Twitter Thread by Yeerk.P ■



Yeerk.P ■
@PYeerk

When people say 'stop thinking about it' or 'stop being depressed', they actually mean 'stop producing depressed discourse'- the 'inescapability' of these things is in their recursive self-production via 'thinking about them'

> This is true.
>
> But like other things that fit this language-first mold (i.e. "depression") just telling people to "stop thinking about it" only works for some people.
>
> One the term gets memetic legs they are hard to chop off.
>
> This proves the original assertion: language 1st.
>
> — In The Flesh: Philosophy for Living (@live_intheflesh) July 6, 2022

Beckett's 'The Unnamable' is practically a demonstration of this- written from the point of view of a disembodied voice (it's only embodiment is 'in the text') self-generating its own claustrophobia through its inability to cease



Lest anyone think I'm being dismissive of mental anguish, I suffered from 'depression' and 'anxiety' for a long time- in my early 20s- before I developed the spiritual confidence to affirm what I'd intellectually always suspected: that these things have no actual existence

On my 1st ever podcast appearance w/ @kaschuta, I describe evil as 'nothingness eating itself into the world'- the fact of a thing being non-existent doesn't mean it doesn't inflict harm- the harm it inflicts its the friction of the non-existent entering an existent medium