Twitter Thread by Brutal Mindset

Brutal Mindset
@Brutal_Mindset

21 habits that will make you more money than you need.

1. Deep work (minimum 4 hours undistracted first thing in the morning).

2. Limit distractions, social media, toxic people, and unproductive meetings.

3. Show up daily (no matter how you feel).

4. Keep track of your time. Eliminate things that waste it (screen time, eating, sleeping, chilling) It all adds up...

5. Implementing good workout habits. (Helps build discipline).

6. Don't just do things to please people you don't like. (Just say no).

7. Have a set routine, wake up and sleep at the same time daily. (Helps with energy and productivity).

8. Plan the night before, to start off the next day on the right foot.

9. Take a day off, to stand back, relax and see the big picture. (Personally | love to take Sundays off)

10. Work in an environment that is clean and distraction free. (Induces flow state even faster).

11. Fuel your body and mind with the best of the best. (Unhealthy foods make you lethargic and tired).

12. Do not break focus, master one thing before moving to the next.

13. Track everything, Sleep, Workouts, Money, Better decisions are made when you are in control.

14. Delayed gratification. Everything truly worthwhile takes time, don't rush the process.

15. Approach every task with the same intent and intensity.

19. Don't be afraid to invest in yourself

20. Always seek to network with "more" successful people than you and mastermind with them.

21. Cut down your deadlines by 50% and see how much more work you get done. Procrastination is a silent killer.

If this thread was able to add 1% value to your life:
- Please follow
@Brutal_Mindset

&
- Retweet the first tweet of this thread

Everyday, I share insights about conquering mindset & generating wealth.

Thanks for reading.
https://t.co/o4OidSrI0O

> 21 habits that will make you more money than you need.
>
> — Brutal Mindset (@Brutal_Mindset) September 23, 2022