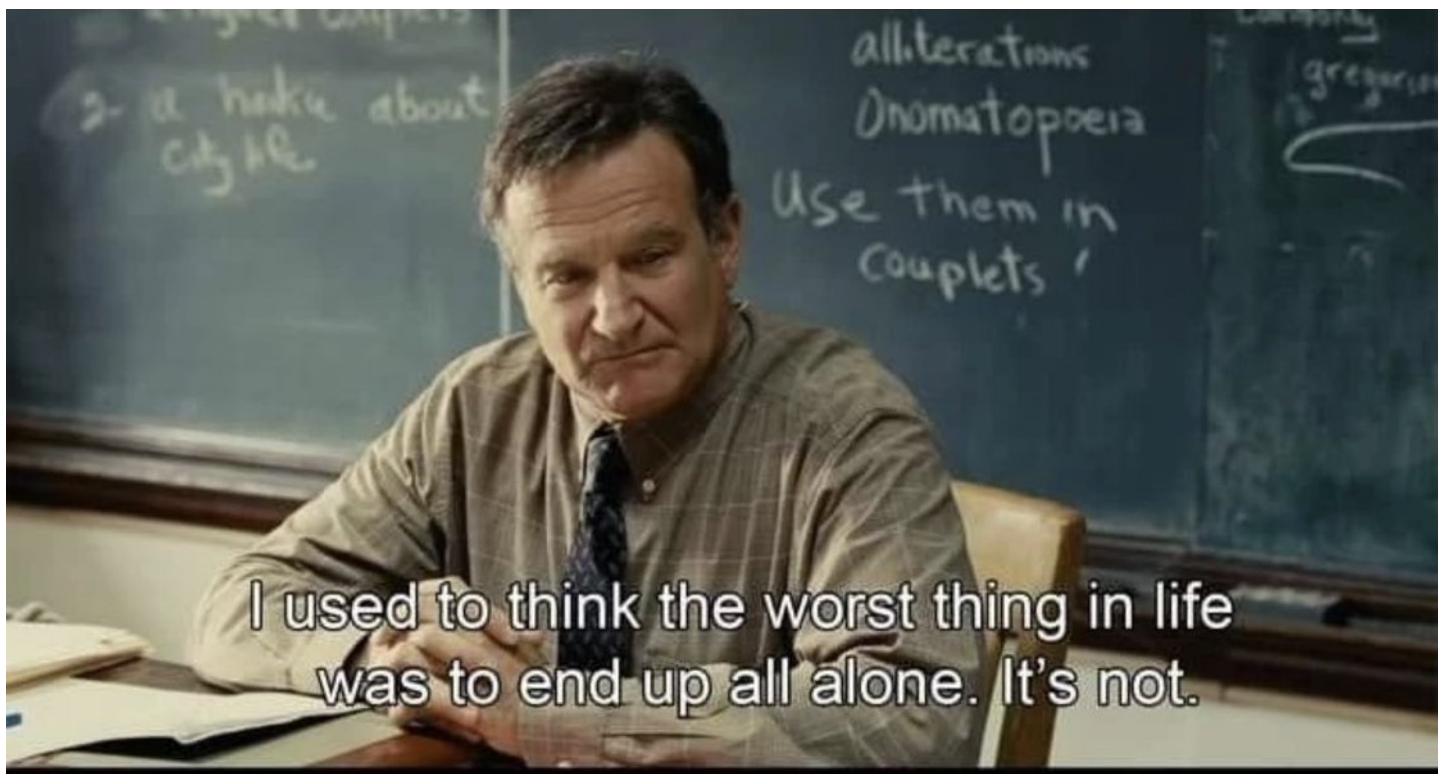
**1.**



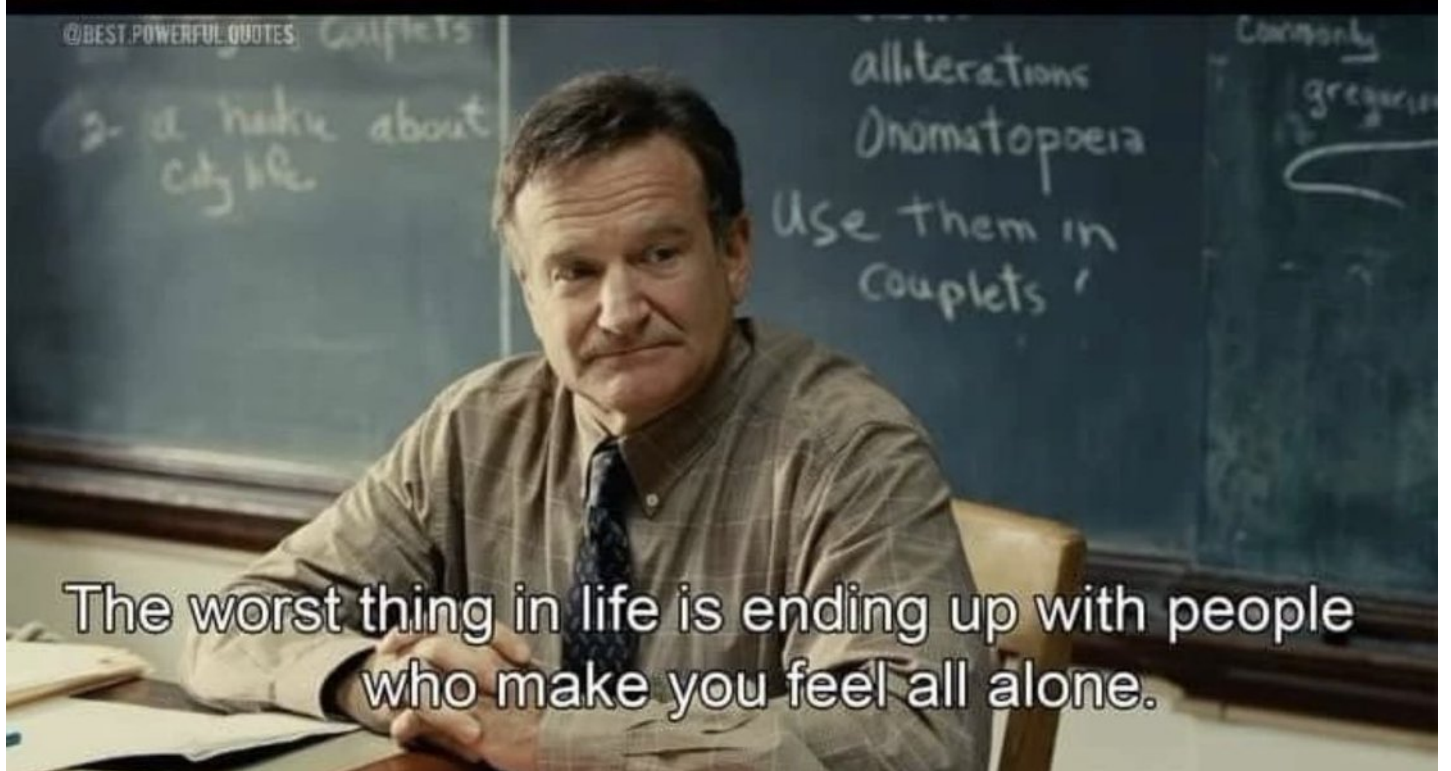
**Stop being so  
fucking forgiving.  
People know exactly  
what the fuck they  
are doing.**

A black and white photograph of a man in a suit, looking down with a thoughtful expression. The image is dark and moody, with the man's face and hands being the primary focus. Overlaid on the center of the image is a quote in a white, typewriter-style font.


People will notice the  
change in your attitude  
towards them, but won't  
notice their behavior that  
made you change.



I used to think the worst thing in life was to end up all alone. It's not.



