Twitter Thread by Eduphile

Eduphile
@_Eduphile

If you are in your 20s or 30s, read these 22 sentences to put yourself ahead of 97% of people your age.

1. Ideas mean nothing. Zero. Zilch Execution Is the only thing that matters. It's not what you thought about doing, it's about what you did.

2. DO NOT WATCH P*RN. It kills your energy. It numbs your ability to feel. It's a life killer.

3. Never let anyone get comfortable with disrespecting you,

4. Be selfish with your time. A lot of people don't deserve it.

5. Share your progress, not your goals, and you'll always be motivated.

6. Every second you spend comparing your life to someone else's isa second spent wasting yours; so stop comparing and create your own definition of success instead.

7. Smile often. Smile so much others think you exist in a world of optimism and positivity. Because you do.

8. You grow rich when you seek new experiences, not material things.

9. Learn to say NO, Respect your time & energy. Don't be so nice that you "'yes man" yourself into not having space or time for yourself.

10. There's a difference between being patient and wasting your time.

11. You spend your entire life inside of your head, make it a nice place to be.

12. In today's digital-first World, the greatest skill you can leverage is the power of focused attention, and the way to build it is through daily meditation.

13. You have to believe in yourself before anyone else does. That's the Cornerstone upon which real confidence is built.

14. If you can't find a good person, be one.

15. Stay curious, question everything, and if you want something, ask for it.

16. The life you experience is simply a reflection of your mindset.

17. Accept people for who they are and not who you want them to be.

18. You don't only live once; you live multiple lives within one.

19. Master your emotions. A calm mind can handle every storm.

20. Don't be lazy. Do the work. You won't grow from easy.

21. Keep your standards high and don't settle for something because it's available.

22. There's a big difference between people who are smart and people who get good grades.

Control your MIND.
Control your life.
Work on Mental Models:

- learn big ideas
-study bug disciplines
- practice critical thinking
-strengthen your vision and leverage
Think in a multidisciplinary way. Think differently.

Grab your copy here:

https://t.co/anM3abN9kG

That's a wrap, thanks for reading!

If you found value in this thread please RT the first tweet & follow me @_Eduphile

Have a good day :)

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https://t.co/mbE4G8Nbfp