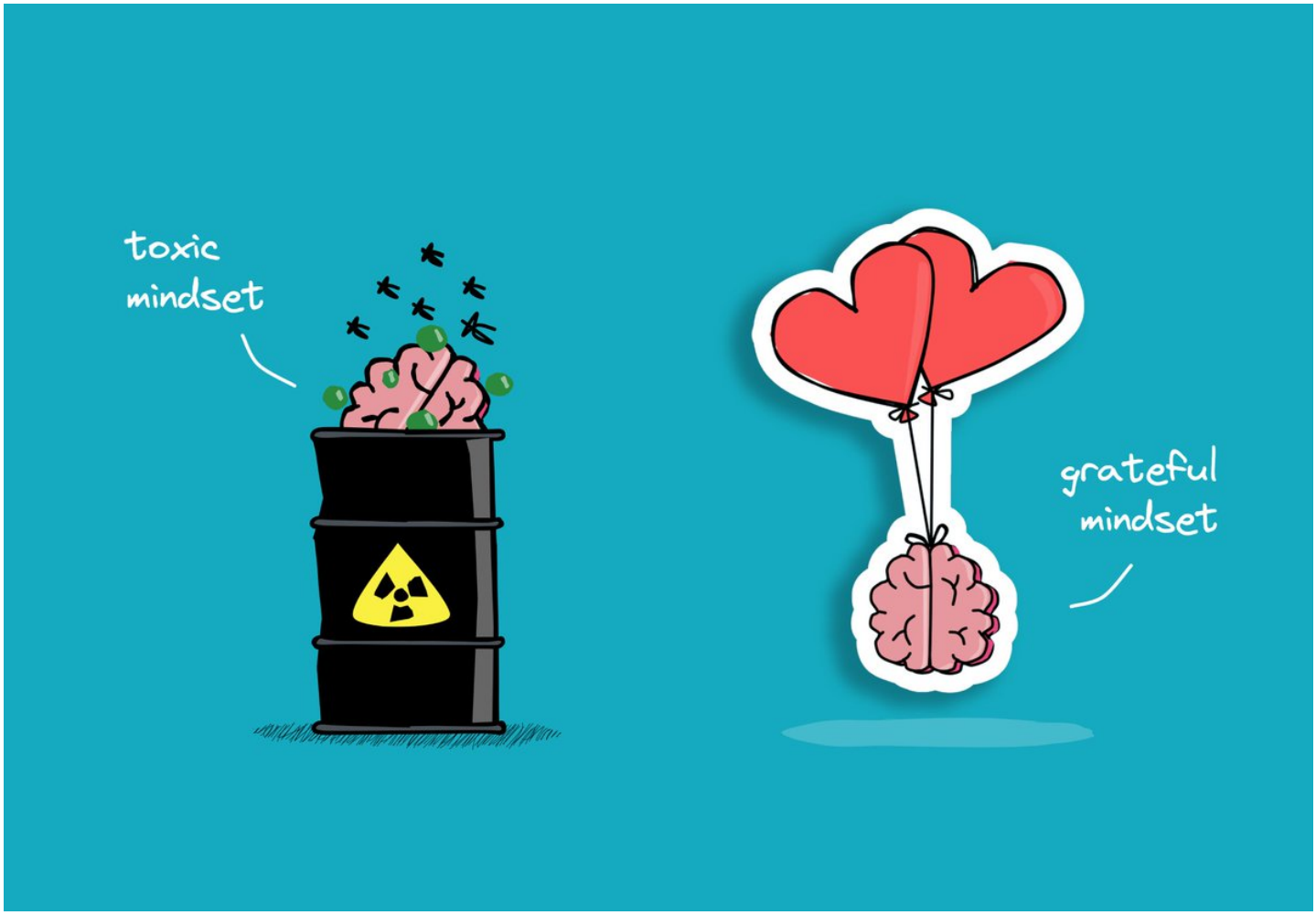
Twitter Thread by Mindset Machine ■



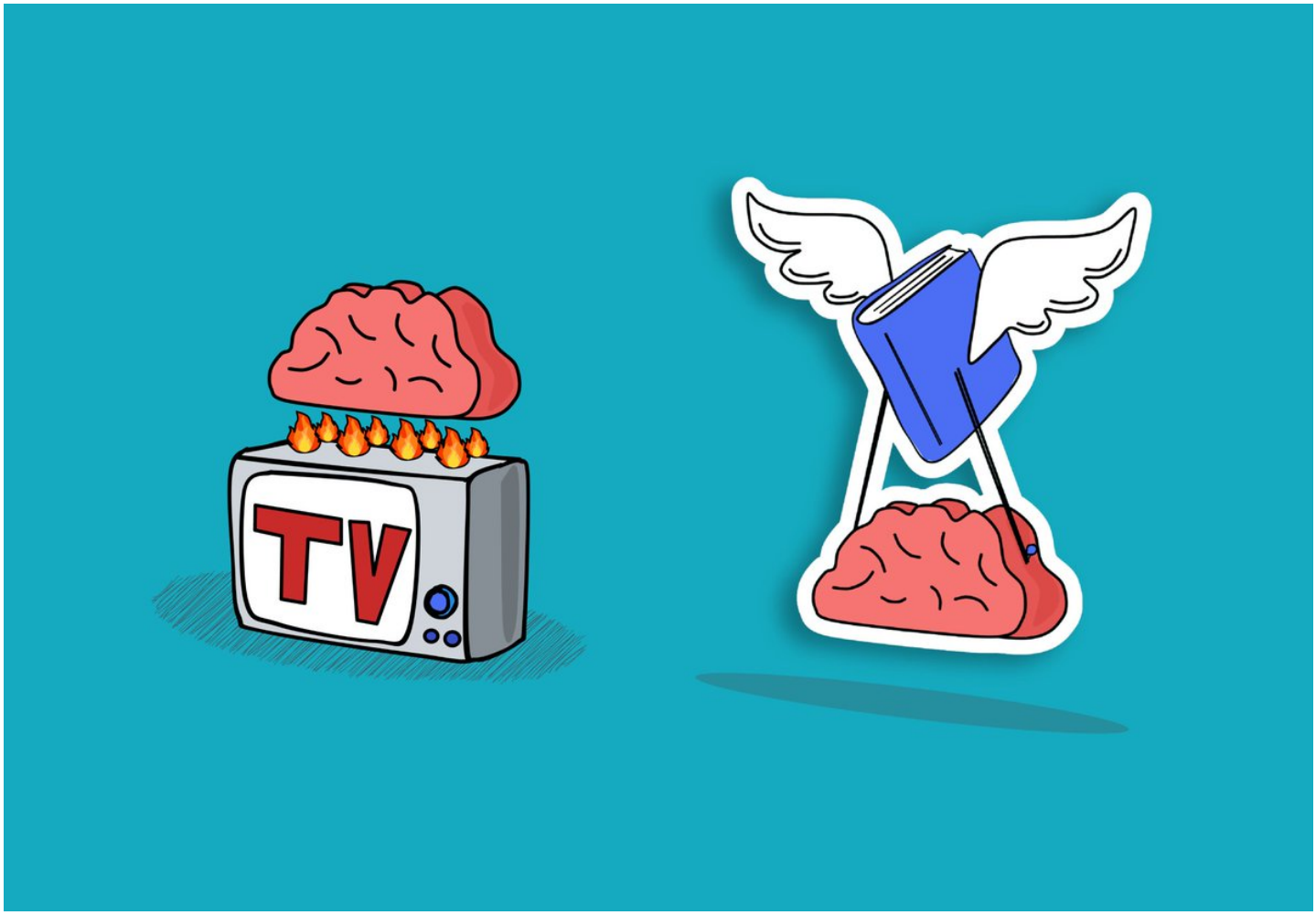
Mindset Machine ■
@Mindset_Machine

