Twitter Thread by Live Success Daily





50 masculine tips I know at 28 that I wish I knew at 18:

- 1. No women will ever complete you.
- 2. Drugs/alcohol will never complete you.
- 3. If you've experienced trauma, deal with it head one. Immediately.
- 4. If you have no support network, find one.
- 5. If your friends aren't supportive, find new ones.
- 6. If your friends want you to drink and smoke, replace them.
- 7. If you're living for your parents, you're living wrong. Live for you.
- 8. Communicate your boundaries/needs with your parents.
- 9. Avoid debt like the plague.
- 10. Begin immediately working on your dreams.
- 11. Nobody can tell you your dreams but you.
- 12. Your parents will disagree with you, let them.
- 13. Work a 9-5 to start getting paid. Save all that cash.
- 14. Build your dreams after work.
- 15. Dreams come first. Women come second.

17. Be alone for awhile. It'll make you tougher than most. 18. Spend less time trying to figure it out and more time trying things out. 19. Workout like a mad man. It'll explode your confidence. 20. Get enough sleep. Life on easy mode. 21. ACTION is all. It cures everything. 22. Face every single fear you've got. Every day. 23. Dress well. You'll feel healthier. 24. Meditate. It keeps your emotions calm. 25. Forget about others' approval. Follow your own heart. 26. If you're using social media, monetize it. 27. Reject mediocrity. The greatest have the highest standards. 28. Read books that inspire you. 29. Watch documentaries that inspire you. 30. Hang out with people who inspire you. 31. Eat like your life depends on it. Because it does. 32. Drink WAY less caffeine. You don't need it. Seriously. 33. Take supplements. Find a trusted brand. Consume. 34. Write down your goals. Read them everyday. 35. Learn social dynamics. It will get you love, money, and happiness. 36. Suffering yields success. 37. Find someone doing what you want to do. 38. Your life is your fault. Nose to tail.

16. Become immune to what society tells you to do.

39. Focus on the present moment. Consistency is built this way.
40. Form good habits. They put time on your side.
41. Accept that life is not fair. The strong make something from the hand they're dealt.
42. Ignore politics, news, and negativity.
43. In order to be successful sacrifice is necessity.
44. Get more sunlight. It feels amazing.
45. Retain your semen. It gives you power like nothing you've ever seen.
46. Winning is more fun than having idle fun is fun.
47. Life doesn't get easier. You get stronger.
48. You either get stronger or live an insufferable existence. Choose wisely.
49. Becoming valuable will give you love, money, and happiness.
50. You were given a gift. It's your responsibility to hone it.
51. No one is going to do it for you.
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