Twitter Thread by Francis | Freelance & Travel ■

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I've been to 37 countries over the last 5 years.

Here are my best 11 tips to enjoy your lifestyle while traveling the world:



#1 Don't work on travel days. Even if it's a 1-hour bus ride. Take the day to commute stress-free and get accustomed to your new town.

#2 Facebook groups are a great way to meet like-minded travelers, workers, and biz owners. One short post can lead to a coffee or a night out.

#3 Step away from city centers and popular tourist areas. Go where locals go. You'll have a more authentic experience & it's usually far more affordable.

#4 Try a solo trip. It can be scary, but you'll step out of your comfort zone and gain experiences you'll never forget.

#5 Cook at home. Learn a dish unique to your travel spot. You'll learn a new skill you can share with friends at home.

#6 Learn to outsource work so you can focus on work you actually like doing. You'll save time and devote energy to the biggest needle movers.

#7 Find a local gym. Exercise, because ofc. But visiting a local gym is a cool way to immerse yourself with locals and take breaks from the tourist spots.

#8 Join a Coworking Space to meet other traveling workers and make new friends in every in cities you travel to.

#9 Visit the nature spots. It's easy to get sucked into the city attractions. But visiting a local national park or hiking trail is a relaxing way to experience a country.

#10 Rest. No need to burn out from your travels. Take time to do nothing and focus on your own self-care.

#11 Slow Travel. 2-3 day trips can be draining and even a waste of time. Let yourself get used to your new spot and slowly enjoy everything the place has to offer.

I always suggest staying a full 1-3 weeks minimum. (unless you're just passing through, ofc)

...and there you have it!

Thanks for reading :)

If you enjoyed this thread, follow me at @francis_nayan to get more content on freelancing, travel, and digital nomadism.

RT the first tweet to help others enjoy their travels! https://t.co/zM6DyqZlzP

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