10 Visuals That Will Transform Your Mind

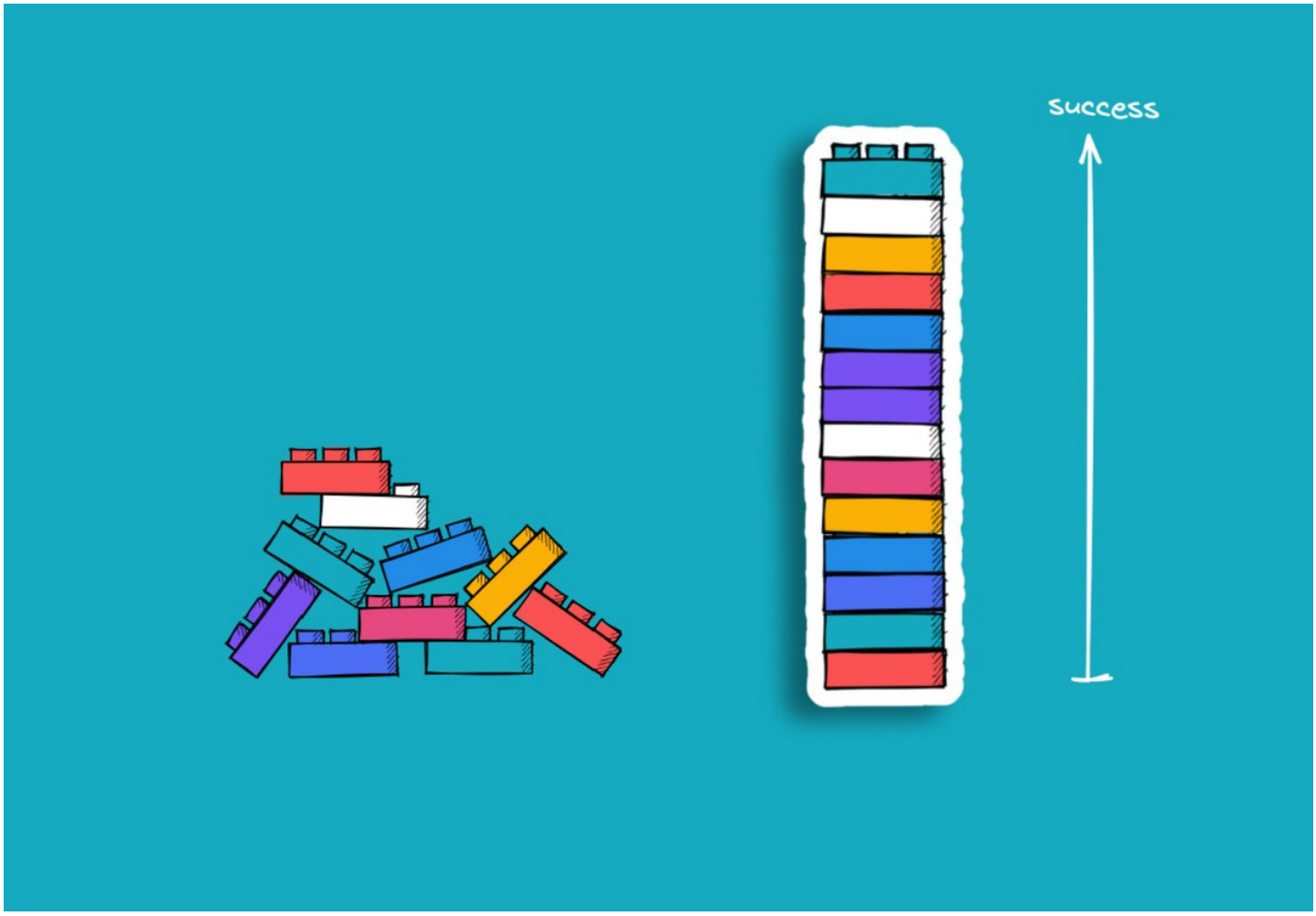
1. Express Gratitude



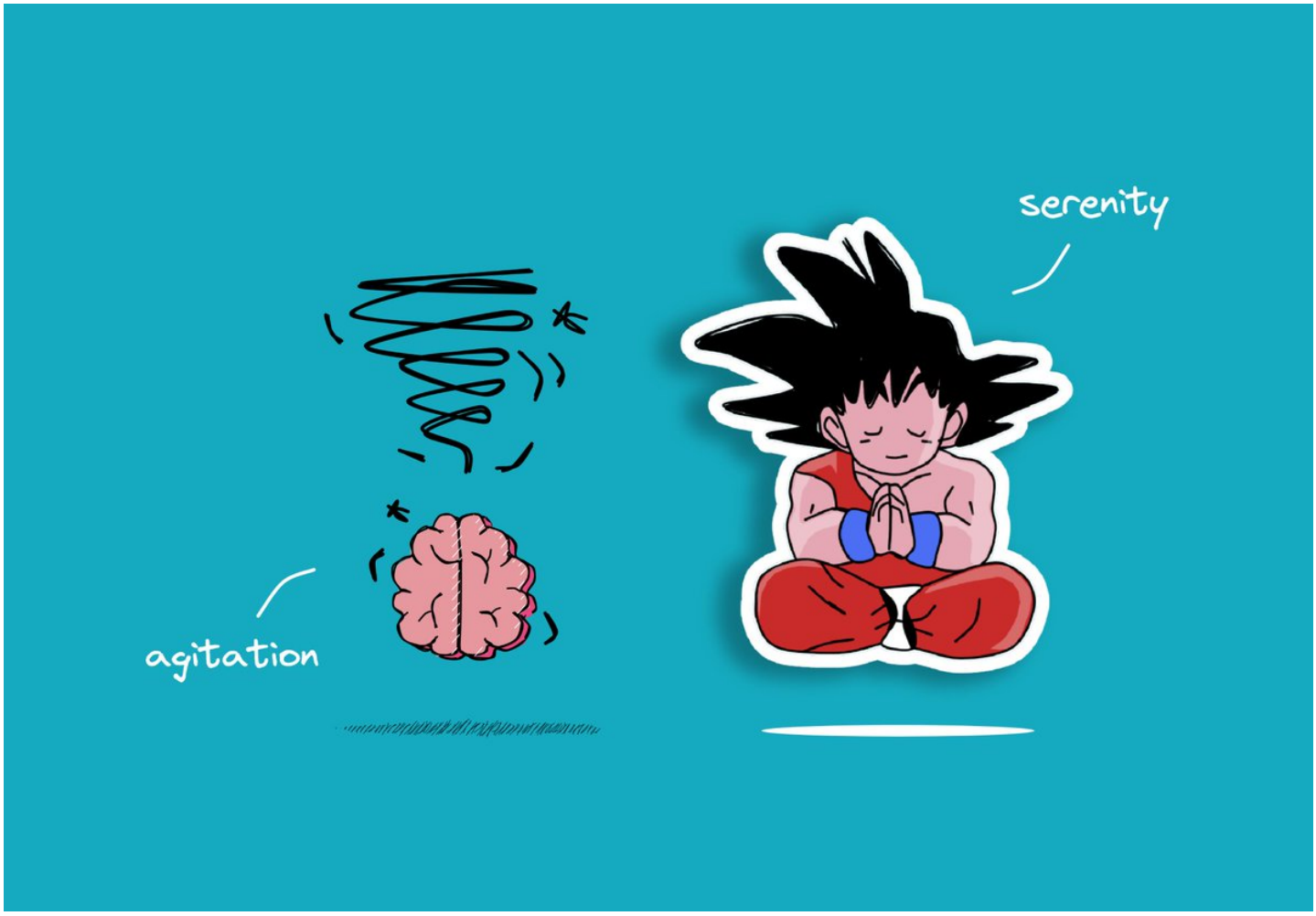
2. Read to Elevate your brain



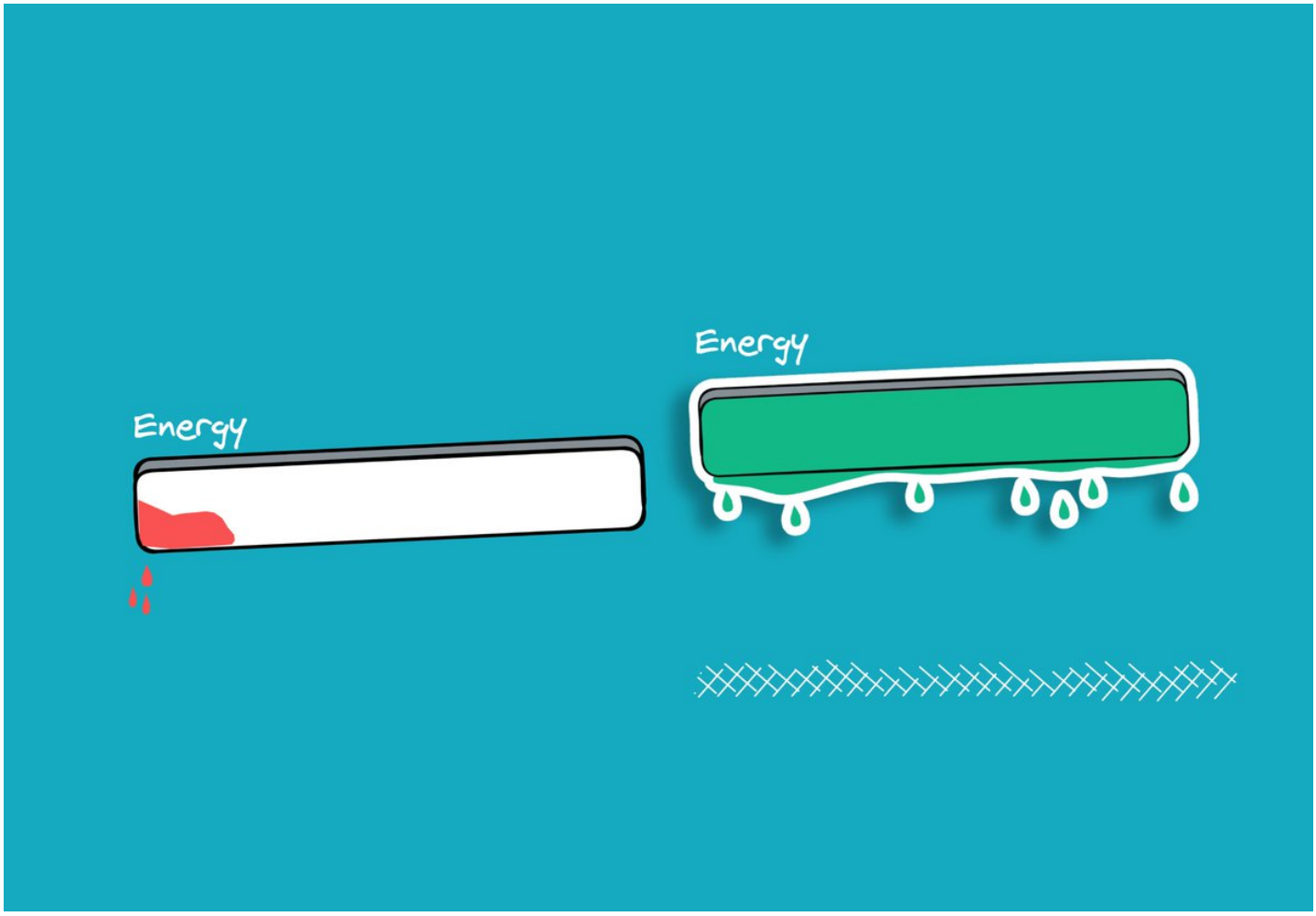
3. Create habits to stay motivated



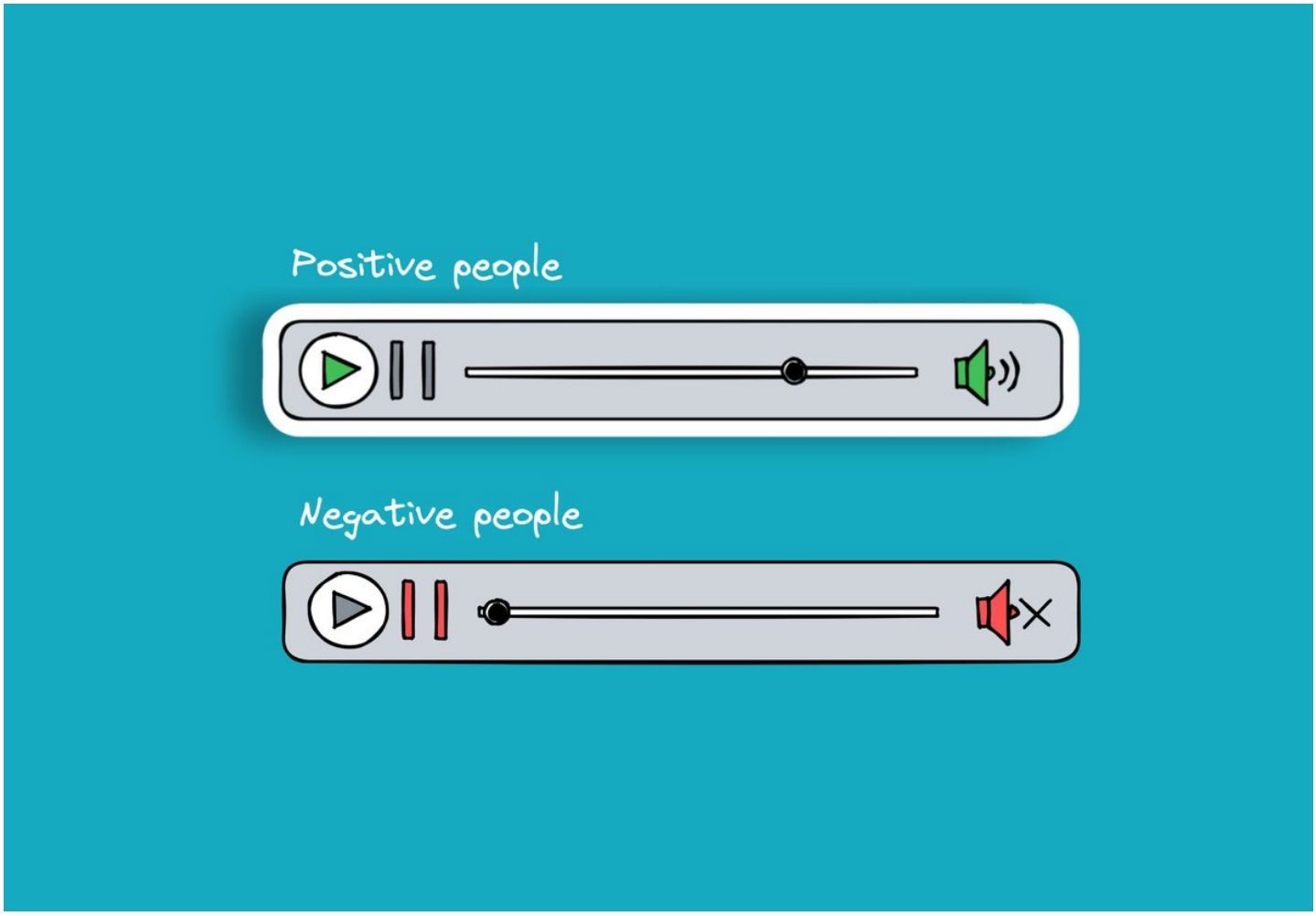
4. Practice meditation



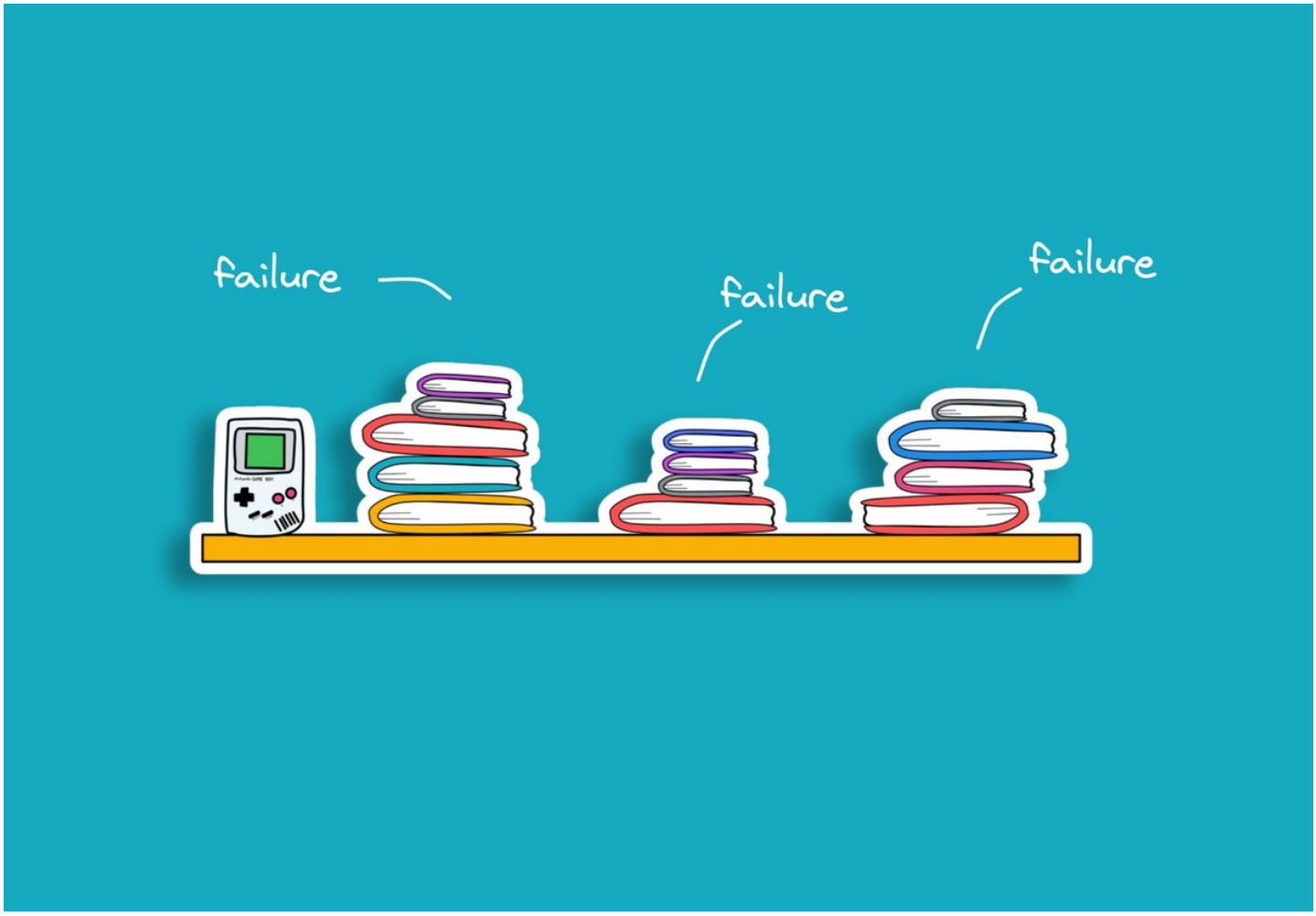
5. When you do what you love



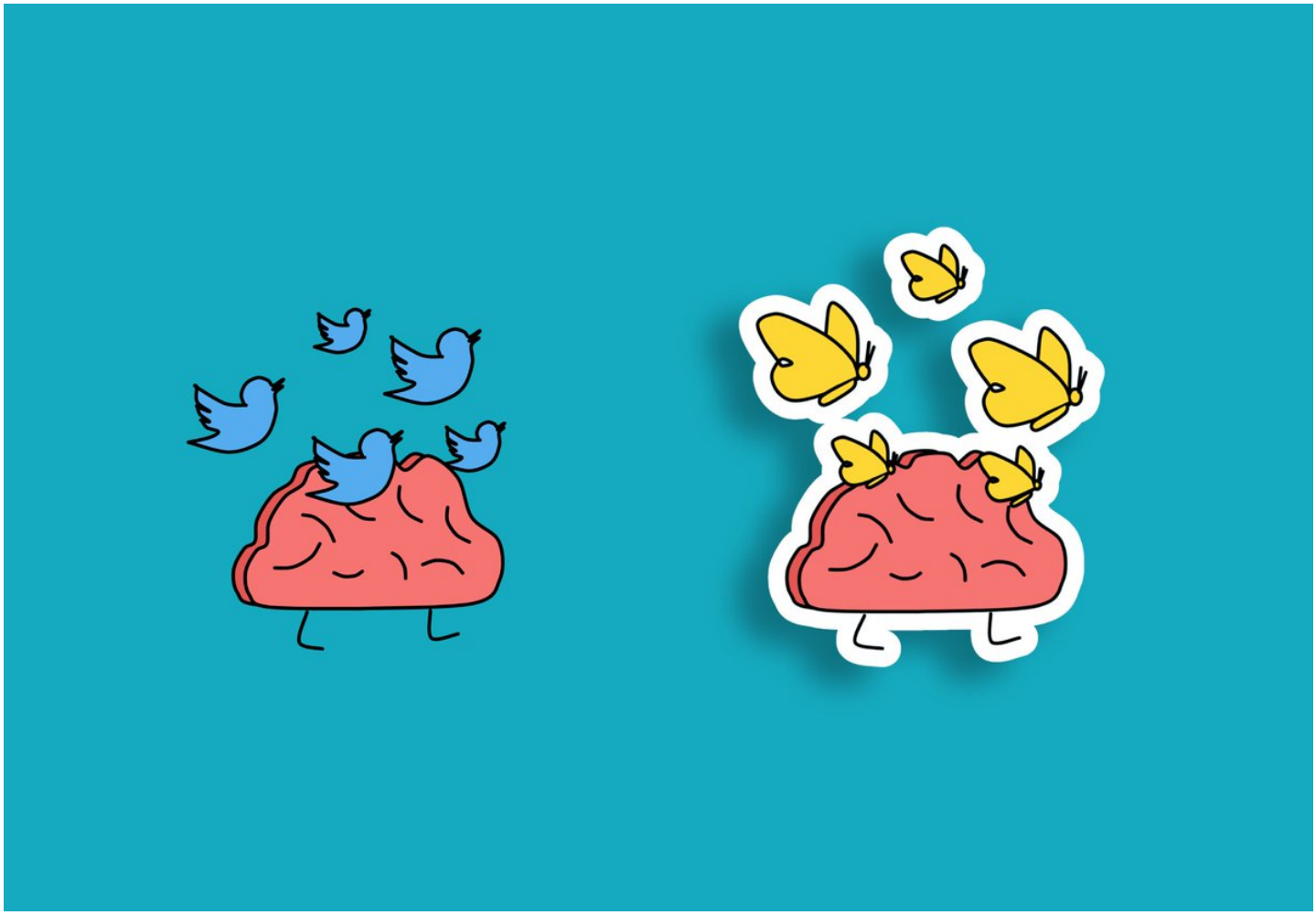
6. Mute negative people



7. Consider failures as learning



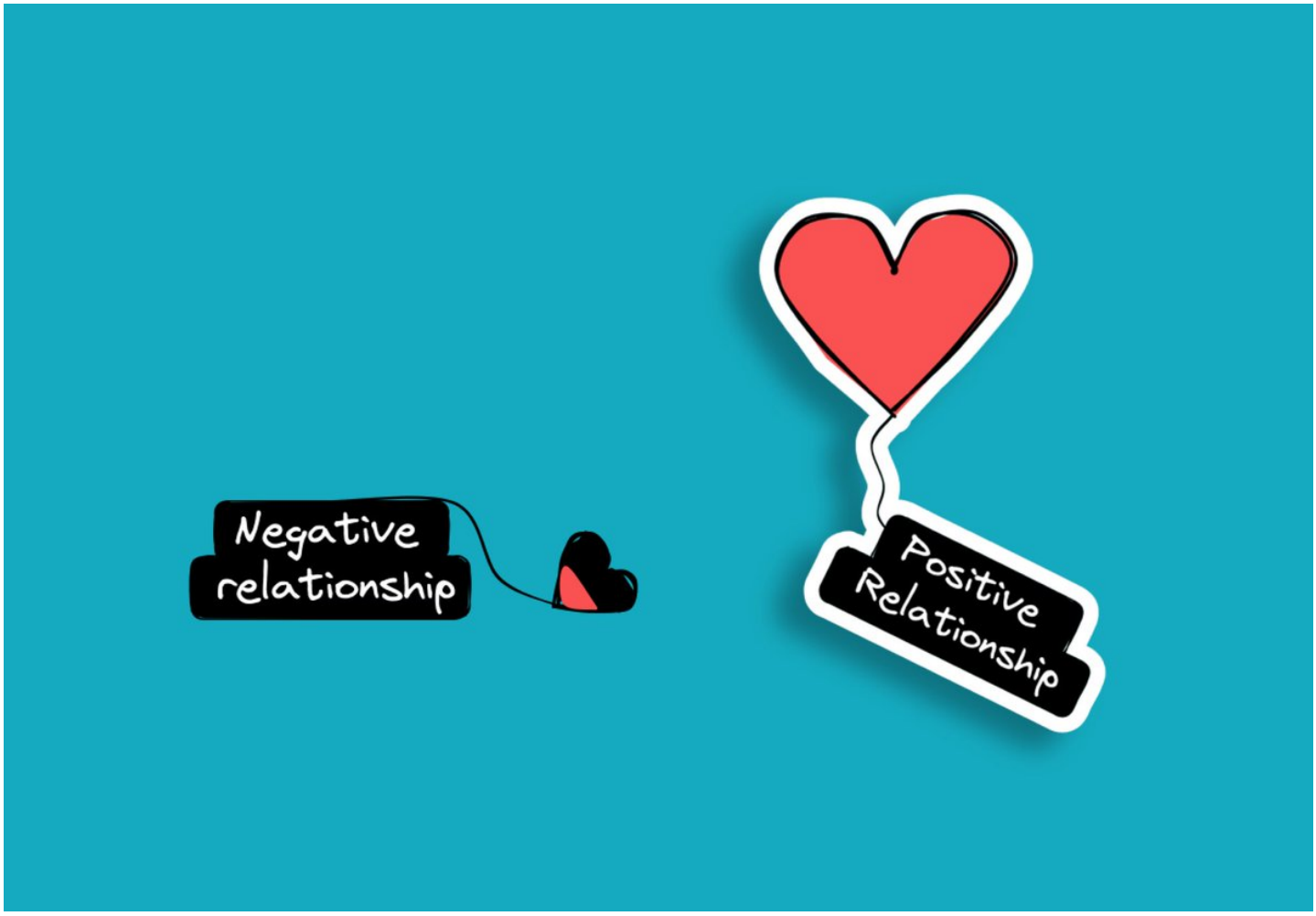
8. Take time for yourself in real life



9. Get rid of unwanted notifications



10. Maintain positive relationships



If you want to:

- Become more productive
- Get rid of overthinking
- Build self-confidence
- Become disciplined

Here's the ONLY tool you need to make it possible.

Check it out here: https://t.co/3UkGNV9oNz

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https://t.co/PvKduJGqSZ

10 Visuals That Will Transform Your Mind

1. Express Gratitude pic.twitter.com/khFN978oO1

— Mindset Machine \uea00 (@Mindset_Machine) March 21, 2022

I'd like to thank @victor_bigfield for these amazing visuals! ■■

(Follow him for more)