

Twitter Thread by Sriram ■■



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We are perplexed. What our dharma teaches us is unknown. There is no such thing as depth, scientific thoroughness, or perfection.

According to Sanatana dharma, there are FOUR states or avasthas.

#Thread

THE THREE BODIES



Physical Body:

Made up of
Atoms.

Astral Body:

Made up of
Prana (Life
force energy).

Causal Body:

Made up of
thought forms.

1. The PHYSICAL:

We are all aware of the current state. Consciousness is combined with the five elements [earth, fire, air, water, and space]. There is variation, as well as names and forms. It's your first time covering.

This isn't your face. Only this, according to one religion, is correct. The demons [Rakshasas] focused solely on this. Only bodily pleasure. Even after you've died.

2. THE SUBTLE:

Everything, including your mind, memory, intellect, sense organs, and action organs, is located in this subtle condition. This subtle body is what you call ghosts, etc. This isn't you, either.

Consciousness is combined with five delicate elements: sound, touch, form, taste, and scent. This is where Christianity comes to an end. This delicate body is what they call the Soul. The gross body contains the subtle body.

3. THE CAUSAL: This is the third State.

Everything else stems from this, which is the Cause. This is known as ISHVARA. They refer to Ishvara as "God."

As avatara, Ishvara appears. Shakti is Ishvara. Ishvara is both inside and outside the subtle body. As a result, we are all fundamentally one.

Although they embrace consciousness, many sanatana Dharma paths—vaishnavas, shaivas, shaktas, and others—consider this to be the end. So, this is your personality.

4. BRAHMAN or Atman OR SUPREME CONSCIOUSNESS.

This is the most powerful Fourth. THIS IS YOU. You are limitless, without birth, death, disease, or grief. You are indestructible. You have complete freedom. You are a God. You are indestructible.

This is correct. Close your eyes for a few moments each day and imagine that you are infinite. We are this consciousness, which is One. We have so many blankets and covers on us. We imagine ourselves to be blankets and weep.