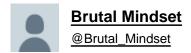
Twitter Thread by Brutal Mindset





21 habits that will make you more money than you need.

- 1. Deep work (minimum 4 hours undistracted first thing in the morning).
- 2. Limit distractions, social media, toxic people, and unproductive meetings.
- 3. Show up daily (no matter how you feel).
- 4. Keep track of your time. Eliminate things that waste it (screen time, eating, sleeping, chilling) It all adds up...
- 5. Implementing good workout habits. (Helps build discipline).
- 6. Don't just do things to please people you don't like. (Just say no).
- 7. Have a set routine, wake up and sleep at the same time daily. (Helps with energy and productivity).
- 8. Plan the night before, to start off the next day on the right foot.
- 9. Take a day off, to stand back, relax and see the big picture. (Personally | love to take Sundays off)
- 10. Work in an environment that is clean and distraction free. (Induces flow state even faster).
- 11. Fuel your body and mind with the best of the best. (Unhealthy foods make you lethargic and tired).
- 12. Do not break focus, master one thing before moving to the next.
- 13. Track everything, Sleep, Workouts, Money, Better decisions are made when you are in control.
- 14. Delayed gratification. Everything truly worthwhile takes time, don't rush the process.
- 15. Approach every task with the same intent and intensity.

- 19. Don't be afraid to invest in yourself
- 20. Always seek to network with "more" successful people than you and mastermind with them.
- 21. Cut down your deadlines by 50% and see how much more work you get done. Procrastination is a silent killer.

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Everyday, I share insights about conquering mindset & generating wealth.

Thanks for reading.

https://t.co/o4OidSrI0O

21 habits that will make you more money than you need.

— Brutal Mindset (@Brutal_Mindset) September 23, 2022