Twitter Thread by ConquerMindsetMoney | Self Mastery



ConquerMindsetMoney | Self Mastery
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Before age 40, set aside 100 minutes a day to learn these skills...

1. Learn Manipulation

People around you are self-centered.

You'll identify instances of manipulation around you and act right.

This will also be a game changer for you.

2. Learn How to Fight

There comes a time when you must defend yourself.

Failures to defend yourself will be seen as a weakness.

Do this:

- Set aside 100 minutes daily
- Hire a trainer days
- Commit to at least 180 days

You'll learn all basics.

3. Learn Role-Playing

People should know "Just enough" about your life.

Leading a mysterious life is attractive.

You should know:

- What to share
- To whom
- When and how

Wear different hats and enjoy the game.

4. Learn Brutal Self Criticism

The only way to understand people around you is to know yourself first.

Be honest with yourself and:

- Call yourself out for your inadequacies
- Cut habits against your purpose
- Create the person you need

Your life will be 10x better.

5. Learn How to Doubt & Question Everything

Stop believing:

- What's famous
- What's common
- Experts and evidence

People try to assert their beliefs for power

Do this:

- Learn what there is
- Observe without judgment
- Understand what serves you now

6. Learn How to Talk

Most people around you talk "Just for the sake of it".

You'll always be judged according to what you say.

You need to know:

- How to talk
- When to talk
- Who to talk to

This'll save 99% of the energy you'd have wasted in arguments.

7. Learn How to Handle Wins & Loses

You've been taught to enjoy wins and dread losses.

You should know:

- Some wins are tragedies in disguise
- Wins and losses should be lessons
- All losses are greater wins

8. Learn How to Forgive & Let Go

You'll rub shoulders with people you'll:

- Like
- Hate
- Fight with/for

In most cases, you can avoid someone instead of hating them.

People are always doing what's right for them.

Control your MIND.
Control your LIFE.

Work on Mental Models:

- learn big ideas
- study big disciplines
- practice critical thinking
- strengthen your vision & leverage

Think in a multidisciplinary way.

Think differently.

Grab your copy here:
https://t.co/BgrSHU1jD0

Consider joining my free Telegram channel:
https://t.co/v3D2dhtNkp

If this thread was able to add 1% value to your life:
- Please follow @theconquermm &
- Retweet the first tweet of this thread

Every day, I share insights about conquering mindset & generating wealth.

Thanks for reading.

https://t.co/R5NRqknO83

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> — ConquerMindsetMoney | Self Mastery (@TheConquerMM) October 9, 2022