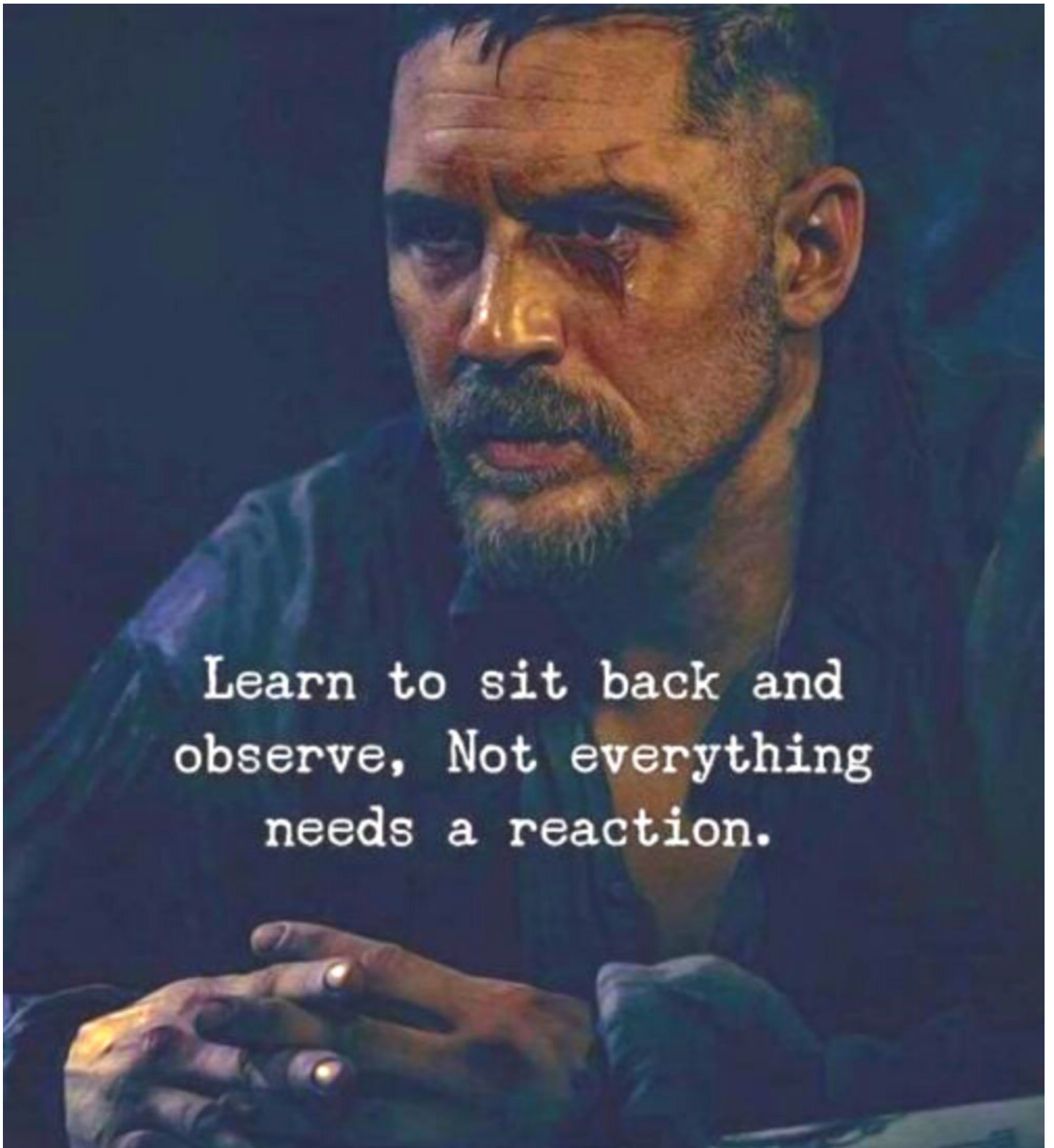
The worst thing in life is ending up with people who make you feel all alone.

A close-up portrait of a man with short, dark hair and a light beard. He is looking off-camera to the right with a thoughtful expression. He is wearing a dark t-shirt. A tattoo is visible on his left forearm. The background is dark and out of focus.

People ask you what you do  
for a living so that they  
can calculate the level of  
respect to give you.

@Wisdom\_HQ







@Wisdom\_HQ

Most of the enemies you have are  
people you once helped in life.



Apparently, when you treat people the same way they treat you they get offended.



