

Twitter Thread by Alex Brogan



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23 of the world's most useful mental models (that you can actually use to improve your life):

Good and Bad Procrastination

Good procrastination is avoiding work with 0 chance of being mentioned in your obituary—like errands.

"Unless you're working on the biggest things you could be, you're type-B procrastinating, no matter how much you're getting done."

h/t @paulg