

Twitter Thread by Mindset & Wealth Conqueror



Mindset & Wealth Conqueror

[@Mindsetconquer](#)



12 Highly Recommended Books To Overcome Procrastination And Anxiety.

1.

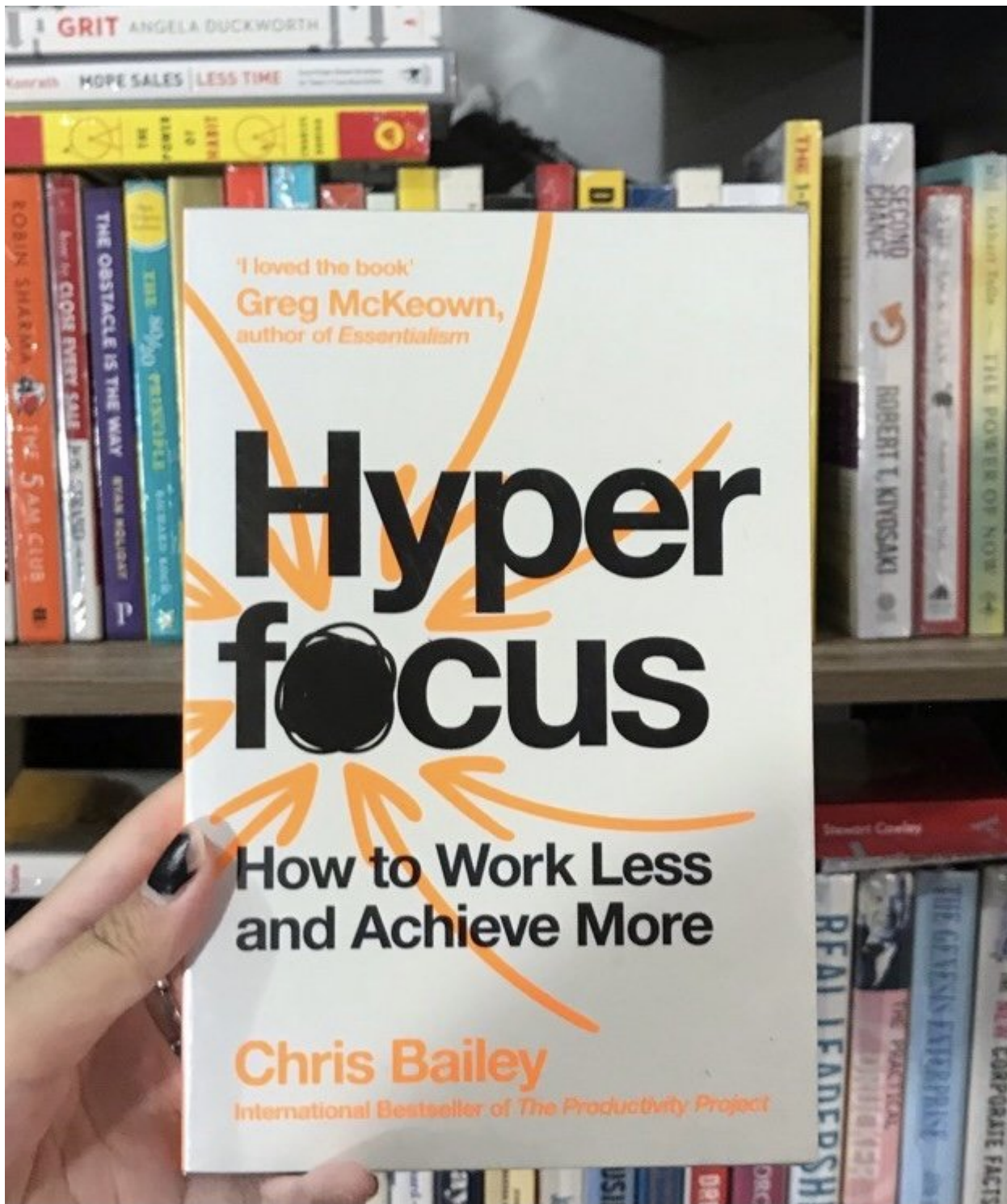
NEW YORK TIMES BESTSELLER

**Tiny Changes,
Remarkable Results**

**Atomic
Habits**

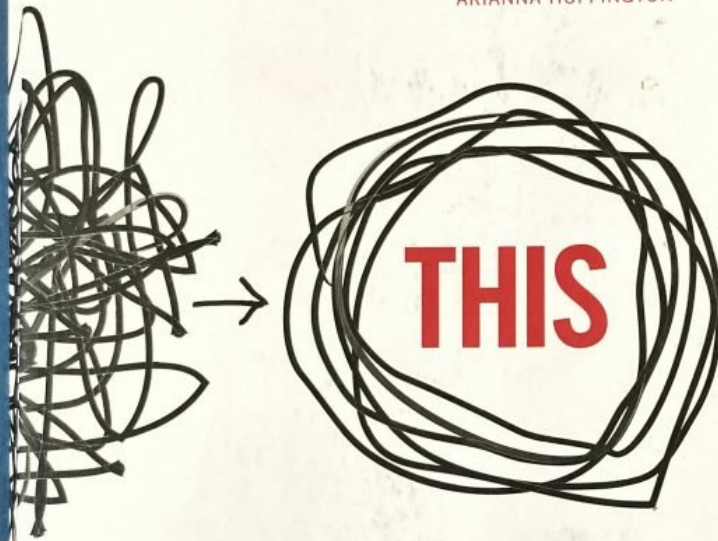
An Easy & Proven Way to
Build Good Habits & Break Bad Ones

James Clear



'An essential read for anyone who wants to regain
control of their health, wellbeing and happiness'

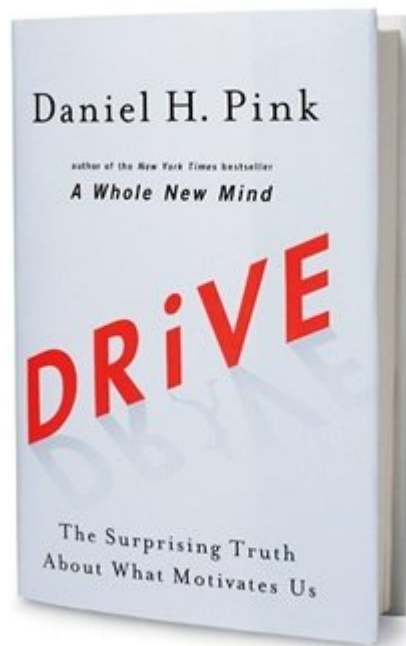
ARIANNA HUFFINGTON



essentialism

The Disciplined Pursuit of Less

GREG MCKEOWN



5.