**You, Gotta, Learn How to Stop Telling  
People More Than They Need To know.**



@Wisdom\_HQ

**Give yourself enough respect  
to walk away from someone  
who doesn't see your worth.**



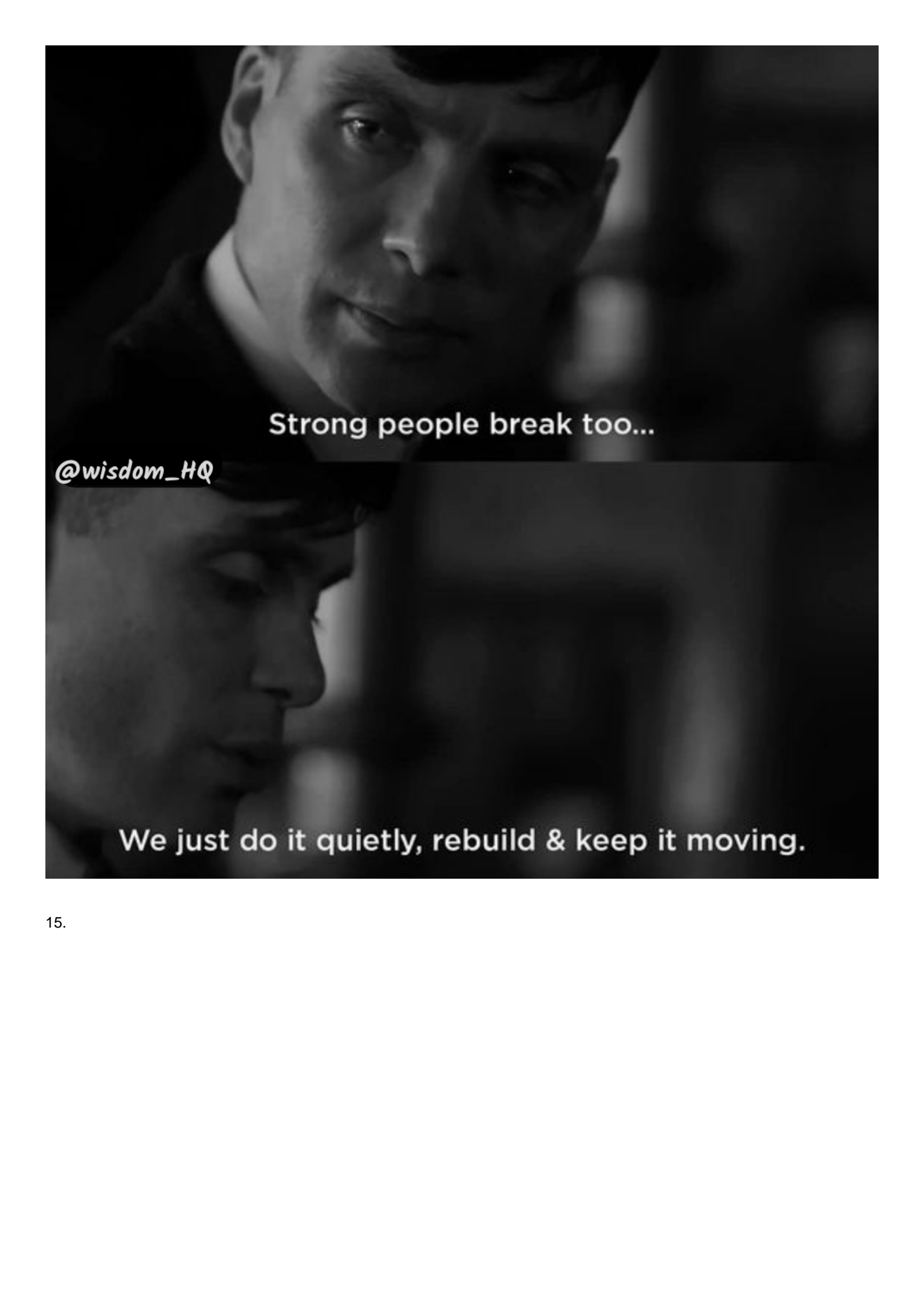
**Don't tell me you're innocent. Because it insults my intelligence. Makes me very angry.**



*-Sometimes we don't need any advice, we just  
need somebody to listen.*



Some people will kick dirt on  
your name With shoes YOU  
gave them.



Strong people break too...

@wisdom\_HQ

We just do it quietly, rebuild & keep it moving.



People like me don't have people.  
We are the people that people have.

Read that again.

You have two options:

1. Complain about how hard and unfair your life is or,
2. Get into the top 20% of men who have all the fun and success.

This audiobook is for those who want option 2.

<https://t.co/xnWrEvvfCu>

Thank you for reading this thread.

If you enjoyed it, please RT the first tweet and follow

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<https://t.co/8S30PQqhXD>

15 powerful lines from movies about psychology & life:

1. <pic.twitter.com/mgBdnvC4ll>

— Mind Essentials (@Mind\_Essentials) [October 11, 2022](#)