

Twitter Thread by [Ghostrider■■■](#)



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■■■ Bollinger bands - watch YouTube video ...

■■■ UpperBand, MiddleLine (21ma), Lower band

■ Use for scalping, day trades (lower timeframes 2min/5min (must draw channels))

■ Bollinger Band - Mouth wide open/Squeeze

Charts for your reference (Daily)■

#option #optionstrade