Twitter Thread by Clint Murphy





10 incredible free websites that will increase your wealth so much,

It feels illegal to share them with you:

1. Mint

Financial Wealth

There are no free budget tools as comprehensive as https://t.co/VnFs4HOVXR.

- link loan, credit, & investment accounts
- Email alerts when over budget
- · Dozens of budget categories
- Automatic expense tracking
- · Real-time view dashboards



2. WiseBread

Financial Wealth

A personal finance community of bloggers and financial experts.

The most popular areas of the site are:

- Personal finance
- Frugal living
- Life hacks



3. 6 SecondsEmotional Wealth

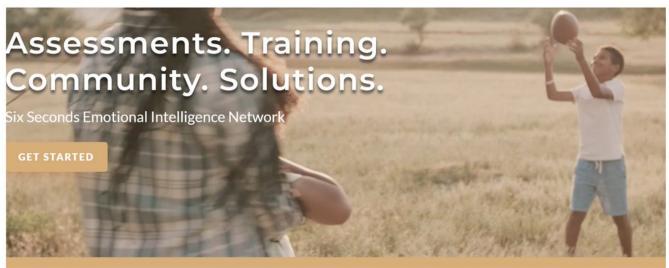
The mission of https://t.co/HTjk9K7YEg is to grow the world's Emotional Intelligence.

The websites offers:

- videos
- articles
- newsletters
- case studies
- assessments

They also offer paid certification, eLearning and other products.





Our mission is growing the world's Emotional Intelligence

Six Seconds supports people and organizations to learn, measure and practice emotional intelligence.

 Great Good Science Center Emotional Wealth

The GGSC turns research into practical resources for:

- happiness
- compassion
- meaningful lives

Their goal is to shift our culture toward a kinder and more compassionate society.

They have free resources and paid content.



Insight TimerSpiritual Wealth

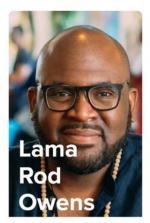
63% of the time spent on Meditation Apps in the United States is on Insight Timer.

Insight Timer offers:

- blogs
- guides
- courses
- meditations

There is free content and paid premium content.

#1 †ree app for sleep, anxiety and stress.







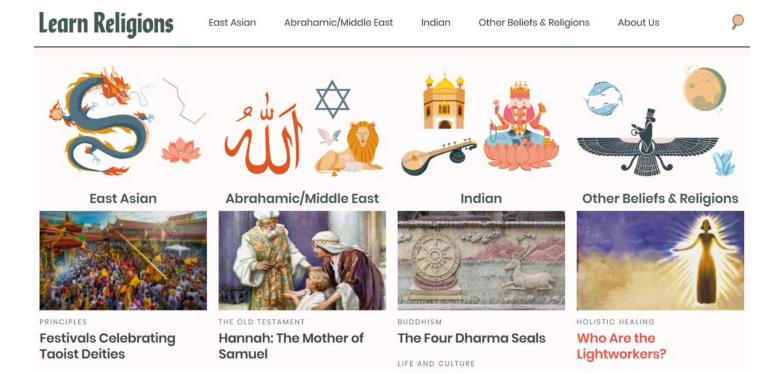




Learn ReligionsSpiritual Wealth

Regardless of your own spiritual background, the mission at Learn Religions is to help you:

- explore the practices of your own faith
- understand your neighbor's beliefs
- learn the world's major religions



7. Therapy Tribe Mental Wealth

The purpose of Therapy Tribe is to help people find key mental health resources:

- therapists
- wellness tools
- support groups
- sense of community



HELPING PEOPLE CONNECT & FIND SUPPORT SINCE 2006.

8. Health Unlocked Mental Wealth

Health Unlocked is the world's largest social network for health.

They have 1.5 million members and 315 public communities covering more than 250 conditions.

Health Unlocked offers

- eLearning
- communities
- Research solutions

HealthUnlocked Who we are Contact us



Empowering self-care and advancing patient care with research

My Fitness Pal Physical Wealth

The more consistently you track your food intake, the more likely you'll lose weight and stay healthy.

My Fitness Pal offers:

- Food diary
- micronutrients
- macronutrients
- Calorie tracking
- Exercise tracking
- Community and forums





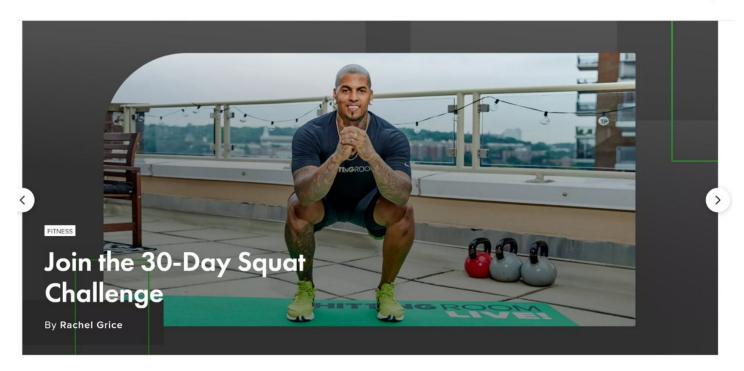
10. LiveStrongPhysical Wealth

LiveStrong has a goal to deliver trusted health, nutrition, and fitness information.

They give you the tools and knowledge you need to live a happier, healthier life:

- Get fit
- Live well
- Eat better
- Manage weight

LIVE **S T R O N G**. COM EAT BETTER GET FIT MANAGE WEIGHT LIVE WELL MORE JOIN OUR NEWSLETTER Q



If you enjoyed this thread, you will 100% enjoy this thread:

https://t.co/EOSk03uVyd

Everyone is concerned with becoming a millionaire,

when they should be focused on holistic wealth.

Let me break it down for you:

— Clint Murphy (@IAmClintMurphy) June 8, 2022

These 10 websites will increase your Holistic Wealth:

Financial:

- WiseBread
- Mint

Emotional:

- 6 Seconds
- GGSC

Spiritual:

- Learn Religions
- Insight Timer

Health Unlocked Therapy Tribe
Physical:
My Fitness Pal LiveStrong
Got value from this thread?
Retweet the 1st tweet to help others.
If you want more content on money, mindset, and mental models, follow me @IAmClintMurphy
https://t.co/tZj2OqOGqw
10 incredible free websites that will increase your wealth so much,
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— Clint Murphy (@IAmClintMurphy) August 6, 2022
I want to help you grow:
PersonallyProfessionallyand, Financially
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https://t.co/kIUegvKzeu

Mental: