Twitter Thread by Jordan F■Stock Trader



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Every successful trader has a pre-market routine

Here's a premarket routine coming from a full-time trader:

I usually start my routine at 8:00am EST.

The first thing I do is check $ES and $NQ futures to see how the market moved overnight.

After that, I'll check to see how my open swing positions are if I have any

I'll also check the swing watchlist that I make every weekend

To see if any setups are getting close to my entries