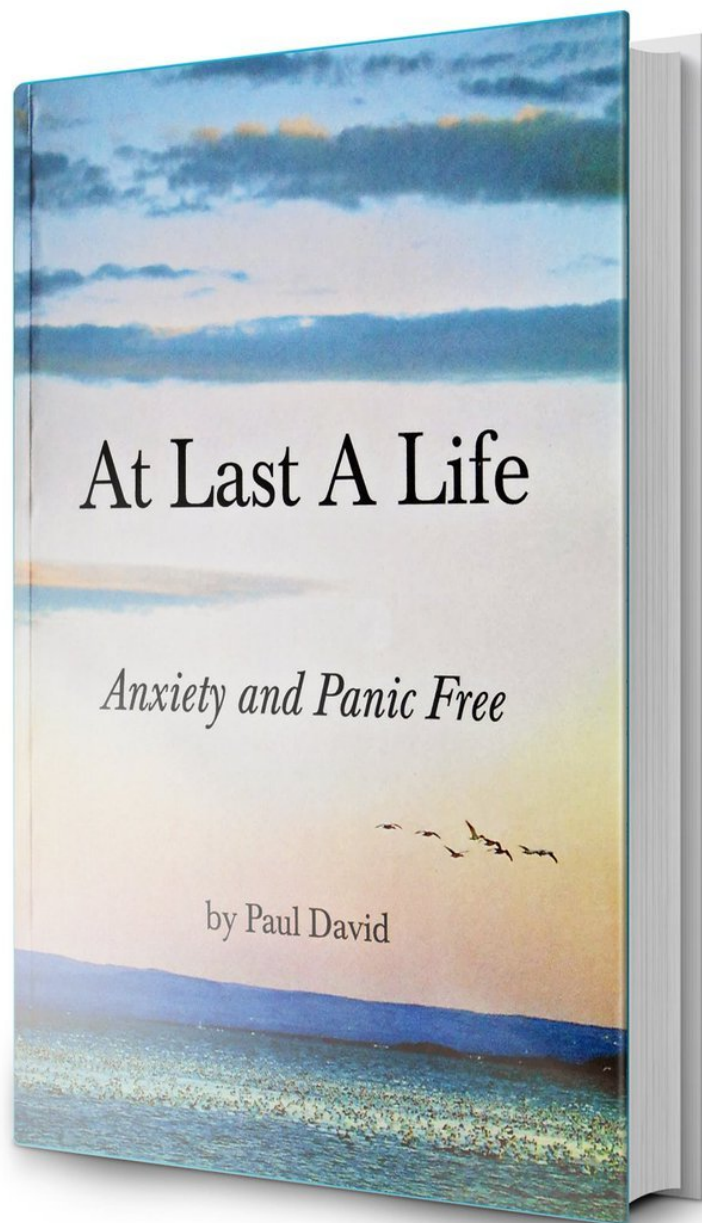
UPDATED +
EXPANDED

THE FIRST 90 DAYS

Proven Strategies *for* Getting Up
to Speed *Faster and Smarter*

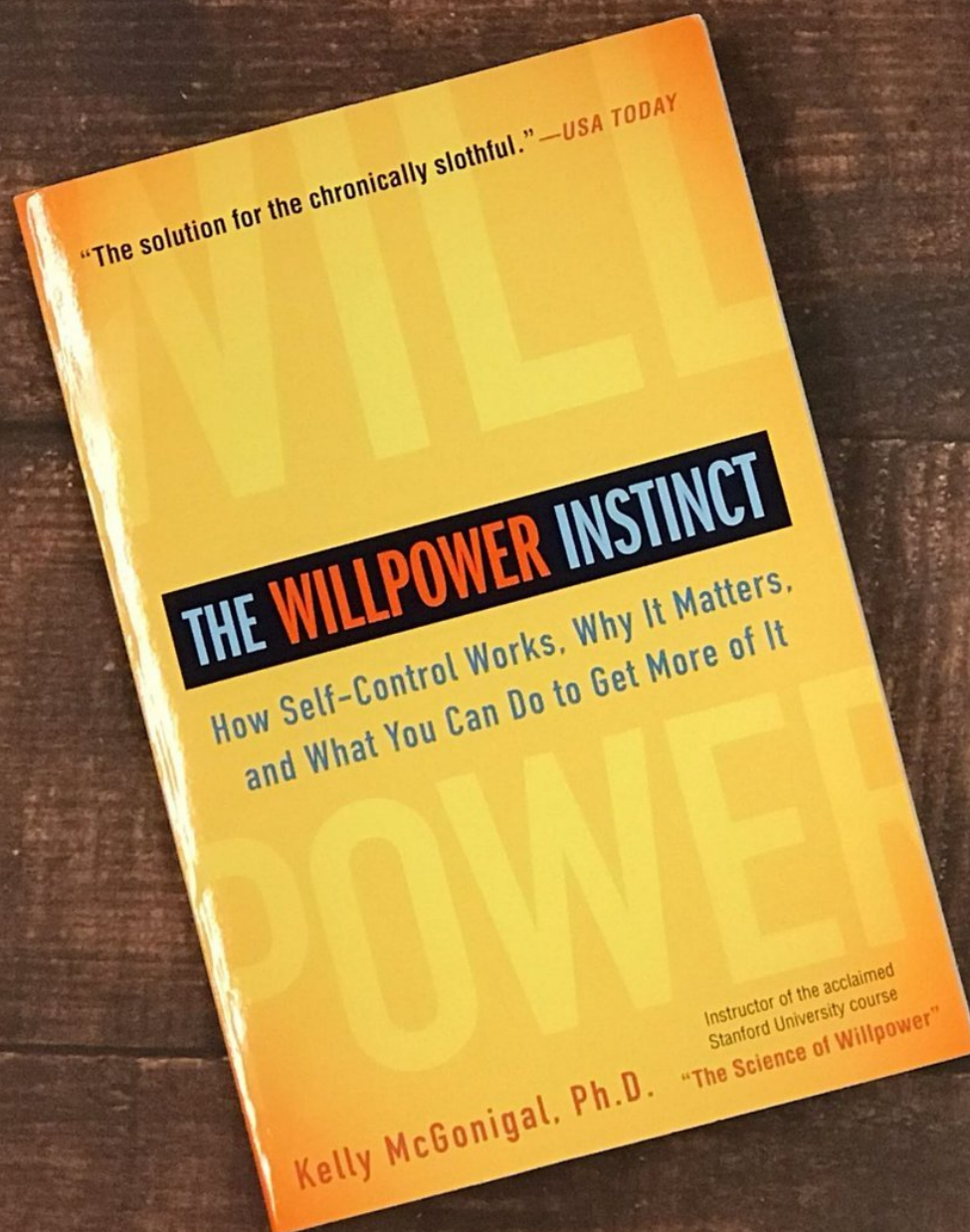
