Twitter Thread by Strong Minded



Strong Minded
@strongminded101

8 straightforward quotes on self-care:

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You live your life on auto pilot because you don't know what to do with your life.
Read the book
"Live Intentionally" to change your
- habits,
- daily routine,
- mindset,
- become strong and
- disciplined.

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https://t.co/xUNhwAi8p9

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> 8 straightforward quotes on self-care:
>
> 1. pic.twitter.com/tP9XY2exqI
>
> — Strong Minded (@strongminded101) September 2, 2022