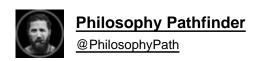
Twitter Thread by Philosophy Pathfinder





If You're Struggling With Your Bad Habits, Open this:

Psychology Thread

1) Start small

Every Journey Starts With a Small Step

Don't RUSH the process. Good things take time.

A small step forward is a thousand times

Better than many steps never taken.

True life is lived when TINY changes occur.

Star NOW, and start small.

2) Problem Solving

Don't Start a Business. Find a Problem.

Make each day your masterpiece.

Always strive to find problems to solve.

Lack of problems means "lack of money".

Solve the problem or leave it.

But don't live with the problem!

3) Habits >>> Future

Change Your Habits. Change Your Life.
We are what we repeatedly do.
If you want to change the art of living,
Change your habits.
Your life will never change until you
Change something you do daily.
4) A Fresh Start
Take Control of Your Life
If you want to move forward quickly,
You have to literally KILL your "former self".
Old habits won't bring new results.
Your life is your message.
Go, work on that!
5) Rebuild Your Life
E: 13/ W 1
Find Your Weakness and Exploit It
Don't compete. Recreate YOURSELF.
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People are always on the move.
They're moving for a reason.
Move and make your progress.
Remain stagnant and you DIE.
7) Change is Inevitable
Don't Fear Change. Embrace It.
Progress is impossible with a change.
Change is the best method to improve your life.
Most people can't change. The reason is that
They use methods that were used by people who
Refused to change!
You live your life on auto pilot because you don't know what to do with your life. Read the book "Live Intentionally" to change your - habits, - daily routine, - mindset, - become strong and - disciplined.
Get your copy: ■ https://t.co/CdtxTHAtF6
Study mathematics to understand physics
Study physics to understand chemistry
Study chemistry to understand biology
Study biology to understand psychology
Study psychology to understand economics
Study economics and philosophy to be free
All in One: https://t.co/8r56GxDRGE

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