

## Twitter Thread by V■■■■■■■



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### Trimurti – The three forms of the Universe

The ancient Indian Hindu texts describe units of time ranging from microseconds to trillions of years.

According to these texts, the creation and destruction of the Universe is an ongoing cyclic process that repeats forever infinitely



In other words, Universes are created and destroyed, and the process goes on and on.

The process of creation (called Srishti in Sanskrit) of the Universe is personified in the form of Brahma – the God of Creation.

The process of destruction (called 'Pralaya' in Sanskrit) of the Universe is personified in the form of Shiv – the God of destruction (Bhagwan Shiva's role is to destroy the universe in order to re-create it)

The permanance, the cycle of creation and destruction that

goes on forever infinitely and hence is timeless and eternal, is personified in the form of Vishnu – the preserver who is permanent and all pervasive.

So, Brahma, Vishnu and Shiv form the trinity of 'Creation', 'Maintenance' and 'Destruction'.

Hence they are called 'Trimurti' – the three forms of the Universe.

So here we personify God in three forms – Generator, Observer, Destroyer (GOD)