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## Twitter Thread by Abhishek Shah



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### 50 Million channels on YouTube.

But only a few are worth your time.

# Here's a list of 20 YouTube channels to help you become healthy, wealthy, and wise:

Talks at Google

Covering all aspects of life, from money to mindset, you can learn from the best.

Most popular video: https://t.co/pk9WNpn66r

Ali Abdaal (@AliAbdaal)

Helping you lead a happier, healthier, and more productive life.

Most popular video: https://t.co/fHTxuYKYKz

Vsauce (@tweetsauce)

Bringing answers to the most insightful questions in life, with a sense of humor.

Most popular video: https://t.co/tSjU3Rlqht

Jeff Su

Practical career and productivity tips for working professionals & college students.

Most popular video:

Robin Sharma (@RobinSharma)

A celebrated leadership expert & business advisor shares the tricks of the trade.

Most popular video: https://t.co/UpAP6FRj6T

Skillshare (@skillshare)

Getting you equipped with the skills you need to join the creator economy.

Most popular video: https://t.co/2trRyHVOjt

Tai Lopez (@tailopez)

A biz expert talks about his life, work, and what you can do to live a better life.

Most popular video: https://t.co/1Equ4yJeWy

Silicon Valley Girl

Building companies, a personal brand, and sharing her story as a 'Girl' in Silicon Valley.

Most popular video: https://t.co/BovPObl3ig

Sunny Lenarduzzi (@SunnyLenarduzzi)

Everything branding, biz, and being your own boss, esp in the creator economy.

Most popular video: https://t.co/wZezSvJxGG

Stanford Graduate School of Business (@StanfordGSB)

Insights on leadership & innovation to help you change the world.

Most popular video: https://t.co/mQDbdhtQe8

TED (@TEDTalks)

The world's leading thinkers & doers give the talk of their lives.

This one's worth a deep dive, so here are a few recommendations:

#### https://t.co/sXtbKOK6In

3,500 TED Talks.

But only a few are worth your time.

Here is a list of 20 TED Talks to help you learn, laugh, and grow:

- Abhishek Shah (@abhishekshah173) February 3, 2022

BrainCraft (@Brain\_Craft)

A scientist teaches us how to leverage psychology to improve our daily well-being.

Most popular video: https://t.co/NnSvfwUZen

Linda Raynier

Actionable advice from a career strategist to unlock yourself & your potential.

Most popular video: https://t.co/KAcRtbi6lz

Thomas Frank (@TomFrankly)

Weekly videos to help optimize your time, avoid procrastination, & learn faster.

Most popular video: https://t.co/Ro2TwK4oli

Lavendaire (@lavendaire)

Driving personal growth & the lifestyle design you need to create your dream life.

Most popular video: https://t.co/uQZ4ruwvUG

Marie Forleo (@marieforleo)

Helping you create a business and life you will love.

Most popular video:

### ATHLEAN-X (@trainer2thepros)

Free workouts, diet tips, and advice to help you turn into an athlete.

Most popular video: https://t.co/i8W3hwregq

Jeff Nippard (@JeffNippard)

Science-based bodybuilding advice from an internationally qualified powerlifter.

Most popular video: https://t.co/IMkvuL90aa