## **Twitter Thread by Josh Cousins**





## How to start a conversation with anyone (even total strangers):

1/ Open the gates

Once the first word is out, the flood gates open.

Easy conversation openers are:

- What do you do for fun?
- Tell me more about you?
- Working on anything exciting lately?

Once the conversation is open, follow the next steps to keep it going:

2/ Be bold

Avoid small talk, embrace boldness instead.

Ask simple and personal questions:

- Who's your role model?
- What's your biggest fear?
- What's your biggest regret?

You'd be surprised by how people will open up to bold and brave questions.

3/ Body Language

Only 7% of your communication consists of words.

The other 93% are nonverbal signals.

Make sure you're:

- Keeping eye contact - Keeping an open posture - Smiling and conveying emotions 4/ Unique compliment People forgot what you say. But people don't forget how you made them feel. Approaching a conversation and dropping a compliment does wonder. Make sure it comes from a genuine place. 5/ Common grounds Common ground is a topic, opinion, or interest that people can agree about During a conversation, look for: - Common interests - Shared passions - Commonalities This will lead smoothly into the next point... 6/ Ask for an opinion Don't ask for an opinion on a difficult topic. Ask for an opinion about a general topic that can potentially lead to common grounds: - What food do you like? - What music do you like? - What movies do you like? 7/ Be present Put your full focus on the person you're talking to. - No TV - No phone

Keep eye contact with and follow the conversation.

- No distractions

## TL,DR:

- 1/ Open the gates with a question
- 2/ Be bold and just ask
- 3/ Watch your body language
- 4/ Five them a compliment
- 5/ Find common grounds
- 6/ Ask for an opinion
- 7/ Be present

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I create daily threads about:

- Personal growth
- Making money online
- Growing & scaling businesses

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— Josh Cousins (@imjoshcousins) August 7, 2022