MICHAEL D. WATKINS

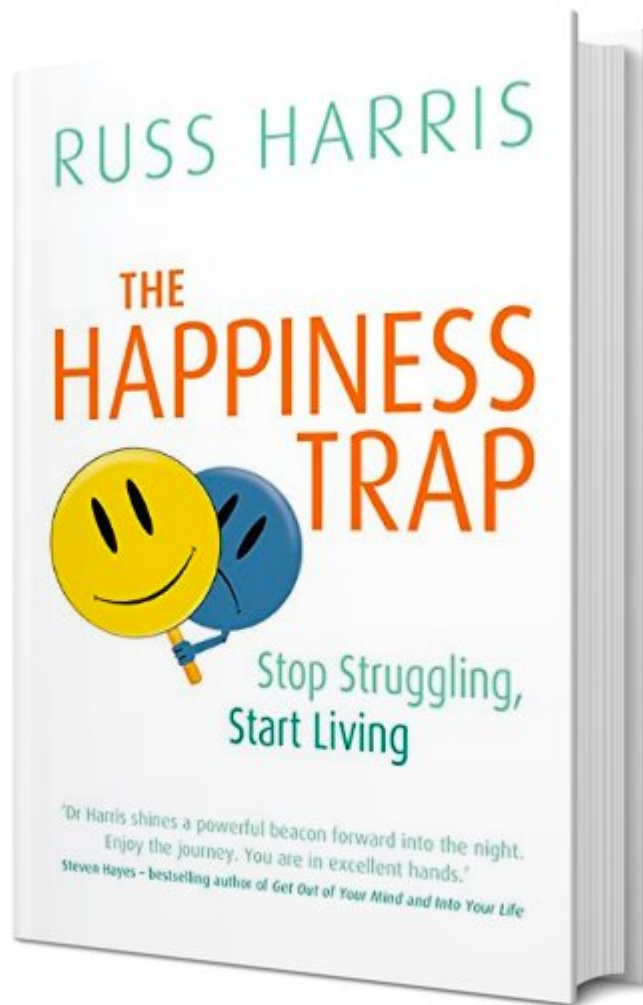
HARVARD BUSINESS REVIEW PRESS





8.





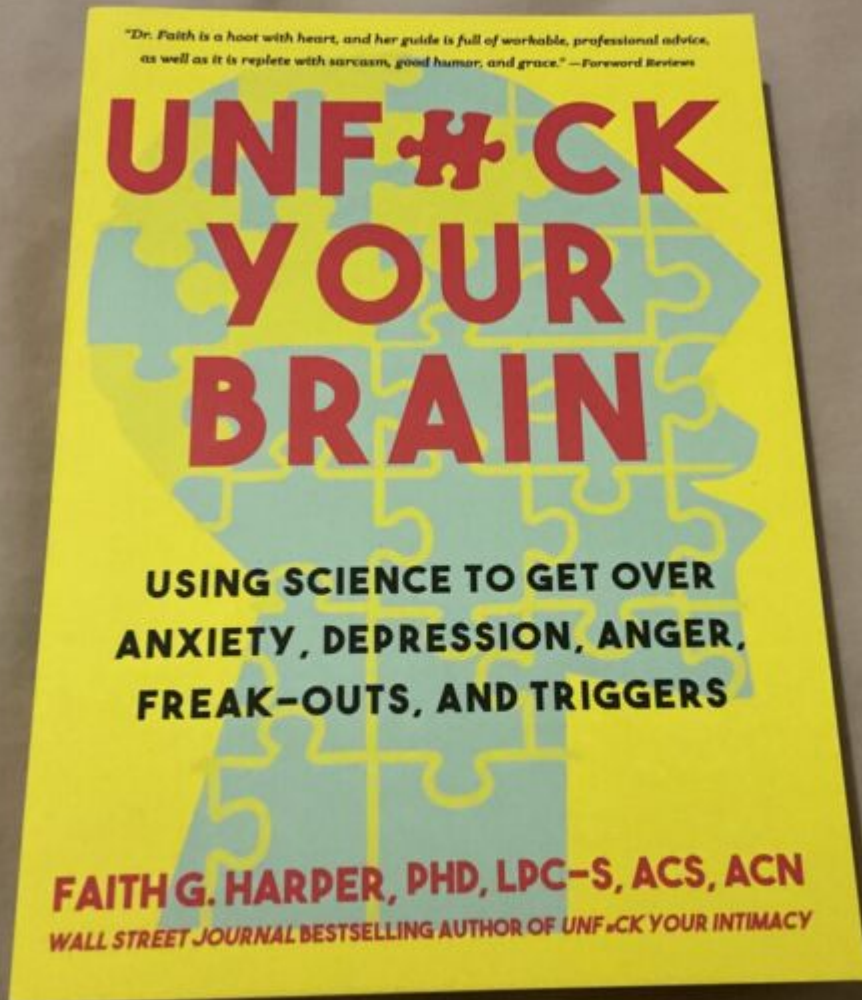
DECLUTTER YOUR MIND



HOW TO STOP WORRYING,
RELIEVE ANXIETY, AND ELIMINATE
NEGATIVE THINKING

S.J. SCOTT
BARRIE DAVENPORT





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Thank you.