Twitter Thread by Philosophy of Mind

Philosophy of Mind
@Phi_of_Mind

15 straightforward self care quotes:

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

11.

12.

13.

14.

15.

Control your MIND.
Control your life.
Work on Mental Models:

- learn big ideas
- study big disciplines
- practice critical thinking
- strengthen your vision and leverage
Think in a multidisciplinary way. Think differently.

Grab your copy here:
https://t.co/pHZMwiyf8A

You live your life on auto pilot because you don't know what to do with your life.
Read the book
"Live Intentionally" to change your
- habits,
- daily routine,
- mindset,
- become strong and
- disciplined.

Get your copy: ■
https://t.co/0MPRluBvTU

If you enjoyed this thread, please:

1. Follow me (@Phi_of_Mind) for more
2. Retweet the 1st tweet below to share this thread

Join my Telegram channel for daily insights: https://t.co/136ZMLVlNC https://t.co/8tqo0DGcty