Twitter Thread by Philosophy Pathfinder



Philosophy Pathfinder
@PhilosophyPath

If You're Struggling With Your Bad Habits, Open this:

Psychology Thread

1) Start small

Every Journey Starts With a Small Step

Don't RUSH the process. Good things take time.

A small step forward is a thousand times

Better than many steps never taken.

True life is lived when TINY changes occur.

Star NOW, and start small.

2) Problem Solving

Don't Start a Business. Find a Problem.

Make each day your masterpiece.

Always strive to find problems to solve.

Lack of problems means "lack of money".

Solve the problem or leave it.

But don't live with the problem!

3) Habits >>> Future

Change Your Habits. Change Your Life.

We are what we repeatedly do.

If you want to change the art of living,

Change your habits.

Your life will never change until you

Change something you do daily.

4) A Fresh Start

Take Control of Your Life

If you want to move forward quickly,

You have to literally KILL your "former self".

Old habits won't bring new results.

Your life is your message.

Go, work on that!

5) Rebuild Your Life

Find Your Weakness and Exploit It

Don't compete. Recreate YOURSELF.

You must understand that - you're different.

This the only way you will discover yourself.

And create a life worth living.

Allow yourself to re-discover your identity.

6) Hustle in Silence

Make a MOVE

Make your next move your BEST move.

If you look around you, you'll notice that

People are always on the move.

They're moving for a reason.

Move and make your progress.

Remain stagnant and you DIE.

7) Change is Inevitable

Don't Fear Change. Embrace It.

Progress is impossible with a change.

Change is the best method to improve your life.

Most people can't change. The reason is that

They use methods that were used by people who

Refused to change!

You live your life on auto pilot because you don't know what to do with your life.
Read the book
"Live Intentionally" to change your
- habits,
- daily routine,
- mindset,
- become strong and
- disciplined.

Get your copy: ■
https://t.co/CdtxTHAtF6

Study mathematics to understand physics

Study physics to understand chemistry

Study chemistry to understand biology

Study biology to understand psychology

Study psychology to understand economics

Study economics and philosophy to be free

All in One:
https://t.co/8r56GxDRGE

If you enjoyed this thread, please:

1. Follow me (@PhilosophyPath) for more
2. Retweet the 1st tweet below to share this thread

Join my Telegram for free now: https://t.co/LbDX7bdzzJ https://t.co/ZkfXu2ekwq