

Twitter Thread by Anu Satheesh ■■



Anu Satheesh ■■

[@AnuSatheesh5](#)



■■■■■ ■■■■ ■■■■ ■■ ■■■■ ■■ ■■■■■■ ■■■■ ■■■■■■

WHY IS SHRI HANUMAN CALLED SANKAT MOCHAN

Sankat Mochan means remover of all sorrows or difficulties. There is no other devotee greater than Shri Hanuman, Who will be always ready to clear every difficulties. There are many instances in Srimad Ramayana which is the reason why Hanuman is also called as Sankat Mochan.

Shri Ram sends Hanuman towards to find Ma Sita. When Hanuman reaches Lanka & he witnessed difficulties faced by Ma, when ma decided to give up her life, Hanuman instills confidence & told her Ram will arrive at Lanka to rescue & defeat Ravan Thus Hanuman removes Sankat of Ma Sita

During Ramayana war, Lakshmana was seriously injured because of Indrajit. Shri Rama was very much worried as Lakshmana was unconscious. Rama sends Hanuman to fetch Sanjeevani Herb, who lifts the whole mountain when the herb couldn't be identified.

Lakshmana regained consciousness & sorrow of Shri Rama was thus relieved. Hanuman is the remover of Sankat (sorrow) of all, who prays with utmost faith & thus called Sankat Mochan.