

# Twitter Thread by [rugsurfer](#)



[rugsurfer](#)  
[@rugsurfer](#)



## Directional Bias Explained - Thread

### 1. What is DB?

- explicit expectation of a direction in the market
- probability enhancer; longs superior success rate in bullish DB, shorts superior success rate in bearish DB
- helps improve target selection & trade management (confluent with DB)

### 2. Constant vs. Situational DB

Constant DB = trading system virtually always offers a directional preference (deriving price from moving average)

Situational DB = ts only offers a directional bias under specific circumstances (price decisively closes below a daily support)

### 3. Affect of DB on Trade Selection & Trade Management

- long when DB bullish; short when DB bearish
- disallow all trades against DB unless there are extremely unusual circumstances (sig. news, tremendous R:R)
- helps silence intraday noise
- adjust TP when DB is strong

### 4. Affect of DB II

- A. Target should be derived from high time frame charts (not intraday)
- B. Intraday trouble areas (ITA) still useful for trade management (adjusting stop loss etc.)
- C. ITA anticipated to fail as DB unfolds
- D. broken ITA provides excellent compounding opp.

### 5. Tools to derive DB

- moving average crossover
- price relative to moving average/ trend tools

--> all work best in trending conditions, otherwise might provide false signals

--> no perfect tool

--> clear understanding of price action and market structure vital to success

## 6. Market Structure (will make own thread eventually)

HTF shifts in market structure often cause trending environments & set clear DB bias

- formation of higher high (HH) --> bullish DB (buy dips)
- formation of lower low (LL) --> bearish DB (sell rallies)

## 7. Support/ Resistance Structure Break

- price breaking sig. resistance or support offers clear DB
- > price closing below HTF support/ above HTF resistance
- bias forms ONCE structure is broken
- price under no obligation to retest
- Clear Break: momentum > retracement entry

## 8. Support/ Resistance Structure Flip Failure

- > Broken Support anticipated to act as resistance
- > Broken Resistance anticipated to act as support

- broken S failing to act as resistance = bullish DB
- broken resistance failing to act as support = bearish DB

Summary:

1. good trading system offers a DB
2. great benefits of trading with HTF bias
3. TS offers either constant or situational DB
4. Indicators/trend tools offer DB (no magic indicator)
5. basic price action stuff works very well (market structure, R/S continuation, etc.)